

Navy Marine Corps Coast Guard Army Air Force

# ARMED FORCES DISPATCH



AT EASE

San Diego Navy/Marine Corps Dispatch [www.armedforcesdispatch.com](http://www.armedforcesdispatch.com) 619.280.2985  
 Serving active duty and retired military personnel, veterans and civil service employees

FIFTY SIXTH YEAR NO. 50  
 THURSDAY, MAY 25, 2017

**Weekly Contest**

Enter for a chance to win 2 tickets



... 10

**AutoMatters & More**

... 23

**Classified Ads**

... 24

**Base Movies**

- How To Be A Latin Lover
- The Circle
- The Fate of the Furious
- The Promise
- Split
- Assassins Creed

... 25

**Best Bets: Events Around Town**

- Comics & Science Meet, 5/26
- Fiesta Botanica, 5/27
- Midway Museum Freedom concert, 5/27
- Rum & Tiki Fest, 5/27
- Vista Strawberry Festival, 5/28
- Fort Rosecrans Memorial Day ceremony, 5/29

... 26

**Concerts**

- Ten Foot Pole, 5/26
- Into the Horizon, 5/27
- Modest Mouse, 5/30
- Paula Abdul, 6/1
- Trevi vs. Guzman, 6/3-4
- Sheryl Crow, 6/6

... 27

**TEMECULA VALLEY BALLOON & WINE Festival**

**June 2-4, 2017**

WINE TASTING  
 FOOD & WINE PAIRING  
 BALLOON LAUNCHES\*  
 MICROBREW TASTING  
 COOKIN' WITH BEER

**ROCKING SATURDAY**

**Bush**  
 Gin Blossoms  
 Tonic  
 The Kickbacks

**COUNTRY SUNDAY**

**Josh Turner**  
 David Nail  
 Cassadee Pope  
 Chris Carmack

**Friday**  
 On the Wine Stage  
**Mindi Abair & the Boneshakers**

**FRIDAY**  
 Back to the 80s  
**The Motels**  
 Dramarama  
 Annabella's Bow Wow Wow  
 Nu Shooz  
 Pretty Poison  
 Tommy TuTone  
 Gene Loves Jezebel

\*All Balloon Events are Weather Permitting

**Thank You To Our Sponsors**

[tvbwf.com](http://tvbwf.com)  
 (951) 676-6713

## 2017 Temecula Valley Balloon & Wine Festival

- ◆ Southern California wine country wineries
- ◆ Food and wine pairings
- ◆ Cooking demonstrations
- ◆ Micro and craft brews
- ◆ Top concerts on two stages
- ◆ DJ dance party after hot air balloon "glow"
- ◆ Hot air balloon flights
- ◆ Kids faire
- ◆ Arts & crafts

Festival forecast:  
 Sunny 83°/57°



Courtesy photo

**Public invited to Miramar National Cemetery's memorial service**

Brig. Gen. Russell Muncy, commander of March Air Reserve Base, will be the featured speaker at the Veterans Memorial Service at Miramar National Cemetery this Sunday (May 28) at 1 p.m.

Catherine Fiorelli, president and CEO of the Miramar National Cemetery Support Foundation, will welcome guests to this year's memorial service.

Some 600 San Diego-area vets and their families, active duty military, and members of the public are expected to attend the memorial service.

Lt. Cmdr. Jason DiPinto, 11th Coast Guard District chaplain, will offer the invocation and benediction.

Also participating in the Memorial Service will be the Westwind Brass Ensemble of San Diego State University; Bugler Roy Zanni, Bagpiper John Forrest; the Young Marines of San Diego; and others.

Sponsored by the Miramar National Cemetery Support Foundation, the service will be conducted in the cemetery's Memorial Circle at the eastern end of the Avenue of Flags.

There will be limited parking on cemetery grounds, but the public will have access to free off-site parking, and free shuttle service to and from the cemetery from 6 a.m. until the conclusion of activities.

Off-site parking will be located at 6435 Miramar Road, approximately one mile from the cemetery. The cemetery is located at 5795 Nobel Drive, San Diego, between Interstate 805 and Miramar Road west of the MCAS Miramar.

**Official: Budget request allows DoD to get ready, balanced, more lethal**

by Jim Garamone

WASHINGTON - The president's fiscal year 2018 defense budget request furthers the administration's strategy to "get ready, get balanced and get bigger and more lethal," DoD budgeteers told reporters at the Pentagon May 23.

John P. Roth, performing duties as the DoD comptroller, and Army Lt. Gen. Anthony R. Ierardi, the Joint Staff's director of force structure, resources and assessment, discussed the fiscal 2018 request, which is pegged at \$639.1 billion, spoke during a news briefing.

"The intent is for the fiscal '18 budget request to be the next step in rebuilding the U.S. armed forces," Roth said. Defense Secretary Jim Mattis has stressed the three-step process in rebuilding the military that the administration adopted. "Our request in fiscal '17 for more resources, culminating in the fiscal '17 appropriations act, was intended to address near-term readiness," Roth said. "The department is already applying those funds to "get ready."

The 2018 request will build on that readiness and help balance the force between current operations and future needs. "Our goal in fiscal 2019 is to sustain the gains we hopefully will make in fiscal '17 and fiscal '18, and, by that time informed by the new National Defense Strategy, we will build further to create a bigger, more lethal force," he said. - For more on this story, go to <https://www.defense.gov/News/Article/Article/1191151/official-budget-request-allows-dod-to-get-ready-balanced-more-lethal/>.

# Heads-up display to give Soldiers improved situational awareness

by David Vergun

WASHINGTON - A novel technology called "Tactical Augmented Reality," or TAR, is now helping Soldiers precisely locate their positions, as well as the locations of friends and foes, said an Army strategic planner.

It even enables them to see in the dark, all with a heads-up display device that looks like night-vision goggles, or NGV, he added. So in essence, TAR replaces NVG, GPS, plus it does much more.

Richard Nabors, an associate for strategic planning at U.S. Army Research, Development and Engineering Command's Communications-Electronics Research, Development and Engineering Center, or CERDEC, spoke about TAR at the recent Pentagon's Lab Day.

Currently, most Soldiers use a hand-held GPS system that approximates their position, he said, but only if their device is geo-registered to their location.

Geo-registration is the alignment of an observed image with a geodetically-calibrated reference image.

TAR does the geo-registra-

tion automatically, he said.

Staff Sgt. Ronald Geer, a counterterrorism non-commissioned officer at CERDEC's Night Vision and Electronics Sensors Directorate, said that with TAR, Soldiers don't have to look down at their GPS device. In fact, they no longer need a separate GPS device because with TAR, the image is in the eyepiece, which is mounted to the Soldier's helmet in the same way NVG is mounted.

So what they would see, he said, is the terrain in front of them, overlaid with a map.

TAR is also designed to be used both day and night, he added.

Furthermore, Geer pointed out that the eyepiece is connected wirelessly to a tablet the Soldiers wear on their waist and it's wirelessly connected to a thermal site mounted on their rifle or carbine.

If a Soldier is pointing his or her weapon, the image of the target, plus other details like the distance to target, can be seen through the eyepiece.

The eyepiece even has a split

screen, so for example, if the rifle is pointed rearward and the Soldier is looking forward, the image shows both views, he said.

Also, a Soldier behind a wall or other obstacle could lift the rifle over the wall and see through the sites via the heads-up display without exposing his or her head.

Finally, Geer said that TAR's wireless system allows a Soldier to share his or her images with other members of the squad. The tablet allows Soldiers to input information they need or to share their own information with others in their squad.

David Fellowes, an electronics engineer at CERDEC, said that the key technological breakthrough was miniaturizing the image to fit into the tiny one-inch-by-one-inch eyepiece.

Current commercial technology compresses images into sizes small enough to fit into tablet and cell phone-sized windows. Getting a high-definition image into the very tiny eyepiece was a challenge that could not be met with commercial, off-the-shelf hardware.

Since about 2008, CERDEC, the Army Research Laboratory and industry have been working to make this miniaturization happen, he said.

By about 2010, the image was compressed enough to be shown in black and white, as well as a greenish monochrome version, he said.

Those systems have already been fielded to certain units, he said.

CERDEC is working on producing more advanced versions that are in full color and have a brightness display that can even be seen in daylight. The current monochrome versions are also bright enough to be seen in daylight.

Fellowes said he's not sure when those will be manufactured and fielded, but during user testing, Soldiers expressed their deep appreciation of the image sharpness and contrast.

He added that the TARs will provide Soldiers with a much higher level of situational awareness than they currently have and he said he fully expects that the devices will save lives and contribute to mission success.



A novel technology called "Tactical Augmented Reality," or TAR, is now helping Soldiers precisely locate their positions, as well as the locations of friends and foes. The technology enables a tiny, heads-up display attached to the helmet. photo by David Vergun

## Pence to service members: 'You are the best of us'

The observance of Armed Forces Day is "merely one more installment on behalf of the American people on a debt of honor and the debt of gratitude we'll never be able to fully repay to all of you who served," Vice President Mike Pence told service members at Wright-Patterson AFB, Ohio, May 20.

"Today, in communities large and small on Main Streets and meeting halls, in homes, and in hearts, and in gatherings at military bases across the nation, the American people are taking a moment to pause, to say thank you to you heroes who protect our freedom, our families, and our very way of life," Pence said.

The service members of today are part of a cord of service that stretches back throughout American history, the vice president said.

"In every generation, the sons and daughters of liberty from every corner of our country have answered the call of duty and answered it with courage and self-sacrifice and commitment," he added. "Their service and their sacrifice kept the flame of freedom alive in their time, and now you've stepped up and stepped forward to defend our freedom in your time."

# BOB STALL CHEVROLET



FAMILY OWNED AND OPERATED SINCE 1971

*You're gonna get a good deal ... And a good deal more ...*

CHEVROLET

**SPECIAL PRICING AVAILABLE TO ACTIVE, RETIRED & VETERANS ONLY!!**

### 2017 CHEVY CRUZE



Military Special Pricing  
**\$17,800**  
AFTER REBATES

**\$239<sup>88</sup>**  
PER MONTH

Sale price \$17,800. less \$3500 rebate. Plus tax, title, license & dealer fees. 2.49% APR. 72 payments at \$239.88. Must finance with GM Finance. On approved credit. #222733

### 2017 CHEVY CAMARO



Military Special Pricing  
**\$23,500**  
AFTER REBATE

**\$339<sup>83</sup>**  
PER MONTH

Sale price \$23,500. less \$3000 rebate. Plus tax, title, license & dealer fees. 2.49% APR. 72 payments at \$339.83. Must finance with GM Finance. On approved credit. #168694

### 2016 CHEVY COLORADO EXTENDED CAB



Military Special Pricing  
**\$21,750**

**\$319<sup>28</sup>**  
PER MONTH

Sale price \$21,750. less \$2500 rebate. Plus tax, title, license & dealer fees. 2.49% APR. 72 payments at \$319.28. Must finance with GM Finance. On approved credit. #205087

**SAN DIEGO COUNTY'S #1 VOLUME CHEVROLET DEALER**

FIND NEW ROADS™

**7601 Alvarado Road • La Mesa, Ca. 91942**

**619-460-1311 • www.bobstall.com**

**WE WILL PICK YOU UP!!**

All prices plus, tax, lic., and doc fees. All Financing subject to credit approval by lender. Pictures for illustration only. Prices expire 5/29/17



## Mattis, Dunford, McGurk cite coalition progress to annihilate ISIS

by Jim Garamone

WASHINGTON - The U.S.-led coalition against the Islamic State of Iraq and Syria will continue to build on the progress made to date to accelerate the campaign to annihilate the vicious group wherever it tries to form, Defense Secretary Jim Mattis said during a Pentagon briefing May 19.

Mattis was accompanied by Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff.

The terror group seemed to appear from nowhere two years ago and swept across Syria and Iraq, causing death and destruction wherever it touched. ISIS affiliates formed in Afghanistan and North Africa. And swarms of foreign fighters sought to reach Raqqa, Syria, the terror group's self-styled capital.

The United States is leading the campaign to defeat the terror group, and crush the idea that ISIS is invincible.

"Thanks to the leadership and authorities granted by President (Donald J.) Trump, thanks to the spirit of dozens of nations committed to this fight, thanks to the nations whose troops have gone toe-to-toe with this terrorist

group ... we have retaken over 55 percent of ISIS territory there in the core," Mattis said. "Over four million people have been liberated. And not one inch of territory seized from ISIS has been ... recaptured by them."

Soon after taking office in January, Trump ordered a review of the effort against ISIS. Two changes came from that review: Delegation of authority to lower command levels, and the president directed a tactical shift from shoving ISIS out of safe locations in an attrition fight to surrounding the enemy in their strongholds, so we can annihilate ISIS," Mattis said.

"The intent," he said, "is to prevent the return home of escaped foreign fighters."

All this was done with no

change to the rules of engagement or changes in protecting innocent civilians caught in the fighting.

It's truly an international



**Defense Secretary James Mattis informally speaks to the media before holding a press briefing at the Pentagon to update the media on the campaign against the Islamic State of Iraq and Syria May 19. photo by Petty Officer 2nd Class Dominique A. Pineiro**

effort against the brutal group, Mattis said.

"Since this began in 2014, the coalition has strengthened and expanded," the secretary said.

There are now 68 members in the counter-ISIS coalition, Mattis said. Those nations and affiliated organizations are shar-

ing intelligence, providing troops and funds for combat and for the post-combat recovery. A total of 26 nations contribute more than 4,000 non-U.S. troops on the ground and in the air.

"Our recent coalition meetings in Brussels, Copenhagen and elsewhere reflect an energized campaign among contributing nations partnering with, of course, the Iraqi security forces in Iraq and the counter-ISIS forces in Syria," Mattis said.

This effort has "reduced ISIS-held territory, limited their freedom of movement, destroyed a great deal of their leadership, reduced the flow of foreign fighters into and from the region, diminished their financial resources and, I think, perhaps most importantly, we've undermined the credibility of their narrative that there is a physical caliphate in Iraq and Syria," Dunford said.

In Iraq, U.S. and coalition forces provide equipment and intelligence to Iraqi security forces, the chairman said. Coalition pilots bomb ISIS targets and coalition advisors work with Iraqi leaders on the campaign. But it is the Iraqis paying most of the cost, the general said.

"In Mosul alone, they've suffered approximately 980 killed and over 6,000 wounded," Dunford said of Iraqi losses in the fight against ISIS.

However, the Iraqi forces have gotten much better and far more competent, the chairman said.

"Just as an aside, in addition to the competence that they've demonstrated Mosul, and the

sacrifice, the one thing I've seen over time, in the 15 months I've been back and forth visiting in Iraq, in this particular assignment, is the confidence of the Iraqi leadership," Dunford said. "Compare the fall of 2015 to today, it's very clear ... who is in charge, and the level of confidence of the commanders in their ability to

lead and in their soldiers' ability to fight is remarkably different than it was a short time ago."

Read this story in its entirety at [afdispatch.com](http://afdispatch.com).

### Armed Forces Dispatch (619) 280-2985

Published by Western States Weeklies, Inc.  
PO Box 600600, San Diego, CA 92160  
E-mail: [editor@navydispatch.com](mailto:editor@navydispatch.com)

Publisher.....Sarah Hagerty

The Dispatch is published weekly on Thursdays, by Western States Weeklies, Inc., as a commercial, free-enterprise newspaper. It does not necessarily reflect the opinion of the Department of the Navy and is in no way associated with the Department of the Navy. The editorial objective of the Dispatch, however, is to promote support for a strong military presence. The opinions and views of writers whose materials appear herein are those of the writers and not the publishers. Appearance of advertising does not constitute endorsement by the Dispatch or Western States Weeklies, Inc. Consumers should make informed decisions when purchasing products and services, and when considering business opportunities, and research before investing. Subscription by mail is \$65 per year to CONUS or FPO address.



# HOTELS FOR All



#### SAVE INSTANTLY AT OVER 40 HAWAII HOTELS TODAY!

Taking the time to relax is just as important as tending to your official duties. From stylish hotels to spacious suites, from incredible locations to extensive resort amenities, we offer the perfect fit for anyone visiting Hawaii.

Find out about our exclusive military Hawaii vacation offers.

[aqua-aston.com](http://aqua-aston.com) | promo code: **merits** | 855.945.4092

**AQUA-ASTON**  
HOSPITALITY

**Aston**  
HOTELS & RESORTS

**AQUA**  
HOTELS & RESORTS

**INSTINCT**  
HOTEL COLLECTION

**life**  
HOTELS

NAVAL BASE POINT LOMA

# FREEDOM FESTIVAL

# JULY 4TH 2017 12-9 PM

## HARBOR DRIVE ANNEX



NAVYLIFESW.COM/FREEDOMFESTIVAL



The Department of the Navy does not endorse any company, sponsor or their products or services.

## MANDATORY ADSEP

### Seven things to know Wrongfully posting intimate images leads to administrative separation

*Effective immediately, personnel who wrongfully distribute or broadcast intimate images in violation of Article 1168 of U.S. Navy Regulations will face mandatory administrative separation processing, the Navy announced in NAVADMIN 119/17 May 16.*

“There is no room in our Navy for this toxic behavior,” said Chief of Naval Personnel, Vice Adm. Robert Burke. “This new policy shows that we are committed to eradicating this behavior from our force.”

1) **Anyone** found to have violated the regulation is now subject to mandatory administrative separation processing.

2) **Wrongfully** distributing or broadcasting an intimate image for personal gain, or with the intent to humiliate, harm, harass, intimidate, threaten or

coerce the depicted persons, or with reckless disregard as to whether the depicted person would be humiliated, harmed, intimidated, threatened, or coerced is a violation of Navy regulations.

3) An **intimate image** is a visual depiction of an identifiable person engaging in sexually explicit conduct or that depicts at least one of his or her private areas, and that was taken under circumstances in which the subject had a reasonable expectation of privacy.

4) **Distribution** means the act of delivering an image to the possession of another, including transmission by electronic means. Broadcasting means the act of electronically transmitting a visual image with the intent that it be viewed by a person or persons.

5) This **regulatory change** complements Article 120c of the Uniformed Code of Military Justice (UCMJ), which prohibits the indecent viewing, visual recording or broadcasting of another person.

6) **Military Personnel Manual (MILPERSMAN) Article 1910-233, Mandatory Separation Processing, and MILPERSMAN 1910-142, Separation by Reason of Misconduct - Commission of a Serious Offense**, have been updated to reflect this new policy for enlisted personnel. Officers who violate Article 1168 will be subject to administrative separation processing in accordance with SECNAVINST 1920.6C.

7) This **NAVADMIN** applies to offenses that take place on or after May 16. Earlier offenses will be punished under existing regulations.

Read NAVADMIN 119/17 at <http://www.npc.navy.mil>.

### Navy urges patience for Sailors waiting on PCS orders

WASHINGTON - Following passage of the 2017 Consolidated Appropriations Act, the Navy announced this week that Sailors should continue to expect to receive permanent change of station (PCS) orders with approximately two months or less lead time through the end of the fiscal year.

While the Navy will make every effort to ensure PCS orders are released as expeditiously as possible, the service doesn't have sufficient funds to allow for longer PCS orders lead times.

“We recognize the impact this has on Sailors and their families preparing to move, and we're working hard to remedy this situation,” said Chief of Naval Personnel, Vice Adm. Robert Burke. “Leadership is engaged at all levels to develop and implement solutions to minimize the impact to our Sailors. Our focus and priority remains on manning the Fleet, and taking care of Sailors and their families.”

Currently, the Navy is using a prioritization strategy, as it has previously done, to help minimize the impact on Fleet readiness, career timing, and families.

### U.S. forces kill 7 militants in Yemen raid

WASHINGTON - U.S. forces killed seven al-Qaida in the Arabian Peninsula militants May 22 during a raid against a compound associated with the terror group in Yemen's Marib governorate, U.S. Central Command officials said Tuesday.

Operations such as this provide insight into the terror organization's disposition, capabilities and intentions, which allows the U.S. to continue to pursue, disrupt and degrade, officials said in a statement announcing the raid.

During the operation, U.S. forces killed seven militants through a combination of small-arms fire and precision airstrikes.

This operation was conducted with the support of Yemen's government, officials said, adding that the United States will continue to support Yemen's efforts in bringing stability to the region by fighting known terrorist organizations such as al-Qaida in the Arabian Peninsula, which has taken advantage of ungoverned spaces in Yemen to plot, direct, and inspire terror attacks against America, its citizens and allies around the world.

The group attacked the U.S. Embassy in Sanaa in 2008, attempted to down Northwest Airlines 253 on Christmas Day 2009, and conspired to send explosive-laden parcels to Chicago in 2010, Centcom officials said. It also has used its English-language magazine to encourage attacks against the West, officials said, and has been linked to the 2013 Boston Marathon bombing, the 2009 Foot Hood mass shooting and other lone-wolf attacks in the U.S. and Europe.

## Social Security Matters

by Russell Gloor

### Ask Rusty - Child benefits stopped at 18

Dear Rusty: I received my Social Security payment for February but not for the month of March. I've seen rumors about how they might cut Social Security checks from people in general, and I really hope that's not why I didn't get my check. I also turned 18 in mid-February and I'm not sure if that made my checks stop coming even though I'm still a full time student in school which should allow me to keep getting benefits until I graduate. I've also seen that they might have changed the dates I get my check. I've always gotten my check on the third Wednesday of every month but I don't know why they would change it now. I'm not sure about all of this and any information you can give before I go to my Social Security office would be very much appreciated. I'm just a bit worried and confused. Signed: Worried Student



Dear Worried: First, to dispel the rumors you've heard, there are no cuts in Social Security so that is not why you haven't received your March payment. Also, the dates for receiving Social Security payments have not changed; if you're receiving your check by U.S. Mail, any delay is probably due to the Post Office.

Since you're 18 and in school, you have been most likely been receiving dependent minor benefits based upon a parent's Social Security work record. We note that as a minor your dependent benefit payments would usually go to a Representative Payee (usually a parent or guardian). A minor's dependent benefits stop at age 18 unless they are a full time student at an elementary or secondary school, in which case they stop when you graduate or two months after you turn 19, whichever occurs first. However, before you turn 18 you must notify Social Security that you are still in school.

Three months before your 18th birthday, Social Security should have sent you or your Representative Payee a notice that your benefits would end when you turned 18 unless you are still in school, along with a form to complete and return if you are still a student. If you didn't complete this form, have it certified by a school official, and submit it to Social Security before your 18th birthday, that's the reason your benefit stopped. If that is the case, you should immediately notify Social Security that you are still a student, get the required form at <https://www.ssa.gov/forms/ssa-1372.pdf>, complete it and have it certified by a school official, and take it immediately to your local Social Security office to have your benefit reinstated. You can find the location and hours of your local Social Security office by going to [www.ssa.gov/locator](http://www.ssa.gov/locator).

Russell Gloor is a Social Security advisor with the Association of Mature American Citizens. The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC.

## Navy opens Veteran and Wounded Warrior Hiring Summit

SEATTLE - Navy leaders opened the Department of the Navy's seventh annual Veteran and Wounded Warrior Hiring and Support Summit May 23 here.

The two-day conference, being held for the first time in the Pacific Northwest May 23-24, has a two-fold purpose. Day one is designed to educate Washington-area employers about the importance and benefits of hiring and retaining military veterans. Day two features the Hiring Heroes Career Fair, resume and interview workshops, and more than 60 employer organizations who are offering information and conducting interviews.

Acting Assistant Secretary of the Navy for Manpower and Reserve Affairs, Robert Woods, addressed more than 150 representatives from Washington-based companies. He spoke on the responsibility of the military and local communities in helping veterans and wounded warriors find job opportunities and the benefits companies gain from hiring veterans.

"I can tell you with a fair amount of assurance that you're going to find the person who is going to be a force multiplier for your team," Woods told the representatives. "These are the folks who're committed, and once they get into your culture, they'll become a part of that culture. In fact, they'll enhance it."

Also featured at the summit's first-day morning session was actor Tom Skerritt, an Air Force Korean War-era veteran. Co-founder of The Film School and the subsequent Red Badge Project, Skerritt's ongoing Wounded Warrior support program uses storytelling as a strategy to develop self-esteem and success in those combat veterans suffering from Post Traumatic Stress.

Skerritt said when he learned that an average of 22 vets a day were taking their own lives and that an estimated 500,000 vets suffered PTS, he was inspired to offer his own creative project.

"Discipline of the military can be redirected into a discipline in creativity, and some kind of creative expression, whether writing or molding something with our hands brings out the best every one of us," said Skerritt.

He said creativity helps them express and discover themselves through storytelling and encouraged employers to take that step to hire veterans and bring this creative energy into their workplaces.

In addition to Navy leaders from Naval Sea Systems

(NAVSEA), Naval Air Systems (NAVAIR) and Space and Naval Warfare Systems (SPAWAR), employers listened to taped messages of support from Rep. Adam Smith (D-Wa.) and Rep. Derek Kilmer (D-Wa.).

"There's a huge, untapped talent pool here, and we need to take advantage of it," said NAVAIR Commander Vice Adm. Paul Grosklags of the veteran population. "And anymore, folks are not just looking for a job. They're looking for a career. They are tough. They have grit, and they're exactly the folks I want in my workforce."

In 2016, the Navy hired 10,609 veterans, 3,433 of whom were disabled combat veterans. The 2016 summit, held in Tampa, Florida, resulted in nearly 200

job offers. This year, according to summit coordinator Capt. Will Sullivan, program manager for NAVSEA's Veteran and Wounded Warrior Program Office, the Navy aims to top that number.

## Memorial Day at our national cemeteries

### Fort Rosecrans

Cabrillo Memorial Drive  
San Diego, CA 92106  
(619) 553-2084  
Ceremony: May 29 at 10 a.m.  
(Rostrum)

### Miramar

5795 Nobel Drive  
San Diego, CA 92122  
(858) 658-7360  
Ceremony: May 28 at 1 p.m.  
(Flag Pole Assembly Area)

**TOP QUALITY FIBERGLASS TONNEAU COVERS & TRUCK CAPS**

- Improved gas mileage
- Improved security
- Weather protection
- Low profile design
- Smooth, clean lines
- High-strength, honeycombed reinforced
- New SL Model has Patented Hinge System

**SD Truck Accessories and Equipment**  
10460 Mission Gorge Rd. • Santee • 92071  
**619-749-0742**

**SNUGTOP**  
THE PERFECT FIT

**SD Truck Accessories and Equipment**  
10460 Mission Gorge Rd  
Santee, CA 92071  
**619-749-0742**  
[www.socaltruck.net](http://www.socaltruck.net)

- Truck Bed Covers • New and Used
- Camper Shells • Side Steps • Bed Liner
- Trucks Racks • Tool Boxes • Fuel Tanks
- Carpet Kits • Tow hitches • Mufflers •

**MILITARY DISCOUNT**  
Get \$25.00 off \$300 or more with this ad

**You name it, We've Got It**

**CHECK OUR GREAT TICKET PRICES!**  
**MANILA SPECIAL**  
**\$710** WITH TAX FROM SAN DIEGO

ASK US ABOUT OTHER ASIA DESTINATIONS AIRFARE  
**LAYAWAY PLAN AVAILABLE**  
SOME RESTRICTIONS APPLY. PRICES SUBJECT TO CHANGE. CST 2007746-10

Visit our facebook page  
Visit our website: [www.travelnetworksan.com](http://www.travelnetworksan.com)

**TRAVEL NETWORK**  
7888 Dagget St. Suite 102  
San Diego, CA 92111  
858-292-2888 • Fax 858-292-2887  
email: [travelnetworksan@gmail.com](mailto:travelnetworksan@gmail.com)

THE PLACE TO GO BEFORE YOU GO ANYWHERE

**SELF STORAGE**

[www.STORAGEWEST.com](http://www.STORAGEWEST.com)

**877-917-7990**

**10% MILITARY DISCOUNT**

**VA Disability Claim Denied?**  
*Know Your Rights and Don't Take "No" for an Answer!*

Why Risk a Permanent Denial and Lose Back Pay?  
*Call or Text the Professional Advocates Today!*

No Fees Unless You Win - Free Consultation  
**760-585-4665**  
[www.VetDisabilityAid.com](http://www.VetDisabilityAid.com)

## Naval Medical Center San Diego celebrates its 100th Birthday

by Mike Alvarez

Hundreds from throughout the San Diego community assembled here today in celebration of Naval Medical Center San Diego's (NMCS) 100th birthday.

After an invocation offered by Cmdr. Barry A. Metzger, chaplain for NMCS, Capt. Joel A. Roos, Commanding Officer, NMCS, presided over the ceremony honoring the hospital's century-long legacy, which began May 20, 1917, when the U.S. Navy established its first permanent medical facility in San Diego at Balboa Park.

Sailors clad in dress white uniforms were visible throughout the midday ceremony, which took place under a clear blue sky accompanied by music, compliments of Navy Band Southwest.

"I am truly humbled and proud to lead you today as we celebrate this truly remarkable event," said Roos, addressing an audience drawn from various sectors of San Diego's society with current and past ties to the hospital. City council staff, congressional staff, and retired naval officers who previously commanded the hospital, along with current hospital staff and families, were among an audience of about 300 seated in white chairs under a large white canopy facing a stage trimmed with star-laden red, white and

blue bunting.

In July 1919, congress authorized the Navy to accept a tract of land on Inspiration Point in Balboa Park where a new hospital was built Aug. 22, 1922. The hospital, affectionately known as the "Pink Palace" for its pink hue, stands today as home to the San Diego County Parks and Recreation Department.

Guest speaker, Rear Adm. Paul D. Pearigen, Commander, Navy Medicine West and chief of the Navy Medical Corps, highlighted NMCS's current achievements and provided an optimistic outlook on Balboa's future. "Thank you for the role you have played, currently play, and will play," said Pearigen. "Navy Medicine in Balboa Park has been steadfast and dedicated toward innovation and excellence." Pearigen served as NMCS's Deputy Commander from March 23, 2007 to June 30, 2009.

Historical guest speaker, retired Vice Adm. Harold M. Koenig, opened his remarks with a quote from ancient Chinese philosopher, Confucius. "If you think in terms of a year, plant a seed. If in terms of ten years, plant trees. If in terms of a hundred years, teach people. A hundred years ago Cmdr. Farenholt, C.O. (commanding officer), probably didn't think in terms of a hundred years. Since that inter-

val, there have been a lot of seeds planted here and a lot of trees have grown. I have been a seed, I have been a tree, and I think I have planted plenty of both," he said.

Koenig commanded Naval Hospital San Diego from July 1985 to June 1987, and served as the Navy Surgeon General and chief, Bureau of Medicine and Surgery, from June 1995 to June 1998. Koenig captivated the audience as he provided an overview of NMCS's history, which included compelling personal accounts of the people, both patients and staff, he connected with during his time with the hospital. From prisoners of war returning from Vietnam to the children he cared for as a pediatrician.

"Many have been taught at this facility and have in turn taught others. Teaching is an integral part of this institution," said Koenig. "I think Confucius would be proud."

Following Koenig's remarks, a congressional staff delegation presented a joint proclamation for NMCS's centennial on behalf of the offices of U.S. Rep. Scott Peters, U.S. Rep. Juan C. Vargas and U.S. Rep. Susan Davis. NMCS has a history of support from local and federal officials.

The late U.S. Rep. Robert (Bob) Wilson represented several

California districts throughout his 28-year career, and was crucial in leading negotiations with local and federal officials which paved the way for construction of today's state-of-the-art facility. On Jan. 23, 1988, the facility was dedicated. On May 8, 2008, NMCS was renamed Bob Wilson Naval Hospital in gratitude for the congressman's unwavering support to Navy Medicine.

"Be it resolved by Congresswoman Susan Davis, Juan Vargas, and Scott Peters, that on this day, May 19, 2017, Naval Medical Center San Diego is to be commended for its one hundred years of service and care," said Capt. Cynthia A. Kuehner, Master of Ceremonies for the event and Executive Officer, NMCS, as she read the proclamation's final sentence.

As the ceremony neared its conclusion NMCS's Chief Petty Officer's mess dedicated a 5,000-pound gold anchor, recently placed near NMCS's flagpole to commemorate the day. "On behalf of the Chief Petty Officer's mess, we bestow this admiralty anchor to Naval Medical Center San Diego marking the one hundredth year anniversary," said Command Master Chief Kelly A. McNulty, NMCS's top enlisted Sailor.



Navy Medicine West, Rear Adm. Paul Pearigen, is rendered honors at the end of a centennial ceremony at Naval Medical Center San Diego (NMCS). The ceremony was held to celebrate 100 years of NMCS, the first permanent medical facility established in Balboa Park on May 20, 1917. Photo by Culinary Specialist Petty Officer 2nd Class Luther C. Smith Jr.

"May rich traditions, heritage and Navy core values continue to lead the way for the next one hundred years through readiness, health and partnerships." The anchor was painted gold to symbolize NMCS's status as a "Gold Anchor Award" recipient

for retention excellence. For more information, visit [www.navy.mil](http://www.navy.mil), [www.facebook.com/usnavy](http://www.facebook.com/usnavy), or [www.twitter.com/usnavy](http://www.twitter.com/usnavy). For more news from Naval Medical Center San Diego, visit [www.navy.mil/local/sd/](http://www.navy.mil/local/sd/).

### East County Family Dentistry

"Creating Healthy, Beautiful Smiles"

619-443-8447

Dental Care & Orthodontics For All Ages

CALL NOW TO SCHEDULE YOUR APPOINTMENT

\$99 New Patient Special

Includes full mouth exam, full mouth xrays, and cleaning\*

FREE Teeth Whitening

After completion of exam, xrays, cleaning & treatment if needed. \*Some restrictions apply.

\$100 OFF TREATMENT

\*Good towards treatment only. Some restrictions may apply.

IMPLANTS

Stabilize your dentures starting at \$1500. Some restrictions may apply.

- Adult Dentistry
- Pediatric Dentistry
- Conscious Sedation Dentistry
- Orthodontics

- PPO Providers
- No Insurance, No Problem
- Monthly Payment Plans Available

- Convenient Saturday Hours
- New Patients and Emergencies Welcome!

9710 Winter Gardens Blvd. #C  
Lakeside, CA 92040



[www.eastcountymfamilydentistry.com](http://www.eastcountymfamilydentistry.com)



### A LIFE OF SERVICE



San Diego Sheriff's Department  
[JoinSDSheriff.net](http://JoinSDSheriff.net)

### SECURITY HACKING HAS BECOME CHILD'S PLAY IN TODAY'S SOCIETY!

38%

Increase in phishing scams & other cyber security incidents in just the last year.



Call 888.980.9151  
visit [ufairfax.edu](http://ufairfax.edu)

HELP PREVENT CYBER CRIME

Enroll in Our Cybersecurity Program Today!

- Accredited graduate programs
- 100% online format
- Delivered by cybersecurity professionals



University of Fairfax  
Secure Your Future



Accredited by Distance Education Accrediting Commission (DEAC) University of Fairfax is certified by the State Council of Higher Education for Virginia to operate in Virginia. 3361 Melrose Ave. NW, Roanoke, VA 24017

Such sacrifice  
through valor made,  
A debt too deep  
to be repaid,  
From their courage  
freedom born,  
To remember them  
the poppy worn.



Memorial Day 2017

#PoppyInMemory

# Don't suffer alone - mental health disorders have effective treatments

by Peter Holstein

Mental health disorders are relatively common within civilian and military communities, but with early treatment, most mental health disorders can be effectively treated, and patients can return to mental wellness.

While invisible wounds like post-traumatic stress disorder and traumatic brain injury are often associated with military service, they are not the most common mental health problems Airmen face. Far more common are depression, anxiety, adjustment disorders and other issues that, despite getting less attention, have a serious effect on the health of Airmen.

"Mental health problems left unaddressed can be very disruptive to our lives," said Col. Steven Pflanz, the director of psychological health at the Air Force Medical Support Agency. "They affect our quality of life day-to-day, and as they get worse, can impact our relationships with significant others, children, friends and work. That's a significant cost."

There is good news about treating these conditions, according to Pflanz.

"The evidence is that we're actually very effective at treating mental health problems, across the gamut of conditions. If you come into the clinic, you can expect that your problem will get identified, diagnosed and treated, and there's a very good chance that you will be healed."

Many Airmen cite concerns about their career as reasons

**May is mental health awareness month, and mental health disorders are common in both military and civilian communities. Fortunately, effective treatments exist for most mental health disorders. Often, the biggest impediment to getting better is an unwillingness to seek care. (Courtesy Graphic)**



why they avoid seeking mental health care. But Pflanz challenged the logic behind this way of thinking.

"Airmen notice the small number of people who are separated from the military through a medical evaluation board," said Pflanz. "People don't see the many people who get treated at our mental health clinics successfully returned to duty. Patients who go to our clinics and get better don't often go back to their unit, raise their hand and talk about it."

Airmen who avoid seeking treatment may actually be jeopardizing their health and their career by staying silent.

"Untreated mental health

problems are a far bigger risk to most careers than seeking treatment," said Pflanz. "If you have depression and don't get treated, it may get so severe that you can't function. Like with any medical problem, the longer you wait to deal with it, the harder it is to fix."

Taking care of mental health is just as important as physical health. Like physical health, mental well-being can wear down over time if you don't attend to emotional needs.

"To do well on your PT test, you have to work out regularly," said Pflanz. "To do well emotionally, you have to take care of yourself regularly. Find time for the things that are important,

that bring meaning to your life, like time with family, leisure activities, hobbies, volunteering and rewarding work activities."

Air Force mental health providers are trained in the

latest clinical practice guidelines developed by the Defense Department and the U.S. Department of Veterans Affairs. These methods incorporate the latest science into evidence based treatments. Airmen who go to Air Force mental

health clinics can be confident that the treatment is the best medical science has to offer.

"One alternative is suffering, the other is the chance of getting better," said Pflanz. "I encourage Airmen to come in."

## Navy's Behavioral Health Quick Poll launching soon

This month, 42,000 Sailors will have the opportunity to participate in the Navy's Behavioral Health Quick Poll (BHQP).

The BHQP is developed by the 21st Century Sailor Office's Operational Stress Control (OSC) Program and is conducted every two years. The poll-which is approved by the Chief of Naval Operations-examines the amount and sources of stress Sailors are experiencing, how Sailors react to stress and its impacts, as well as perceptions and knowledge of available resources.

"We know that Sailors experience a myriad of challenges both on and off the job," said Leanne Braddock, Navy OSC Program Manager. "The Behavioral Health Quick Poll is an opportunity for Sailors to shape the programs and policies that can help them stay mission-ready and better respond to the challenges associated with Navy life."

Participation in the BHQP takes less than ten minutes. The poll consists of 17 multiple choice questions that are completed and submitted online. Sailors will be invited to participate at random using a computer-generated "token" and will be notified of their selection via email. Participation

is anonymous and responses cannot be traced back to an individual.

"Operational Stress Control is a shared responsibility between Sailors, leaders and families," said Braddock. "Sailors' perceptions and insights are among the primary drivers behind our approach to developing tools that promote good physical, psychological and behavioral health."

The BHQP has been conducted since 2009. Results of previous polls have been used to identify trends and connections between sources of stress in the fleet and recommend operational changes to reduce stress; establish and revise OPNAV policy and requirements; create training courses for junior leaders, senior leaders and family members; and more.

The Navy Operational Stress Control (OSC) Program seeks to create an environment where Sailors, commands and families can thrive in the midst of stressful operations. The OSC Program is governed by OPNAVINST 6720.1A and offers courses for deckplate supervisors and unit leaders to better enable them to build trusting

relationships with their Sailors, identify and mitigate stress, and strengthen their commitment to every Sailor, every day.

In addition to these courses - which are delivered via mobile training team (MTT) at no cost to the command - the OSC Program conducts research on several key issues impacting Sailors in their personal and operational environments, such as sleep deficits and the benefits of circadian watch bills. The program also offers tips to navigate life's many challenges through its Every Sailor, Every Day campaign; a digital communications campaign run in collaboration with the Navy Suicide Prevention Program.

April was National Stress Awareness Month. Participating in this year's Behavioral Health Quick Poll is a great way to help the Navy become more aware of the stress issues that Sailors are currently facing in order to better support you, your command and your family.

For more information on the Navy OSC Program, including training and additional resources, visit [http://www.public.navy.mil/bupers-npc/support/21st\\_Century\\_Sailor/osc/Pages/default.aspx](http://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/osc/Pages/default.aspx).

## Places of Worship

**B**ayview Baptist Church  
6126 Benson Avenue, SD 92114 (619) 262-8384  
Sunday 7:00 am, 9:00am and 11:00 am Worship Service  
2<sup>nd</sup> Wednesday's 6pm YLoV and YMoV  
Wednesday Night Live (WNL) 7pm  
"A Multi-Cultural, Multi Ethnic, Multi Generational Church"  
[www.bayviewbc.org](http://www.bayviewbc.org)

**C**anyon View Church of Christ  
"Love God, Love People, Serve the World"  
Sunday Bible Classes for all ages 9:00 am  
Sunday Worship 10:00 am, 6:00 pm  
Wednesdays: Pizza and Fellowship 6:30 pm, Bible Study 7:00 pm  
4292 Balboa Avenue, San Diego 92117 (Located near the corner of Balboa Avenue and Clairemont Drive) (858) 273-5140  
[www.canyonview.org](http://www.canyonview.org) Email: [cvoffice@canyonview.org](mailto:cvoffice@canyonview.org)

**C**hrist Community Church  
Helping people love God and each other more!  
Sundays at 8:45 am & 10:30 am with Children's Ministries for All Kids!  
Small Groups for Teens and Adults of all Ages!  
9535 Kearny Villa Rd., Mira Mesa 92126; Located just off Miramar Rd. & I-15  
[www.gotochrist.com](http://www.gotochrist.com) or (858) 549-2479  
[@gotochrist](https://www.facebook.com/cccd) or [facebook.com/cccd](https://www.facebook.com/cccd)

**C**ity of Praise  
The Perfect Place for Imperfect People to Mature in Christ!  
A place to belong with exciting life related messages for everyday living.  
See you at Sunday School - 9:00am & Sunday Morning Celebration-10:30am  
Tues Bible Connection-7pm Location: 2321 Dryden Rd., El Cajon, CA 92020  
619.749.1767 visit us at [www.thecityofpraise.org](http://www.thecityofpraise.org) & [twitter@citybishop](https://twitter.com/citybishop)  
Bishop Stephen M. Brunson, Senior Pastor, USN, Retired

**D**el Cerro Baptist Church  
5512 Pennsylvania Lane, La Mesa, CA. 91942 (619) 460-2210  
Pastor, Dr. Mark S. Milwee  
Sunday Services and Bible Classes: 9am and 10:30am,  
Wed. Dinner and Bible Study 5:15-7:30pm  
Wed. 6:30 pm AWANA Program for children  
Cost: For Active Duty Families: \$4 per person, children under 5 free,  
for more information: [www.dcbc.org](http://www.dcbc.org) e-mail: [julia@dcbc.org](mailto:julia@dcbc.org)

**F**irst Baptist Church  
"Reach Up, Reach Out, Reach the World"  
Interim Pastor Jim Baize [www.fbcoronado.com](http://www.fbcoronado.com)  
Sunday Bible Study 8:45 am, Sunday Worship Service 10 am  
Friday's Women's Bible Study 9:30-11:30 am  
445 C Ave, Coronado, CA 92118 (619) 435-6588  
[ariel@fbcoronado.com](mailto:ariel@fbcoronado.com) FB: First Baptist Church of Coronado

**F**riends Christian Church  
10925 Hartley Rd, Ste K  
Santee, CA 92071  
(619) 448-5950  
Sunday Worship Service 10:00 am

**L**ighthouse Baptist Church  
"Where the Shout has not Died Out!"  
1345 Skyline Dr, Lemon Grove, CA 91945  
Sunday School and Adult Bible Classes: 9:30 am  
Sunday Morning Service 11am, Sunday Evening at 5:30pm  
Midweek Service and Teen Church, Thursdays at 7pm  
[www.lighthousebaptist.com](http://www.lighthousebaptist.com) (619) 461-5561

**M**esa View Baptist Church  
Dr. Darrow Perkins, Jr., Th.D. Pastor/Servant  
Seeking Sinners; Saving Souls, Strengthening Saints  
Sunday Church School at 8:45 am  
Morning Worship at 10 am  
Wednesday Night Bible Study 7 pm  
13230 Pomerado Rd, Poway CA 92064  
[www.mesaview.org](http://www.mesaview.org) (858) 485-6110

**M**t. Moriah Christian Church  
"Purpose Driven" Gospel Church  
Multi-Cultural, Non-Denominational  
Services on Sunday at 9 a.m. and 11 a.m. Near Miramar Base  
L.J. Thomas - Sr. Pastor  
7055 Carroll Rd, San Diego CA 92121  
(858) 335-5795 [www.mtmoriahcc.org](http://www.mtmoriahcc.org)

**S**addleback Church  
One family, many locations  
Services on Sunday  
Adults: 9 am & 11 am  
Kids: 9 am & 11 am  
Students: only 11 am  
5951 Village Centerloop Rd., San Diego, CA 92130  
[saddleback.com/sandiego](http://saddleback.com/sandiego)

**S**t. Luke's Lutheran Church  
5150 Wilson Avenue, La Mesa, CA 91942  
Phone: 619-463-6633  
website: [www.st-lukes-la-mesa.org](http://www.st-lukes-la-mesa.org)  
Worship: 9:00 am  
Pastor: Mark Menacher, PhD.  
We thank you for your service!

**T**he Refinery Church  
A place for you to meet with God  
Sundays at 10:30am  
494 E Street, Chula Vista  
619-422-0121  
[www.refinery.church](http://www.refinery.church)  
Classes available for kids of all ages

**U**nited Missionary Baptist Church  
5930 Division Street  
San Diego, CA 92114  
Reverend Ray Smith is pastor  
Services start at 11am, Sunday school 9:30am,  
Bible study Tuesday at 6:30pm (dinner provided).  
We are a BIBLE based Church.  
For more information, please call 619-230-5332

**U**niversity Christian Church (Disciples of Christ)  
Discover the Difference!  
Bible Study @ 9am & Worship @10am (Yes! We provide childcare!)  
3900 Cleveland Ave San Diego, CA 92103  
[www.uchristianchurch.org](http://www.uchristianchurch.org) <https://www.facebook.com/uchristianchurch/>  
<https://www.youtube.com/channel/UCMkyNpMS2Z2BLI7OI30wA>  
All are welcome! We are an open and affirming congregation.

# Career & Education

## Navy announces 2017 Navy Visionary Leadership Award recipients

The Navy announced Monday the selection of five Sailors from more than 70 nominees as the Capt. Joy Bright Hancock and Master Chief Anna Der-Vartanian Leadership Award winners.

Established in 1987, the Capt. Joy Bright Hancock and Master Chief Anna Der-Vartanian Leadership Awards honors Navy men and women with visionary leadership whose ideals and dedication foster a positive work environment while reinforcing and furthering the integration of women in the Navy.

The annual awards recognize the inspirational leadership of Navy officers and enlisted Sailors on active or reserve duty.

The 2017 Capt. Joy Bright Hancock awardees are:

\* Senior Officer: Cmdr. Laura McMullen, associate director for Nursing Services, U.S. Naval Hospital, Guam

\* Junior Officer: Lt.jg. Raven Stevenson, Anti-Submarine Warfare Officer, USS Pinckney (DDG 91), home ported in San Diego

\* LDO/Warrant: Lt. Lyndsay Cirino, Personnel Officer/Educational Services Officer, USS George Washington (CVN 73), homeported in Norfolk, Virginia

The 2017 Master Chief Anna Der-Vartanian Leadership awardees are:

\* Senior Enlisted: Command Master Chief (AW/SW/IW/NAC) Cynthia Baker, Command Master Chief, Helicopter Maritime Strike Squadron 74 (HSM 74), Jacksonville, Florida

\* Junior Enlisted: Aviation maintenance Administration 1st Class (AW) Amy Kretchman, Logs and Records Leading Petty Officer, Helicopter Sea Combat Squadron 12 (HSC 12), Atsugi, Japan

Each package was graded on the criteria of professional accomplishments, character command climate/equal opportunity of professional accomplishments, character, command climate/equal opportunity, leadership, and community involvement. The award winners went above and beyond in every category, exhibiting extraordinary service. Highlighted below are some of their accomplishments as detailed in their command award submission.

McMullen successfully led a team of 108 Service members and civilians to provide exceptional health care across three inpatient units. She expertly administered 12 provider and instructor courses and was the sole authorized course director and instructor trainer for the entire island of Guam.

Stevenson led her division through a challenging year-long Drydock Selected Restricted Availability, ensuring a complete equipment upgrade and resulting in a fully combat-ready warfighting team. As the only Weapons

and Tactics Instructor onboard, she has played a major part in the development of every junior officer onboard.

While onboard the George Washington, Cirino filled critically gapped billets and streamlined pay and personnel procedures for 3,100 Sailors, as well as administered 1,400 advancement exams with zero discrepancies. She effectively forged 40 Sailors into a cohesive unit, following an unprecedented three-carrier crew swap and led the department's Maintenance and Material Management (3M) program to score the highest 3M inspection score in four years for an Atlantic Fleet aircraft carrier.

During her career, Baker led Carrier Air Wing 3 (CVW 3)'s largest squadron of 222 Sailors and 27 Chief Petty Officers embarked on four different ships through four successful workup periods, during the Navy's inaugural Optimized Fleet Response Plan deployment. Additionally, she successfully led her squadron as the first MH-60R squadron to deploy with the USS Dwight D. Eisenhower (CVN 69).

Kretchman executed the responsibilities of Logs and Records Division Leading Petty Officer, Maintenance Control Leading

Petty Officer, and Maintenance Control Safe-for-Flight Chief, leading 187 maintenance technicians. She meticulously managed nine of the toughest maintenance programs from the Commander, Naval Air Forces "Top 10" list of repeat program failures.

Winners will receive their awards at the Joint Women's Leadership Symposium (JWLS), June 15-16, in Norfolk, Virginia. JWLS is hosted annually by the Sea Service Leadership Association (SSLA), and this year's theme is "SSLA, Celebrating 30 Years; Charting Your Course, Navigating Your Future!" More information on SSLA and JWLS can be found here: <http://www.sealeader.org/event/30th-annual-joint-womens-leadership-symposium/>.

Capt. Joy Bright Hancock guided the Women Accepted for Volunteer Emergency Service (WAVES) through difficult years in the later 1940s and early 1950s, a period that saw the Navy's women achieve status as part of the Regular Navy. Master Chief Anny Der-Vartanian made history as the first female in the U.S. Armed Forces to be promoted to the rank of E-9. Both of these iconic women spent the majority of their lives acting as stewards for female integration in the Navy.

## USFF updates Navy LiveSafe's features

U.S. Fleet Forces Command (USFF) introduced a series of new features within the Navy's LiveSafe smartphone application during the second phase of a six-month pilot program.

Organizational changes to the homepage, links to location-based transportation resources and volunteer opportunities were implemented after program managers received feedback from Sailors that have used the app during the first phase of the pilot program.

A social media misconduct reporting and guidance feature will soon be available on the app. The social media feature aims to provide users content from Navy-specific administrative messages (NAVADMINS) that break down proper and improper online conduct and a tip button for reporting online misconduct to authorities.

"We've done two rounds of focus groups and after each we completed changes to the app and created content we thought Sailors would be interested in based off the feedback from the focus groups," said Capt.

Charles Marks, USFF's sexual assault prevention and response officer. "We made some pretty significant structural changes to the app, adding links to taxi services and things that we hope improve our Sailors' experience with the app."

Some of the changes include a facelift to the app's homepage menus which were restructured by category vice alphabetical listing to make navigation easier. The updated taxi service feature allows users to call local taxi services that have been cleared to drive on base for more convenient pick up and drop off services for Sailors. Developers also added links to advertise and volunteer for community service projects giving Sailors the option to share information about local volunteer events and sign up.

As a part of the phase two pilot, program managers hosted focus groups to discuss new updates to the LiveSafe smartphone application and usefulness to the fleet. During the discussions, Sailors spoke to LiveSafe representatives about their experiences using the application and ways to improve

the application. "In today's world everyone is trying to be anonymous and this app is a great way to do that," said Yeoman 1st Class Brendan Little. "The best part is that Sailors can help prevent destructive behavior without confrontation."

The application will continue to provide region-specific maps displaying locations and hours for emergency services, Fleet and Family Support Centers, sexual assault response coordinators, legal services, and off-limits locations. Content will be available even when WiFi or cell phone signal is disabled.

"The Navy is exploring different and innovative things in regard to reducing destructive behaviors. We know that these things impact readiness and we want to put the control in Sailors' hands by giving them options for resources to make informed decisions and help out shipmates," said Marks. "It's a theory that we are testing that LiveSafe can counter destructive behaviors by putting resources in Sailors' hands while on liberty or away from the workplace."



**Non-active duty personnel are invited to join the Navy League. No military service required, just a desire to serve those that serve.**

Call Jay Lott at 619-230-0301 or email him at [jay@navyleague-sd.com](mailto:jay@navyleague-sd.com) for more information.

## School Directory

### Innovations Academy

Public Charter School Grades K-8

Open to all San Diego County Families

858.271.1414

[www.InnovationsAcademy.org](http://www.InnovationsAcademy.org)



**Are you ready to leverage your BSN & take the next step in your career?**

Earn an MSN from USAHS!  
[nursing.usa.edu/msnprogram](http://nursing.usa.edu/msnprogram)

### Mission Bay Montessori Academy

Preschool - 6th Grade

University City/La Jolla Area • 858-457-5895

[www.mbmacademy.com](http://www.mbmacademy.com)

Lic #376700133

## Business & Service Directory

### LEX•TEK

**FREE AIR CONDITIONING CHECK UP**  
Cannot be combined with any other offer.

**FREE ELECTRICAL CHECK UP**  
Cannot be combined with any other offer.

27 Years Specializing in Lexus • Over 25% Discounted  
2704 Transportation Ave. #G,  
National City • [www.Lexteksandiego.com](http://www.Lexteksandiego.com)  
**619-708-7700**

### New Energy Massage

3817 University Ave. • SD, Ca 92105

1 Block West of I-15

**619.795.0955**

\$10 Discount on any Massage

Open 7 Days a Week • 9am-10pm  
NO APPOINTMENT NECESSARY



THE PLACE TO GO BEFORE YOU GO ANYWHERE!

Email: [travelnetworksan@gmail.com](mailto:travelnetworksan@gmail.com)  
7888 Dagget St, Suite 102,  
San Diego, Ca 92111

**(858) 292-2888**

### SAN DIEGO HUNKS

Got Junk? Call a Hunk!

You call - We haul (big or small)

The Hunks Do it All!

**619-507-4172**

[www.junkremovalinsandiego.com](http://www.junkremovalinsandiego.com)  
[robert.eldridge@cox.net](mailto:robert.eldridge@cox.net)

**5% MILITARY DISCOUNT**

Introduce your business to the military market by advertising in our Business and Service Directory

Call 619.280.2985

### EARN A CERTIFICATE IN ACCOUNTING

Learn high-demand job skills in our real-world, hands-on vocational training program.

ACCOUNTING  
★ ACADEMY ★

Act Now! Get Started!

**CALL 858-836-1420**

or use [www.theaccountingacademy.com](http://www.theaccountingacademy.com)



Family and friends welcome back the crew of **USS Alexandria (SSN 757)**. Navy photo by MC2 Derek Harkins

## USS Alexandria completes WESTPAC, returns home

SAN DIEGO - USS *Alexandria* (SSN 757) returned to Point Loma May 18 after a six-month deployment to the Western Pacific region.

Family and friends, along with members of Submarine Squadron 11, gathered pierside armed with colorful banners and signs to greet the crew and welcome them home.

"We operated in nearly every ocean environment across the Western Pacific, doing missions that no other platform can conduct, in areas where no other platform can operate," said Cmdr. Todd Santala, *Alexandria's* commanding officer. "Our presence in theater provided significant operational flexibility to the fleet and task force commanders."

Santala also expressed pride in his crew. "Despite the high operational tempo, the crew tackled every mission with the enthusiasm and tenacity we're known for," said Santala. "I couldn't be more proud of what the men accomplished." - by MCI Derek Stroop

# Postal managers meet to modernize delivery practices

by Suzanna Brugler

SAN DIEGO- Naval Supply Systems Command Global Logistics Support (NAVSUP GLS) postal personnel from around the globe met for the second annual NAVSUP GLS Postal Strategic Planning Meeting May 16-18 here.

The three-day meeting brought together postal managers from NAVSUP Headquarters, NAVSUP GLS, and the NAVSUP Fleet Logistics Centers located here, and in Bahrain, Norfolk, Jacksonville, Pearl Harbor.

This year the primary purpose of the meeting was to focus on inspection checklists.

"The meeting provided an opportunity for the postal managers to revamp OCONUS annual inspection forms and CONUS monthly inspection forms that were created nearly 11 years ago," said Dale Pinchart, NAVSUP GLS postal program manager. "This process was long overdue and a quality product resulted from the hard work and experience attendees brought to the table."

In addition, the attendees

heard from their NAVSUP GLS senior leadership during a question-and-answer session that the Vice Commander Mr. William Bickert, Jr. presided over.

The Postal Strategic Planning Meeting is an improved, re-booted incarnation of the former Region Postal Manager Meeting, which last took place in May 2016.

"The annual meeting is time well spent to bring postal corre-

spondence up-to-date with technology in use at both CONUS and OCONUS postal facilities," said Pinchart.

The next NAVSUP GLS Postal Strategic Planning Meeting is scheduled for spring 2018.

NAVSUP GLS provides global logistics for a global Navy.

The organization is made up of approximately 6,300 military and civilian logistics professionals operating from 105 locations worldwide, providing an extensive array of integrated global logistics and contracting services to Navy, Marine Corps, joint operational units, and allied forces across all warfare enterprises.

## Most recent Marine Corps General and Special Court-Martial dispositions

At a Special Court-Martial at Camp Pendleton, Private R. Garza, Jr., was convicted by a military judge of unauthorized absence. The military judge sentenced the accused to 6 months confinement and a bad-conduct discharge. Pursuant to a pre-trial agreement, the convening authority agreed to suspend all confinement in excess of 90 days.

At a Special Court-Martial at Camp Pendleton, Private 1st Class L. Cadena was convicted by a military judge of unauthorized absence. The military judge sentenced the accused to 90 days confinement, reduction to E-1, and a bad-conduct discharge. The pre-trial agreement had no effect on the sentence.

At a General Court-Martial at Camp Pendleton, Private 1st Class C. R. Harder was convicted by a military judge of violation of a lawful general order and possession and distribution of controlled substances. The military judge sentenced the accused to 300 days confinement and a bad-conduct discharge. The pre-trial agreement had no effect on the sentence.

At a Special Court-Martial at San Diego, Staff Sgt. M. A. Lesh was convicted by a military judge of violation of a lawful general order, reckless operation of a vehicle, drunk on duty, assault consummated by a battery, and drunk and disorderly conduct. The military judge sentenced the accused to 8 months confinement, reduction to E-1, and a bad-conduct discharge. Pursuant to a pre-trial agreement, the convening authority agreed to disapprove all confinement.

At a General Court-Martial at Camp Pendleton, Cpl. A. C. King was convicted by a military judge of false official statements, sexual assault, and house breaking. The military judge sentenced the accused to 41 months confinement and a dishonorable discharge. Pursuant to a pre-trial agreement, the convening authority agreed to suspend all confinement in excess of 36 months.

At a Special Court-Martial at Camp Pendleton, Lance Cpl. C. L. Tanner was convicted by a military judge of unauthorized absence. The military judge sentenced the accused to 87 days confinement and a bad-conduct discharge.

At a Special Court-Martial at Camp Pendleton, Private 1st Class R. E. Montano was convicted by a military judge of failure to obey a lawful order, impaired operation of a vehicle, and wrongful use of a controlled substance. The military judge sentenced the accused to 9 months confinement, reduction to E-1, and a bad-conduct discharge.

## Montgomery holds change of command

SAN DIEGO - USS *Montgomery* (LCS 8) Gold Crew was relieved by *Montgomery* Blue Crew during an exchange of command ceremony at the naval base recently.

Cmdr. Mark Stefanik, commanding officer of *Montgomery* Gold, turned over command of the Independence variant ship to Cmdr. Wayne Liebold, commanding officer of *Montgomery* Blue.

- <http://www.public.navy.mil/surfor/lcsron1/Pages/default.aspx>.

# TEMECULA VALLEY BALLOON & WINE Festival

June 2-4, 2017

**WINE TASTING**

**FOOD & WINE PAIRING**

**BALLOON LAUNCHES\***

**MICROBREW TASTING**

**COOKIN' WITH BEER**  
*On the Wine Stage*

**FRIDAY**  
*Back to the 80s*

**ROCKING SATURDAY**

**COUNTRY SUNDAY**

**Bush**

**Gin Blossoms**

**Tonic**

**The Kickbacks**

**Josh Turner**

**David Nail**

**Cassadee Pope**

**Chris Carmack**

**The Motels**

**Dramarama**

**Annabella's Bow Wow Wow**

**Nu Shooz**

**Pretty Poison**

**Tommy TuTone**

**Gene Loves Jezebel**

**Thank You To Our Sponsors**

10 www.armedforcesdispatch.com THURSDAY, MAY 25, 2017

## The Armed Forces Dispatch wants you to be a **WINNER!**

Enter for a chance to win 2 tickets

9th Annual **Taste of La Mesa** Monday, June 12

5 to 8 p.m. **General admission**

6-8 p.m. **VIP tasting**

5-8 p.m.

**La Mesa Community Center**  
4975 Memorial Drive

*Eat Your Heart Out!*  
**\$80 value**

Rules: Fill out the entry form below and send it to us at: Dispatch Newspaper/Taste of La Mesa, P. O. Box 600600, San Diego, CA 92160. Entries must be in our office by Wed., May 31, 2017. One entry per family. Must show ID upon pickup. Entries may also be submitted via e-mail to [contest@navydispatch.com](mailto:contest@navydispatch.com), Subj: Taste of La Mesa. Include all information requested below in online entries. Winners notified by telephone.

Armed Forces Dispatch Newspaper/Taste of La Mesa  
Wednesday, May 31, at noon.  
Please answer all questions to be eligible.

name \_\_\_\_\_

address \_\_\_\_\_

city, state, zip \_\_\_\_\_

phone \_\_\_\_\_

What radio station do you listen to? \_\_\_\_\_

Active duty military (which base): \_\_\_\_\_

Military spouse/family member

Civilian

Retired military

# U.S. Navy, Royal Thai Navy sharpen ASW skills during Guardian Sea

ANDAMAN SEA - The U.S. Navy and Royal Thai Navy (RTN) are executing Guardian Sea, an anti-submarine and maritime domain awareness exercise, in the Andaman Sea, May 22-27.

The bilateral exercise focuses on strengthening U.S. Navy and RTN anti-submarine warfare (ASW) procedures and proficiency through symposia, planning discussions, personnel exchanges, and at-sea events.

Representing the U.S. Navy at Guardian Sea is Arleigh Burke-class guided-missile destroyer USS *Sterett* (DDG 104), a Los Angeles-class fast-attack submarine, and a P-3C Orion. Staff from Commander, Task Force 73 and Destroyer Squadron 7 will participate while embarked aboard U.S. ships and aircraft.

“Guardian Sea is an outstanding opportunity to operate at sea with our friends and partners in the Royal Thai Navy,” said Cmdr. Claudine Caluori, commanding officer of *Sterett*. “Our Sailors gain valuable experience from these multilateral engagements, and we build on the established maritime relationships that will continue to endure long after the exercise is complete.”

Participating ships from the RTN include the Naresuan-class frigate HTMS Taksin (FFG 422) and the Khamronsin-class corvette HTMS Long Lom (FS 533).

“Guardian Sea is another

## Future USS Omaha (LCS 12) completes acceptance trials

MOBILE, Ala. (NNS) -- The Navy’s future USS Omaha (LCS 12) successfully conducted its acceptance trials, May 12, after completing a series of graded in-port and underway demonstrations for the Navy’s Board of Inspection and Survey.

Acceptance trials are the last significant milestone before delivery of the ship to the Navy. During the trial, the Navy conducted comprehensive tests of LCS 12 intended to demonstrate the performance of the propulsion plant, ship handling, and auxiliary systems. While underway, Omaha successfully performed launch and recovery operations of the 11-meter rigid-hull inflatable boat, completed surface and air self-defense detect-to-engage exercises, and demonstrated the ship’s maneuverability through high-speed steering, crash backs, and four-hour full power run.

“The Navy/industry trials team in Mobile has found their stride and, with stability in the serial production line, are bringing ships to trial with consistently improved performance at decreasing cost,” said Capt. Tom Anderson, LCS program manager. “Omaha will be an exceptional addition to the rapidly growing in-service fleet.”

Following delivery, aand maintenance availability and crew training and familiarization exercises, Omaha will sail to California for commissioning. Omaha will be homeported in San Diego with sister ships USS *Independence*, USS *Coronado*, USS *Jackson*, USS *Montgomery* and USS *Gabrielle Giffords*.

great opportunity to operate and train at sea alongside our partners from the U.S. Navy,” said Capt. Chaksawat Saiwong, commanding officer, HTMS Naresuan. “The complexity of the training and the trust and friendship that come from our

time spent at sea together ensures our alliance will remain strong into the future.”

Task Force 73 is the U.S. 7th Fleet’s Theater Security Co-operation agent for South and Southeast Asia and supports exercises across the region to include the Cooperation Afloat Readiness and Training series, Southeast Asia Cooperation and Training, the Naval Engagement Activity with Vietnam, and the multilateral naval exercise KOMODO.

On behalf of Commander, Task Force 73, Destroyer Squadron 7 serves as operational commander for littoral combat ships rotationally deployed to 7th Fleet.

DS-7 conducts advanced planning, organizes resources, and directly supports the execution of maritime engagements such as the Cooperation Afloat Readiness and Training (CARAT) exercise series, the Naval Engagement Activity (NEA) with Vietnam, and the multilateral Southeast Asia Cooperation and Training (SEACAT) exercise with Bangladesh, Cambodia, Brunei, Indonesia, Malaysia, the Philippines, Singapore, and Thailand.



**Sailors aboard USS *Sterett* (DDG 104) raise the anchor chain in preparation for getting underway for the International Maritime Defense Exhibition 2017 (IMDEX 17). IMDEX 17 is hosted by the Republic of Singapore and is one of the largest maritime exhibitions in the Asia-Pacific region, featuring a trade show and a series of multilateral exercises and exchanges. Twenty-seven ships from 18 navies along with chiefs of navy from around the globe will participate in IMDEX 17. Navy photo by MC1 Byron C. Linder**

| NAS NORTH ISLAND DEPARTURES   |          |         |  |
|---|----------|---------|--|
| TO REGISTER ONLINE, FORWARD YOUR FULL NAME, RANK, AND IF ACTIVE, RETIRED OR RESERVE TO<br>NASNI_AIR_TERMINAL_MANAGER@NAVY.MIL |          |         |  |
| SHOW TIME IS 2 HOURS PRIOR TO THE TIMES POSTED BELOW  |          |         |  |
| 2 CHECKED BAGS TOTALING 40 LBS MAX PER PERSON   |          |         |  |
| PLUS A SMALL CARRY ON, 20 LBS MAX PER PERSON ON A C20 AIRCRAFT  |          |         |  |
| NO OPEN TOE SHOES ALLOWED ON FLIGHTS  |          |         |  |
| <b>THURSDAY, MAY 25, 2017</b>   |          |         |  |
| Flt #   | A/C Type | Time(L) | Destinations(Seats Available)          |
| CNV 4665  | C40      | 09:00   | ELMENDORF(121), MISAWA(121), OSAN(121) |
| CNV 4021  | C40      | 09:00   | FT WORTH(121), ALBERTA(25)             |
| <b>FRIDAY, MAY 26, 2017</b>   |          |         |  |
| Flt #   | A/C Type | Time(L) | Destinations(Seats Available)          |
| CNV 4281  | C40      | 08:00   | FALLON(121)                            |
| <b>SATURDAY, MAY 27, 2017</b>   |          |         |  |
| NO SPACE "A" DEPARTURES   |          |         |  |
| <b>SUNDAY, MAY 28, 2017</b>   |          |         |  |
| NO SPACE "A" DEPARTURES   |          |         |  |
| <b>MONDAY, MAY 29, 2017</b>   |          |         |  |
| AIR TERMINAL IS CLOSED  |          |         |  |



## UMUC Salutes Our Military Heroes

**MONIQUE WARDRICK**  
Bachelor of Arts, Communication Studies  
Air Force Veteran

### Monique Wardrick’s personal approach eases stress for transitioning airmen.

Heroism takes many forms. For U.S. Air Force veteran Monique Wardrick, it came in the form of a small change with a big impact.

As a transportation entitlements counselor, Wardrick wanted to provide a superior level of service to transitioning and separating airmen whom she was charged with assisting as they moved their households to new locations. So, she worked with her superiors to develop an individualized approach that addressed the unique needs of each airman with tailored solutions.

Because of her “passion for people, not just the job,” Wardrick was able to empower the servicemembers and families she served with information on all of their options and ease their anxiety during times of huge life changes.

UMUC salutes the members of our military who inspire us in their daily service. **Who inspires you?**

Share your story about a servicemember who made a positive impact on people’s lives at [#militaryheroes](#).

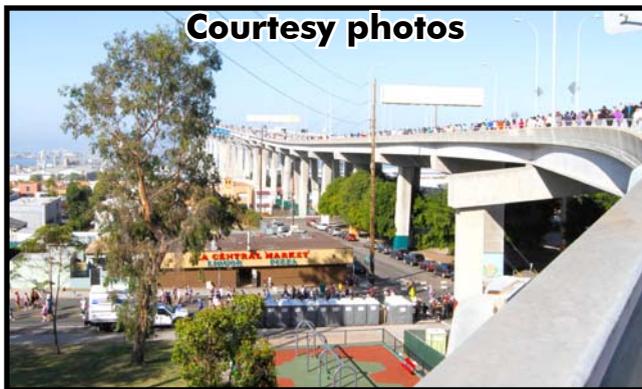
Read our heroes’ stories at [umuc.edu/militaryheroes](http://umuc.edu/militaryheroes).



AT YOUR SERVICE SINCE 1947

© 2017 University of Maryland University College

# MWR Bay Bridge Run



Courtesy photos



## NEW MILITARY HOME LOANS! Zero Down Payment! No Closing Costs! No Hidden Fees at ALL!

*We will drive you around San Diego till you find your DREAM Home!*

James Darby has helped over 4,500 families buy, sell or refinance their homes throughout San Diego County!

*Call me today & let me help you!*

**858-560-1100**

Fax # 858-633-2882 • Cell # 619-665-5752

4545 Murphy Canyon Rd #211, San Diego, Ca. 92123

[www.usafinancialconsultants.com](http://www.usafinancialconsultants.com)



James Darby  
Real Estate License #  
CA BRE 01859818  
NMLS #351513



LinkedIn



# Verizon is proud to support our troops.

**\$200 Visa® gift card per line**

**15% off the monthly account access fee**

**For all former and current military who switch.**



**verizon**✓

4G LTE smartphone on device payment purchase & new activation required. Excludes Samsung S8 & S8+ and Samsung trade-in promotion and \$50 Visa prepaid card promotion. For military veterans, reservists, and active-duty service members only. Prepaid cards mailed within 10 weeks. Cards are issued by Citibank, N.A., pursuant to a license from Visa U.S.A. Inc. and managed by Citibank Prepaid Services. Cards will not have cash access and can be used everywhere Visa debit cards are accepted. Activation/upgrade fee/line: \$30. IMPORTANT CONSUMER INFORMATION: Subject to VZW Agents, Calling Plan & credit approval. Offers & coverage, varying by svc, not available everywhere; see vzw.com. While supplies last.

# America certifies in force protection

by MC3 Arnesia McIntyre and MC1 Demetrius Kennon

SAN DIEGO - USS *America* successfully completed a force protection exercise (FPEX), May 18 - one of the final certifications needed before deploying.

FPEX evaluates a crew's ability to defend the ship from various challenges while in port. *America's* scenario during the exercise involved Sailors from the ship and various commands along the Naval Base San Diego waterfront posing as hostile rioters stirring up trouble at the pier entry control point (ECP).

"The ships have to be able to protect themselves, whether it's terrorist or non-terrorist activity, such as protests," said Senior Chief Master-at-Arms Savario Polito, security leading chief petty officer aboard *America*. "We just need to make sure our watchstanders are prepared and equipped to handle any possible situation that may arise while we're in port."

A group of nearly 30 riot-

ing actors congregated at the pier ECP, yelling and imposing their will. Each one was in costume, and some were decorated with fake wounds that bled fake blood. They're objective was to remain in character and provide as much of a genuine performance as possible to make it difficult for the armed sentry to predict their moves.

"It was interesting being on the other side," said Aviation Ordnanceman 3rd Class Adrian Garth, one of the rioting actors assigned to *America*. "People from different countries have their own ways of protesting and responding to opposition. This experience has been eye-opening and has helped to realize the importance of the different levels of defense we have for our ship."

The exercise was the culmination of a training process that began even before *America* was commissioned. While under construction in Pascagoula, Miss., the crew ran multiple drills every day, which enhanced each watchstander's skills, training them

for this moment.

"I think *America* did extremely well. Their response was appropriate," said Polito. "The reaction force moved well all the way down the pier. They were shooting and moving just like my security force instructors have taught them. I think it was a great learning experience having weapons that they could actually shoot, IEDs (improvised explosive devices) that actually go off - it adds a real sense of realism to the exercise - so that when bad things like this do happen, they're a little bit better prepared for it."

The *America* Amphibious Ready Group (ARG) is commanded by Commander, Amphibious Squadron 3 and consists of the *America*, USS *San Diego* (LPD 22), and USS *Pearl Harbor* (LSD 52) and more than 1,800 Marines from the 15th Marine Expeditionary Unit (MEU). The ARG/MEU is scheduled to deploy later this summer.

For more information, visit [www.afdispatch.com](http://www.afdispatch.com).



**PACIFIC OCEAN (May 22, 2017)** - Sailors get fitted for gas masks in the hangar bay of USS *Theodore Roosevelt* (CVN 71). *Theodore Roosevelt* is moored pierside in San Diego after completing a tailored ship's training availability and final evaluation problem. Navy photo by MCSN Bill M. Sanders

**PACIFIC OCEAN (May 16, 2017)** - Sailors conduct flight operations aboard USS *Carl Vinson* (CVN 70) in the western Pacific. The Navy has patrolled the Indo-Asia-Pacific routinely for more than 70 years promoting regional peace and security. Navy photo by MC2 Rebecca Sunderland



**WESTERN PACIFIC (May 7, 2017)** - Gunner's Mate 2nd Class Antonio Najera transfers cargo received from USNS *Richard E. Byrd* (T-AKE 4) during a replenishment-at-sea aboard USS *Wayne E. Meyer* (DDG 108). Navy photo by MC3 Kelsey L. Adams

**VA HOME LOANS!**

- BUY YOUR HOME WITH NO DOWN & NO PMI
- REFINANCE AND SAVE

**FREE PRE-QUALIFICATION**

**CALL - Paul Gonzales**  
**(760) 746-7388**

Countywide Mortgage Lending, a dba of Golden Empire Mortgage, Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act NMLS# 275546

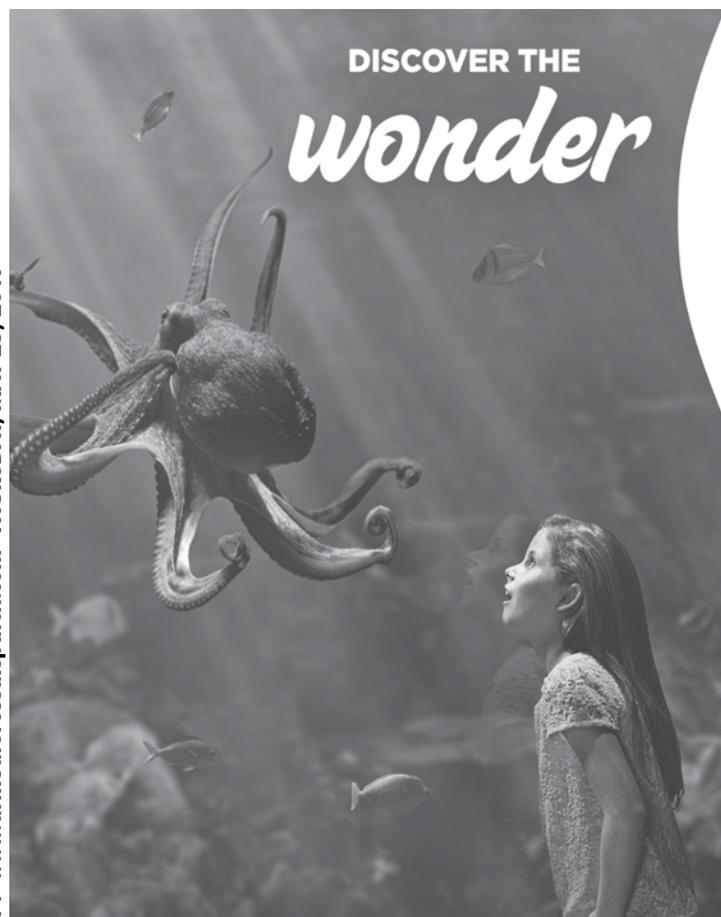
**LIKE US ON FACEBOOK**

A THOROUGHLY MODERN WAY TO KEEP UP WITH YOUR COMMUNITY THROUGH THE ARMED FORCES DISPATCH.

GET THE LATEST NEWS, PHOTOS AND ADVERTISING SPECIALS.

**DISPATCH**

Armed Forces Dispatch Newspaper



DISCOVER THE *wonder*

**2017 Fun Card**  
Pay for Less than a Day,  
Play All Year

OR

Save **UP TO \$20**  
on Single-Day Admission  
Plus 2<sup>nd</sup> Visit FREE

Visit Your Local Military Ticket Office for Specially Priced Tickets



All prices and discounts are subject to change and subject to a ticket outlet surcharge. Offer not valid with any other offers, promotions, discounts or Membership purchase. Other restrictions apply. Single-Day valid for use through 12/31/17. Fun Card available for sale through 10/1/17 and valid for use from date of purchase until 12/31/17. Blockout dates apply on 5/29/17 and 12/31/17.  
© 2017 SeaWorld Parks & Entertainment, Inc. All rights reserved.

**Family Tree**  
Surrogacy Center, LLC

**BECOME A SURROGATE!**

Compensation up to **\$50,000!**  
**ALL EXPENSES PAID**

PREGNANCY MASSAGE  
HOUSEKEEPING ALLOWANCE  
HEALTH & LIFE INSURANCE  
SUPPORT GROUPS  
RETREAT WEEKEND

**FAMILYTRESURROGACY.COM**  
**619.271.4093**  
[info@familytreesurrogacy.com](mailto:info@familytreesurrogacy.com)



# MAKE YOUR NEXT EVENT MEMORABLE

Pala Casino Spa and Resort can make your military event a truly special, no-hassle experience. We offer over 40,000 square feet of flexible space, from intimate rooms to our majestic 20,000 square foot Grand Ballroom. Our chefs can create a wide variety of delicious catering options. And when your event is over, you and your guests can enjoy a world-class resort that includes a casino, spa, live entertainment, and spectacular dining.

FOR BOOKING, CALL OUR GROUP SALES OFFICE AT

**1-760-510-2182**

[PALACASINO.COM](http://PALACASINO.COM) | 1-877-WIN-PALA (1-877-946-7252)

Located in Northern San Diego County. From San Diego County and Riverside County: Take I-15 to Hwy 76, go east 5 miles. From Orange County and Los Angeles County: Take I-5 South to Hwy 76, go east 23 miles.

Please Gamble Responsibly. Gambling Helpline 1-800-522-4700





# The poetry of 'Taps'

note, temporarily silencing the cacophony of crickets and frogs rising from the lake.

I relaxed my diaphragm to soften the sound and continued, measure by measure. Just before the high G, I squeezed my eyelids shut and thinned out my lips. Would I make the note?

Those whose loved ones died in war while serving in the US military know the sound of that high G all too well. In fact, they probably remember every one of the song's 24 notes, because it is the somber bugle call played at all military funerals.

But many don't realize that "Taps" didn't start as a military burial tradition. The refrain we know today was created in 1862,

on the back of an envelope at a weary Civil War encampment along the James River in Virginia.

After seven hard days of fighting, Union Army Brigadier General Daniel Butterfield decided he didn't like the formal French bugle call (Napoleon's favorite) known in Army manuals as "Extinguish Lights." He felt the rat-a-tat tune needed to be more melodic, so after his aide translated Butterfield's inspiration into notes scribbled on the back of an envelope, he enlisted the help of the brigade bugler Private Oliver Wilcox Norton to play it at camp that night and each night thereafter.

Nearby infantries heard the

resulting melody, which some called "Butterfield's Lullaby." Soon, this new version of "Taps" spread throughout the Union Army, and eventually, to the Confederate soldiers as well. Shortly thereafter, commands began using the bugle call while burying fallen Civil War soldiers, instead of the traditional three volleys of rifle fire, because they worried that the sound of gunfire might be mistaken for an enemy attack.

In 1891, Army infantry regulations officially included "Taps" in military funeral ceremonies.

Another lesser-known fact is that "Taps" has lyrics. Although

**SEE poetry, page 18**

**by Lisa Smith Molinari**  
One evening in 1981 while I was at summer camp, I took a deep breath, and blew a little too hard on the bugle's mouthpiece. The counselor who played "Taps" each night to signal "lights out" to the campers had agreed to let me be the substitute bugler that evening. Using only one semester of French horn lessons, I blasted the first

**Married and Loving It!**

**WHAT IS IT?**  
Married and Loving It! teaches relationship building skills in a workshop-style environment. This fun, interactive class is a great investment in yourself and your relationship.

**Married and Loving It! series at MCAS Miramar**

Married and Loving It! teaches relationship building skills in a workshop-style environment. This fun, interactive class is a great investment in yourself and your relationship.

Next Series: Thursday, June 1, 8 a.m. to 4:30 p.m.

Register online at [marriedandlovingit2.eventbrite.com](http://marriedandlovingit2.eventbrite.com).

Contact the MCAS Behavioral Health Branch for more information, at (858) 577-8867.

Location: Bldg 2274, Elrod Ave., MCAS Miramar

NBSD, Waterfront Community Recreation Center

**KID'S FATHER'S DAY CRAFT**

SUNDAY, JUNE 4, 2PM, FREE

Make a special tie for Father's Day!  
All supplies included.

Register: 810-558-8597  
All events and pricing are subject to change.

**MWR**

**Knott's**  
BERRY FARM®

**Knott's**  
**SOAK CITY**  
WATER PARK

# Free Admission for Military Personnel and Veterans

Memorial Weekend May 27-29, 2017

For promotion details visit [knotts.com](http://knotts.com). Proof of military service with photo I.D. required.

Additional discount tickets can be purchased at your Military Ticket Office.

## Variety: 'Gilmore Girls' star Lauren Graham talks 'a year in the life' new episodes

by Arya Roshanian

In anticipation for awards season, "Gilmore Girls: A Year in the Life" screened for voters and media on Thursday evening as part of a For Your Consideration event at Netflix's FYSee Space in Beverly Hills. Star Lauren Graham was joined by her "Parenthood" co-star and friend Mae Whitman, who had a small role in the "Gilmore Girls" reboot, for a Q&A about both the original series and revival.

Seventeen years since its ini-

tial premiere, "Gilmore Girls: A Year in the Life" welcomed audiences back to the quirky town of Stars Hollow for more stories and shenanigans, with nearly the entire original cast, including Graham.

The mini-series, which premiered on Netflix in November 2016, picks up 10 years after the events of the series finale. According to Graham, returning as Lorelai Gilmore felt more organic than she anticipated.

"I loved that we were picking up where we were in real time, as opposed to trying to pretend it was sometime earlier," Graham told Variety. "I think, in my life, I had changed. I was more settled in my family life, I had more understanding of what a rare role [Lorelai] had been."

She added, "We had more experience and complexity to bring to these relationships. The show has to grow up a little."

Though the revival still fea-

tures the sharp, rapid-fire dialogue that "Gilmore Girls" is known for, the tone reflects the time in which the Gilmores grew and matured. As Graham puts it, there is something to be said about a mother-daughter relationship that resonates with such a wide audience.

"If you're a fan of the show, it feels like a community that you belong to. It's a place to visit that is unusual and pretty cozy and positive and witty and happy,"

she added.

When asked if another revival was in the works, Graham was vague to spill any pertinent details. However, she did note that new episodes aren't necessary, as there is always something different to experience in Stars Hollow.

"I think you can watch ['Gilmore Girls'] at different stages in your life and catch something different, but no matter what, it's a positive experience," she said.

"Gilmore Girls: A Year in the Life" is now



Lauren Graham

## Astrological Forecast



**ARIES** (March 21-April 19): You may find yourself plagued by uncertainty or pressured by your peers. Focus on necessary tasks in the week ahead and do not be distracted by your own inner feelings of insecurity. Your perseverance will be rewarded.

**TAURUS** (April 20-May 20): Don't back down. In the upcoming week you may find yourself in a situation where someone wants you to cater to his or her selfish needs. Trust that you have shown others will be reciprocated in full.

**GEMINI** (May 21-June 20): You can't please everyone, but you can please yourself. The ambition on your mind this week is entirely achievable. There are plenty of people, in your own home or nearby, eager to help you achieve your goals.

**CANCER** (June 21-July 22): New people or contacts in your life may be fascinating. You may be enamored by a new flame as this week unfolds, but need to wait to see if this latest passion lasts longer than the TV show you are watching this evening.

**LEO** (July 23-Aug. 22): Take the right turn on your career path. In the week ahead you might experience improved working conditions or find satisfaction in a special job. Promises should be kept and obligations should be honored.

**VIRGO** (Aug. 23-Sept. 22): Every quid comes with a quo.

The attitude of give and take always has to begin with giving on both sides. You can exercise your enormous charm in the week ahead to smooth ruffled feathers and set the record straight.

**LIBRA** (Sept. 23-Oct. 22): Your passion can become a pendulum in the week ahead. Your emotions may swing to furthest extremes when challenged to prove your affection. Keep a tight grip on your piggy bank and don't put your pennies in peril.

**SCORPIO** (Oct. 23-Nov. 21): Don't sell yourself short in the week ahead. Fostering a positive attitude can uplift the members

of your household and help them make dreams come true. Be firm and stand up for yourself and loved ones.

**SAGITTARIUS** (Nov. 22-Dec. 21): Be mindful of your manners in the week ahead. Your careful consideration of others will give you the advantage when you are involved in delicate discussions. Ask questions rather than being told what to think.

**CAPRICORN** (Dec. 22-Jan. 19): Build bridges that connect your goals with those of others. This week you can use your charm to impress people and may even seem more skilled than

usual. Be sure to remain discreet if a new lover enters the picture.

**AQUARIUS** (Jan. 20-Feb. 18): Overcome bashfulness and be direct. Warmth and enthusiasm are tools best used to take charge of the social scene or even business activities in the week to come. A new face may be just the one you want to see.

**PISCES** (Feb. 19-March 20): It may be tempting to bring down the hammer on someone who is in error as this week unfolds. However, if you show leniency your kindnesses will be repaid in kind. Double check your addition and subtraction.

## WE ACCEPT VA DENTAL INSURANCE



Juan Andre Gomes, DDS  
Diana Vasquez, DDS

GENERAL DENTISTRY,  
COSMETIC &  
RESTORATIVE DENTISTRY  
We accept  
United Concordia &  
Delta Dental  
Military Retiree

860 Kuhn Dr., Suite 203, Chula Vista, CA. 91914  
619.656.9393 • [www.dentalartdesigns.com](http://www.dentalartdesigns.com)

WESELOH CHEVROLET  
MEMORIAL DAY SUPER SALE

Offers available on most models!

Hours  
May 26-29

FRI 8am-9pm  
SAT 8am-8pm  
SUN 9am-6pm  
MON 9am-7pm

They're back!  
FREE STREET TACOS!  
SAT & SUN 12 NOON-2PM

Offers available on most new & used models, plus the best military discount of any car company!

2017 SILVERADO DOUBLE CAB LT  
\$299/mo  
FOR 36 MO. \$299 DUE AT SIGNING

Only at Weseloh Chevy!

(760)438-1001  
WeselohChevy.com

RISE UP



Eclectic collection of  
Independently owned  
Boutiques  
Eateries  
Services  
nestled in a  
walkable neighborhood

THIRDAVENUEVILLAGE.COM



# USS Midway Museum hosts Legacy Week - May 27-29

The USS Midway Museum is the heart and soul of Memorial Day commemoration in San Diego. The Memorial Day lineup of activities aboard the Midway honors and remembers our heroes as it celebrates our military heritage. Weekend activities and events offer the community an affordable and inspiring way to kick off summer in San Diego.

## Schedule of Events

**Saturday, May 27 Wreath Ceremony - 9am.** You'll want the entire family including the kids to attend this ceremony. A wonderful way to inspire patriotism and appreciation for those who serve. Features include a fly over, guest speakers, retired veterans and tossing of wreaths over the ship. The event is free to the public and admission to the museum following the ceremony is included for Wreath

Ceremony attendees.

**Freedom Concert Featuring Lifehouse - 7:30pm.** This annual charity event will benefit local military non-profits and is a celebration of our Veterans and Military families. Lifehouse, a multi-platinum alt-rock band, will perform live from the flight deck with unparalleled views of the bay at sunset! Don't miss this concert experience unlike any other! Tickets are on sale now at [ticketmaster.com](http://ticketmaster.com) or [midway.org](http://midway.org).

**May 27th - 29th Adventure Discovery Zone - 10am-4pm.** Midway's hangars are transformed into a Discovery Zone including, special exhibits, air wing restoration activities, military equipment, demonstrations and more! A fun hands-on way to learn about various military or-

ganizations and enjoy activities and exhibits that are exclusive to this special weekend only.

**May 28th - 29th Meet the Aviators - 10am-4pm.** Pilots are stationed by each aircraft on the ship and available for questions. A unique opportunity to learn about flying first hand from the experts who piloted the aircraft.

**Memorial Day - May 29 San Diego Blood Bank Blood Drive - 10am-4pm.** Donors receive a free pass to the museum. Walk up to donate blood or schedule your appointment.

**US Coast Guard Auxiliary Band Arizona Performance - 11am & 2:15pm** An exciting opportunity to hear the musical sounds of an amazing ensemble of US Coast Guard Auxiliary

instrumentalists. Performance will take place on the flight deck and is included with museum admission.

**Hero Canvas Project and Ceremony - Ceremony - 12:30pm** Massive canvases of murals painted by schoolchildren from Southern California will be on exhibit on Midway's flight deck. Museum guests will be encouraged to write messages of appreciation to servicemen and women on the murals. Artwork will be gifted to the U.S. Navy in a special Memorial Day Ceremony. Ceremony will include live music, and stellar patriotic dance performances by award winning show choir Music Machine of Bonita Vista High School.

## Facebook Live Broadcasts!

Starting with the Veterans Wreath Ceremony on, May 27th the Midway will broadcast live from the museum throughout the weekend. Be sure to like Midway's Facebook page, subscribe to the live streams and engage as the action happens. Share your stories and thoughts about your heroes on all of Midway's social channels including Facebook, Instagram, and Twitter!



USS Midway Museum is located at 910 N. Harbor Dr, downtown San Diego. For more information visit [www.midway.org](http://www.midway.org) or call (619) 544-9600.

## Poetry continued from page 16

several authors have been attributed to the simple poetry, the true author of the words is officially unknown.

General Butterfield may not have envisioned that the bedtime melody he hummed to his aide along the James River in 1862 would be associated with the tragedy of death. However, the words that accompany "Taps" marry sleep with death in a beautiful metaphor that must offer some comfort to the grief-stricken families of fallen heroes.

Day is done, gone the sun,  
From the hills, from the lake,  
From the skies.

All is well, safely rest,  
God is nigh.

Go to sleep, peaceful sleep,  
May the soldier, or sailor,  
God keep.

On the land, or the deep,  
Safe in sleep.

Love, good night, Must thou  
go,  
When the day, and the night,  
need thee so?  
All is well. Speedeth all  
To their rest.

Fades the light; and afar,  
Goeth day, and the stars,  
shineth bright.

Fare thee well; day has gone,  
Night is on.

Thanks and praise, for our  
days,

'Neath the sun, 'neath the  
stars, 'neath the sky,  
As we go, this we know,  
God is nigh.

That night in 1981, after two flat misfires echoed from my bugle into the dusk, I finally made the high G note. As I finished the song, I felt as if I might cry. Unsure if it was selfish pride or something else, the melancholy tune tugged dolefully at my heart.

At age 15, I didn't know that "Taps" had accompanied the burial of countless fallen American military heroes. But undeniably, the notes conveyed a sense of something simple, yet complex. Something ceasing, yet eternal. Something comforting, yet sorrowful.

The tragic yet peaceful call of "lights out."

# Dining Directory

**SLICES**  
**2/\$5**

**RIB DINNER**  
**W/FRIES & SODA**  
**\$8.95**

**619-231-4499**

**WE DELIVER**

**10% Military Discount**

**3/4 LB. BURGER**  
**FRIES & A SODA**  
**\$7.95**

**One small pizza, 2 toppings plus fries or salad, plus 2 drinks.**  
**\$9.99**

**ORDER ONLINE**  
[www.sdsunnypizza.com](http://www.sdsunnypizza.com)

**3156 Main St, San Diego**  
Across the street from 32nd St Base (Dryside)

HOURS: OPEN 7 DAYS • Mon-Fri 11am to 2am • Sat & Sun 5pm to 2am

**PHILADELPHIA SANDWICH COMPANY**

**NEW LOCATION**

6904 Miramar Rd. • San Diego  
858-693-0047 • (Behind Denny's)

**10%**  
**MILITARY**  
**DISCOUNT**

with this ad

**PHO 7 COW**

[www.pho7cow.com](http://www.pho7cow.com)

**GRAND OPENING**

1025 Plaza Blvd.  
National City, CA. 91950  
619-512-1549

**Pho Cow Cali**

9170 Mira Mesa Blvd.  
San Diego, Ca. 92126  
858-271-8341

*Same great food & service as Pho Cow Cali in Mira Mesa now in National City*

**Military Family Discount**  
**15% Off**  
the total bill.

[www.PHO7COW.COM](http://www.PHO7COW.COM)

**Filet Mignon**  
**\$8.95**

# El Indio

Mexican Restaurant & Catering  
Family Owned & Operated Since 1940

## "Best Mexican Food in San Diego"

3695 India Street • [www.elindiosandiego.com](http://www.elindiosandiego.com) • 619-299-0333

**Free Parking! 10% Military Discount**

# LOCAL ATTRACTIONS

## HERO MONDAYS

**\$6 All day admission**  
for military on Mondays  
(excludes holidays)

**619-456-2474**

Terms & conditions: Coupon cannot be used in conjunction with any other offer or discount. Max. one coupon per visit.

**11655 Riverside Dr., Lakeside #155-157**  
[www.funbelievableplay.com](http://www.funbelievableplay.com)

**BREWERY TOURS**  
of SAN DIEGO

Visit 5 Sample & Award Winning Breweries in "America's Great City"

Public & Private Tours Available

- 2 Days a Week
- Day & Night
- Free San Diego Beer

**New Offering**  
Military Journal

619.961.7999 | [brewerytoursandiego.com](http://brewerytoursandiego.com)

# Discover your adventure at the Great Navy Campout this summer

by Janay Powell

Navy Morale, Welfare and Recreation (MWR) is partnering with the National Wildlife Federation to host its second annual Great Navy Campout June 24-Sept. 3.

Sailors and their family members are encouraged to take this fun, summer-long camping pledge and enjoy some of nature's most scenic campsites on Navy installations, which can offer soaring mountain views, pristine beaches, and crystal-clear lakes. The Great Navy Campout coincides with the National Wildlife Federation's Great American Campout, and aims to inspire participants of all levels to hit the trail and get active.

"We participated in the campout event last year and everyone seemed to really enjoy themselves," said Karen Schulman, MWR community recreation programmer, Southwest Region. "Every so often, people who participated would come up to me and ask if we are doing it again. We are definitely participating this year!"

Eligible patrons can stay at a Navy Getaway's campground, recreation vehicle (RV) park, vacation rental, or a state/national park. They also can rent a tent from Navy MWR Community Recreation or get help pitching their own tent. Navy MWR can supply all the gear they will need for a wonderful camping

experience.

"Our vision this year is to have a summer camp feel in one day for all ages," added Schulman.

Customers are encouraged to learn more about what it takes to go into the wild by attending a Navy MWR Community Recreation leisure skills class such as stand-up paddle boarding, kayaking, Camping 101, and more. Select MWR locations also will hold events such as family bonfires, outdoor movies, night hikes, and gourmet s'mores making.

Sailors and families can experience different worldwide camping adventures throughout more than 58 participating Navy locations. Jim Creek Navy Community Recreation Area in the Northwest Region, for example, is holding a week-end-long celebration from June 23-25. Participants will learn the basics of camping, enjoy roasted marshmallows, catch an outdoor movie, and have a chance to win free camping gear. For more information, visit <http://jimcreek.navylifepnw.com>.

"An important part of our mission is to deliver customer-driven, quality of life programs and services to our Sailors and families," said Patty Owens, community recreation program analyst at Navy Installations Command. "Outdoor enthusiast or not, you can get involved. The Great Navy Campout provides a unique way to explore the out-

doors and nature this summer. I encourage everyone to discover their adventure!"

To join in on the fun, visit your local Navy Community Recreation office for more details. Navy Getaways' campgrounds, RV parks and vacation rentals are located worldwide, offering the perfect place to stay, play, and relax! For more information and reservations, visit [www.navygetaways.com](http://www.navygetaways.com) or call 1-877-NAVY-BED (628-9233).

Navy Installations Command is comprised of approximately 52,000 military and civilian personnel worldwide responsible for the operations, maintenance and quality of life programs to support the Navy's fleet, Sailors and their families.

For more about the Navy's shore enterprise, visit: <http://www.cnic.navy.mil>

Follow us on Twitter: <https://twitter.com/CNICHQ>

Join us on Facebook: <https://www.facebook.com/NavyInstallations>

Janay Powell is a contributing writer for the Marketing and Multimedia Development Program under Navy Installations Command.

For more news from Commander, Navy Installations Command, visit [www.navy.mil/local/cni/](http://www.navy.mil/local/cni/).

## Navy facilities host summer campouts at three installations in San Diego

The Community Recreation department of Navy Region Southwest, Fleet & Family Readiness is participating in the Great Navy Campout at three installations in San Diego - Naval Base San Diego, Naval Base Coronado and Naval Base Point Loma.

Each one is taking a month during summer and has a special campout event planned.

**Campout Spectacular - Great Navy Campout** Saturday, June 24, 3 pm to Sunday, June 25, 9 am Admiral Baker Picnic Grounds, Mission Gorge. Deluxe camping package includes campsite, dinner, dessert and breakfast: \$20 Adults/\$12 Kids (3-12 yrs.) Or bring your own food and camp for FREE! Bring your family and friends for a sleepover under the stars. Enjoy music, entertainment, games, crafts and a nighttime flick, The Lego Batman Movie, on our inflatable screen! Camping gear is not included. This is not a drop-off event. Register: NBSD 619-556-9597, NAB 619-437-3190, NBPL 619-553-9138

**Family Campout: Christmas in July** Saturday, July 22-23, 2 pm, \$20 adult/\$12 child (3-12 yrs.) NBPL Main Base, Smuggler's Cove. Enjoy a holiday-themed camping trip with activities for the entire family. Cost includes dinner, dessert and breakfast. Guests are responsible for bringing their own camping gear or can rent from The Clubhouse Recreation Center. Registration required: NBPL 619-553-9138, NAB 619-437-3190, NBSD 619-556-9597

**Breakers Beach Campout** Friday-Saturday, August 18-19, 4 pm, \$20 adult/\$12 child (3-12 yrs.) NASNI, Breakers Beach. Sleep under the stars on the beach! Enjoy music, games and a movie: Boss Baby (PG). Cost includes the fun, dinner, dessert and breakfast. Families supply their own camping gear. This is not a drop-off event. And don't forget to pick up your solar eclipse glasses at the Community Recreation booth to safely enjoy the solar eclipse on 8/21. Registration required: NAB 619-437-3190, NBSD 619-556-9597, NBPL 619-553-9138

## We all like discounts

Too many older Americans lose out on discounts when they shop or go to a restaurant or a movie because they fail to ask whether they are entitled, says the Association of Mature American Citizens. But, 59-year-old entrepreneur Steve Mitchener says his new cell phone app automatically notifies you of available discounts. The app is called Skiddy and it uses GPS technology to alert you when a discount is offered. You'll hear a "ping" when you walk into any of the 260,000 businesses that are currently programmed into the Skiddy application. And, he says he has a team that is constantly look-

ing for new establishments that offer discounts to the over-50 set.

## Take your medicine

Whether it is a visit to out-of-town family and friends or a grand tour, more seniors than ever before feel up to taking a trip, but they should take precautions, says the Association of Mature American Citizens. Top of the list, says AMAC, is to make sure you bring along enough of the medications you take and then some. In fact, make a list of your prescriptions just in case there is an unexpected travel delay and need refills.

2017  
SAN DIEGO  
COUNTY  
FAIR

WHERE *the* WEST is FUN  
presented by  
Albertsons | VONS.

Buy  
DISCOUNT  
TICKETS  
at the  
BASE  
TICKET OFFICE

neither the Navy nor any other part of the Federal Government officially endorses any company, sponsor, or their products or services.

JUNE 2-JULY 4 \* SDFAIR.COM  
closed Mondays (except July 3) & the first three Tuesdays

f y t i p

# TV Listings

## WEEKDAY MORNING/AFTERNOON

| TVData®        | 7:30                 | 8 am         | 8:30           | 9 am                                | 9:30             | 10 am              | 10:30          | 11 am              | 11:30         | 12 pm             | 12:30            | 1 pm                       | 1:30            | 2 pm                    | 2:30                                 | 3 pm                     | 3:30                 | 4 pm                      | 4:30            |
|----------------|----------------------|--------------|----------------|-------------------------------------|------------------|--------------------|----------------|--------------------|---------------|-------------------|------------------|----------------------------|-----------------|-------------------------|--------------------------------------|--------------------------|----------------------|---------------------------|-----------------|
| <b>XETV 6</b>  | Judge Mathis         | Maury        |                | Hot in Cleveland                    | Hot in Cleveland | The 700 Club       |                | The Doctors        |               | Judge Faith       | Paternity Court  | Judge Mathis               |                 | The Robert Irvine Show  |                                      | Maury                    |                      | Maury                     |                 |
| <b>KFMB 8</b>  | CBS This Morning     |              |                | Let's Make a Deal                   |                  | The Price Is Right |                | CBS News 8 at 11AM |               | Judge Judy        | Bold/Beautiful   | The Young and the Restless |                 | The Talk                |                                      | Dr. Phil                 |                      | Judge Judy                | Judge Judy      |
| <b>KGTU 10</b> | Good Morning America |              |                | Live with Kelly and Ryan            |                  | The View           |                | 10News Midday      |               | The Chew          |                  | General Hospital           |                 | T.D. Jakes              |                                      | RightThis-Minute         | RightThis-Minute     | 10News: The Now San Diego |                 |
| <b>KPBS 13</b> | Ready Jet Go!        | Nature Cat   | Curious George | Daniel Tiger                        | Daniel Tiger     | Splash and Bubbles | Sesame Street  | Dinosaur Train     | Peg Plus Cat  | Super Why!        | Thomas & Friends | Sesame Street              | Dinosaur Train  | Wild Kratts             | Arthur                               | Nature Cat               | Ready Jet Go!        | Odd Squad                 | Odd Squad       |
| <b>KNSD 35</b> | Today                |              |                | Today's Take                        |                  | Today              |                | NBC 7 News Midday  |               | Days of our Lives |                  | Access Hollywood Live      |                 | Steve Harvey            |                                      | The Ellen DeGeneres Show |                      | NBC 7 News at 4           | Varied Programs |
| <b>DISN</b>    | Varied Programs      |              |                |                                     |                  | Roadster-Racers    | The Lion Guard | Varied Programs    |               |                   |                  |                            |                 |                         |                                      |                          |                      |                           |                 |
| <b>ESPN</b>    | First Take           |              |                | SportsCenter                        |                  | Outside the Lines  | NFL Live       |                    | NBA: The Jump |                   | SportsNation     | Questionable               | Around the Horn | Pardon the Interruption | SportsCenter With Michael and Jemele | Varied Programs          |                      |                           |                 |
| <b>ESPN2</b>   | SportsCenter         | SportsCenter |                | The Dan Le Batard Show With Stugotz |                  | First Take         |                | NFL Live           |               | Intentional Talk  | Varied Programs  | NBA: The Jump              |                 | Around the Horn         | Pardon the Interruption              | Varied Programs          |                      |                           |                 |
| <b>TLC</b>     | Say Yes: ATL         | Say Yes: ATL | Say Yes: ATL   | Varied Programs                     |                  |                    |                |                    |               |                   |                  |                            | My 600-Lb. Life | Varied Programs         |                                      |                          | Say Yes to the Dress | Varied Programs           |                 |
| <b>USA</b>     | Varied Programs      |              |                |                                     |                  |                    |                |                    |               |                   |                  |                            |                 |                         |                                      |                          |                      |                           |                 |

## MOVIE TIME Playing at theatres near you! Mark your calendars!

# 6/2 WONDER WOMAN

# 6/2 ALL ABOUT THE MONEY

### Wonder Woman

Before she was Wonder Woman, she was Diana, princess of the Amazons, trained to be an unconquerable warrior. Raised on a sheltered island paradise, Diana meets an American pilot who tells her about the massive conflict that's raging in the outside world. Convinced that she can stop the threat, Diana leaves her home for the first time. Fighting alongside men in a war to end all wars, she finally discovers her full powers and true destiny.

**Genre:** Action, Adventure, Fantasy, PG-13  
**Cast:** Gal Gadot, Chris Pine, Connie Nielsen

### All About the Money

Three buddies who have absolutely no training go after a wanted criminal for the reward money.

**Genre:** Action, Comedy  
**Cast:** Eddie Griffin, Blake Freeman, Casper Van Dien, Danny Trejo

## THURSDAY EVENING

MAY 25, 2017

| TVData®        | 5 pm                                   | 5:30                                   | 6 pm   | 6:30   | 7 pm                                   | 7:30                                   | 8 pm                                   | 8:30                                     | 9 pm                                   | 9:30                                   | 10 pm                                  | 10:30                                  | 11 pm                                  | 11:30                                  |
|----------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| <b>XETV 6</b>  | The Insider (N) (CC)                   | The Middle (CC)                        | Mike & Molly (CC)  | Mike & Molly (CC)  | 2 Broke Girls (CC)                     | 2 Broke Girls (CC)                     | Supernatural "Keep Calm and Carry On"  | Supernatural "Mamma Mia" (CC)            | Seinfeld (CC)                          | Seinfeld (CC)                          | The Insider (CC)                       | The King of Queens                     |  |  |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)             | Evening News                           | News   | Ent. Tonight   | Inside Edition (N)                     | Big Bang Theory                        | Superior Donuts (CC)                   | Mom (CC)                                 | Life in Pieces (CC)                    | The Amazing Race (N) (CC)              | News                                   | Late-Colbert                           |  |  |
| <b>KGTU 10</b> | 10News at 5pm (N) (CC)                 | 10News at 6pm (N)                      | World News   | 10News at 7pm (N)  | The List (N) (CC)                      | The Goldbergs (CC)                     | American Housewife                     | Modern Family (CC)                       | Modern Family (CC)                     | blackish (CC)                          | Speechless (CC)                        | 10News at 11pm                         | Jimmy Kimmel                           |  |
| <b>KPBS 13</b> | KPBS Evening                           | Nightly Business                       | World News   | KPBS Evening   | PBS NewsHour (N) (CC)                  | Ken Kramer's                           | A Growing Passion                      | Crossing South (N)                       | Crossing South                         | Midsomer Murders (N) (CC)              | Midsomer Murders                       | Crossing South                         |  |  |
| <b>KNSD 35</b> | NBC 7 News at 5                        | Nightly News                           | NBC 7 News at 6 (N)  | Wheel of Fortune   | Jeopardy! (N) (CC)                     | American Ninja Warrior (N) (CC) (DVS)  | Running Wild With Bear Grylls (N) (CC) | Red Nose Day Poverty-fighting charities. |  | NBC 7 News                             | Tonight Show                           |  |  |  |
| <b>DISN</b>    | Liv and Maddie                         | Liv and Maddie                         | Andi Mack  | Bizaardvark (CC)   | K.C. Undercover                        | Good-Charlie                           | Stuck/Middle                           | Good-Charlie                             | K.C. Undercover                        | K.C. Undercover                        | L & M: Cali Style                      | Bunk'd (CC)                            | Jessie (CC)                            | Jessie (CC)                            |
| <b>ESPN</b>    | College Softball                       |  | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC) |  |  |  | SportsCenter (N) (Live) (CC)           |  | SportsCenter With Scott Van Pelt (N)   |  | SportsCenter (N) (Live) (CC)           |  | SportsCenter (N) (Live) (CC)           |  |
| <b>ESPN2</b>   | E:60 (N)                               |  | 30 for 30 (CC)   |  | NFL Live (CC)                          |  | 30 for 30 Shorts (CC)                  |  | Jalen & Jacoby                         |  | 30 for 30 (CC)                         |  |  |  |
| <b>TLC</b>     | Say Yes to the Dress (CC)              | Nate & Jeremiah by Design (CC)         | My 600-Lb. Life "Joe's Story" (CC)   | My 600-Lb. Life: Super-sized "Joe W. & Pauline" Joe tries to handle pressure. (N) (CC) | Big & Little: Super-sized              |  | My 600-Lb. Life: Super-sized           |  |  |  |  |  |  |  |
| <b>USA</b>     | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC)                                       | Law & Order: Special Victims Unit (CC)   | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC)   | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) | Law & Order: Special Victims Unit (CC) |

## FRIDAY EVENING

MAY 26, 2017

| TVData®        | 5 pm   | 5:30   | 6 pm                             | 6:30               | 7 pm   | 7:30                                 | 8 pm   | 8:30                                       | 9 pm  | 9:30                 | 10 pm                        | 10:30              | 11 pm                        | 11:30              |
|----------------|--|--|----------------------------------|--------------------|--|--------------------------------------|--|--|---|----------------------|------------------------------|--------------------|------------------------------|--------------------|
| <b>XETV 6</b>  | The Insider (N) (CC)   | The Middle (CC)  | Mike & Molly (CC)                | Mike & Molly (CC)  | 2 Broke Girls (CC)   | 2 Broke Girls (CC)                   | Penn & Teller: Fool Us "Here's Moxie!"           | Penn & Teller: Fool Us (CC)                | Seinfeld (CC)   | Seinfeld (CC)        | The Insider (CC)             | The King of Queens |                              |                    |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)   | Evening News   | News                             | Ent. Tonight       | Inside Edition (N)   | MacGyver "Large Blade" (CC)          | Hawaii Five-0 "He Moho Hou" (CC)                 | Blue Bloods "Whistle-blowers" (CC)         | News  | Late-Colbert         |                              |                    |                              |                    |
| <b>KGTU 10</b> | 10News at 5pm (N) (CC)   | 10News at 6pm (N)  | World News                       | 10News at 7pm (N)  | The List (N) (CC)  | Shark Tank (N) (CC)                  | Shark Tank Letters to Santa; winter gloves.      | 20/20 (CC)                                 | 10News at 11pm  | Jimmy Kimmel         |                              |                    |                              |                    |
| <b>KPBS 13</b> | KPBS Evening   | Nightly Business   | World News                       | KPBS Evening       | PBS NewsHour (N) (CC)  | Washington Week                      | Roundtable                                       | The Coroner A teenage girl is left to die. | Death in Paradise "One for the Road"                                  | Live at the Belly Up |                              |                    |                              |                    |
| <b>KNSD 35</b> | NBC 7 News at 5  | Nightly News   | NBC 7 News at 6 (N)              | Wheel of Fortune   | Jeopardy! (N) (CC)   | First Dates "Never Been Kissed" (CC) | Dateline NBC (N) (CC)                            | NBC 7 News                                 | Tonight Show  |                      |                              |                    |                              |                    |
| <b>DISN</b>    | Andi Mack  | Andi Mack  | Andi Mack                        | Andi Mack          | Andi Mack  | Andi Mack                            | Andi Mack  | Andi Mack                                  | Andi Mack   | Andi Mack            | Andi Mack                    | Andi Mack          | Andi Mack                    | Andi Mack          |
| <b>ESPN</b>    | NBA Countdown (N) (Live)   | NBA Basketball Golden State Warriors at San Antonio Spurs. (N) (Live) (CC) |                                  |                    |  |                                      | SportsCenter With Scott Van Pelt (N) (Live) (CC) |  | SportsCenter (N) (Live) (CC)  |                      | SportsCenter (N) (Live) (CC) |                    | SportsCenter (N) (Live) (CC) |                    |
| <b>ESPN2</b>   | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC) |  |                                  |                    | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC) |                                      |  |  | 30 for 30 The rise and fall of USC football under coach Pete Carroll. |                      | Jalen & Jacoby               |                    | NFL Live (N) (CC)            |                    |
| <b>TLC</b>     | Say Yes to the Dress (CC)  | Say Yes to the Dress (CC)  | Girl Starter "Brand It" (N) (CC) | Say Yes, Dress     | Say Yes, Dress   | Say Yes, Dress                       | Say Yes, Dress                                   | Say Yes, Dress                             | Say Yes, Dress  | Say Yes, Dress       | Say Yes, Dress               | Say Yes, Dress     | Say Yes, Dress               | Say Yes, Dress     |
| <b>USA</b>     | Law & Order: Special Victims Unit (CC)                                       | Modern Family (CC)   | Modern Family (CC)               | Modern Family (CC) | Modern Family (CC)   | Modern Family (CC)                   | Modern Family (CC)                               | Modern Family (CC)                         | Modern Family (CC)  | Modern Family (CC)   | Modern Family (CC)           | Modern Family (CC) | Modern Family (CC)           | Modern Family (CC) |

## SATURDAY MORNING/AFTERNOON

MAY 27, 2017

| TVData®        | 7:30                         | 8 am   | 8:30                         | 9 am                                   | 9:30  | 10 am   | 10:30  | 11 am   | 11:30   | 12 pm   | 12:30  | 1 pm                 | 1:30                 | 2 pm                                      | 2:30   | 3 pm   | 3:30                 | 4 pm                   | 4:30                 |  |                    |  |  |  |  |
|----------------|------------------------------|--|------------------------------|--|---|---|--|---|---|---|--|----------------------|----------------------|---|--|--|----------------------|------------------------|----------------------|--|--------------------|--|--|--|--|
| <b>XETV 6</b>  | Dog Whisperer                | Dog Whisperer                                | Dog Whisperer                | Save Our Shelter (CC)                  | Vacation Creation (CC)                        | Save to Win (CC)  | Animal Friends   | Smile USA   | Paid Program  | Paid Program                                  | Paid Program   | Nip&Tuck             | Paid Program         | Smile USA                                 | Paid Program                                 | Paid Program   | Nip&Tuck             | Championship Wrestling |                      |  |                    |  |  |  |  |
| <b>KFMB 8</b>  | Dr. Chris: Pet Vet (N)       | Innovation Nation                            | The Inspectors               | Hidden Heroes (N)                      | The Open Road                                 | Paid Program  | Paid Program   | Arm Wrestling (N) (Part 1 of 3) (CC)  | PGA Tour Golf DEAN & DELUCA Invitational, Third Round. From Colonial Country Club in Fort Worth, Texas. (N) (Live) (CC) | King of the Grill-Wood                        |  | Inside Edition (CC)  | Judge Judy (CC)      | Judge Judy (CC)                           |  |  |                      |                        |                      |  |                    |  |  |  |  |
| <b>KGTU 10</b> | Good Morning                 | 10News This Morning at 8am Saturday (N) (CC) | Jack Hanna                   | Ocean Treks                            | Sea Rescue (N)                                | The Wildlife Docs   | Paid Program   | Paid Program  | PiYo Workout!   | Paid Program                                  | Paid Program   | To Be Announced      | We the Fans          | We the Fans: Section 250 of Soldier Field | Castle A pop star is found dead in an alley. |  |                      |                        |                      |  |                    |  |  |  |  |
| <b>KPBS 13</b> | Daniel Tiger                 | Splash and Bubbles                           | Curious George               | Nature Cat (CC)                        | Ready Jet Go! (E) (CC)                        | ADD and Loving It?! Challenges of ADD and ADHD; adult ADD. (CC)   | R. Steves' Europe                                      | This Old House (N)  | Ask This Old House  | Scandinavian                                  | Simply Ming (N) (CC)   | Test Kitchen         | Cooking School       | Pat's Mexican Table                       | A Growing Passion                            | R. Steves' Europe  | Crossing South       |                        |                      |  |                    |  |  |  |  |
| <b>KNSD 35</b> | NBC 7 News To                | The Voyager                                  | Wilderness Vet (N)           | Journey-Dreyer                         | Heart of a Champion                           | 2017 Senior PGA Championship Third Round. From Trump National Golf Club in Washington, D.C. (N) (Live) (CC) | National Golf Club in Washington, D.C. (N) (Live) (CC) | Track and Field Prefontaine Classic. From Hayward Field in Eugene, Ore. (N) (Live) (CC) | Paid Program  | Paid Program                                  | Paid Program   | Paid Program         | Paid Program         | Paid Program                              | Paid Program                                 | Open House (N)   | Give (N) (CC)        |                        |                      |  |                    |  |  |  |  |
| <b>DISN</b>    | The Lion Guard (CC)          | Roadster-Racers                              | Puppy Dog Pals (CC)          | Elena of Avalor (CC)                   | Tangled Before                                | ★★ Judy Moody and the NOT Bummer Summer (2011) Jordana Beatty. Andi Mack "13" (CC)                          |  | Andi Mack (CC)  | Andi Mack (CC)  | Andi Mack (CC)                                | Andi Mack (CC)   | Andi Mack (CC)       | Bunk'd (CC)          | Stuck in the Middle                       | L & M: Cali Style                            | L & M: Cali Style  | L & M: Cali Style    | L & M: Cali Style      | L & M: Cali Style    |  |                    |  |  |  |  |
| <b>ESPN</b>    | SportsCenter (N) (Live) (CC) |  |                              |  |   | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC)                                |  |   |   |   | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC) |                      |                      |   |  | College Softball   |                      |                        |                      |  |                    |  |  |  |  |
| <b>ESPN2</b>   | 30 for 30 (CC)               |  |                              |  |   | College Lacrosse NCAA Tournament -- Towson vs Ohio State. First semifinal. (N) (Live)                       |  |   |   |   | NCAA Studio Update   |                      |                      |   |  | College Lacrosse NCAA Tournament -- Denver vs Maryland. Second semifinal. (N) (Live) |                      |                        |                      |  | NCAA Studio Update |  |  |  |  |
| <b>TLC</b>     | Lottery Changed              | Lottery Changed My Life (CC)                 | Lottery Changed My Life (CC) | Lottery Changed My Life (CC)           | Lottery Changed My Life (CC)                  | Suddenly Rich "High School Riches" (CC)   | Suddenly Rich A veteran becomes a millionaire.         | Say Yes to the Dress  | Say Yes to the Dress  | Say Yes to the Dress                          | Say Yes to the Dress   | Say Yes to the Dress | Say Yes to the Dress | Say Yes to the Dress                      | Say Yes to the Dress                         | Say Yes to the Dress   | Say Yes to the Dress | Say Yes to the Dress   | Say Yes to the Dress |  |                    |  |  |  |  |
| <b>USA</b>     | Paid Program (CC)            | PiYo Workout! (CC)                           | Paid Program (CC)            | Team Ninja Warrior "Qualifying Week 6" | NCIS A specialist's job leads to murder. (CC) | NCIS A specialist's job leads to murder. (CC)   | NCIS "Troll" A Navy ensign is murdered.                | NCIS A terrorist group buys bombs.  | NCIS The team suffers an emotional loss.  | NCIS Vance and Gibbs partner up in the field. | NCIS A secret society that solves cold cases.                                |                      |                      |   |  |  |                      |                        |                      |  |                    |  |  |  |  |

## SATURDAY EVENING

MAY 27, 2017

| TVData®        | 5 pm                                     | 5:30                                      | 6 pm   | 6:30                                    | 7 pm                                    | 7:30                                    | 8 pm   | 8:30   | 9 pm  | 9:30                         | 10 pm                        | 10:30                        | 11 pm                        | 11:30                        |
|----------------|--|---|--|---|---|---|--|--|---|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>XETV 6</b>  | American Ninja Warrior (CC)              | American Ninja Warrior (CC)               | The Middle (CC)  | The Middle (CC)                         | Mike & Molly (CC)                       | Mike & Molly (CC)                       | 2 Broke Girls (CC)   | 2 Broke Girls (CC)                           | Engagement  | Engagement                   | The King of Queens           | Tosh.0 (CC)                  |                              |                              |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)               | Weekend News                              | News   | Entertainment Tonight (N) (CC)          | Scorpion "Civil War" (CC)               | 48 Hours (N) (CC)                       | 48 Hours (N) (CC)  | 48 Hours (N) (CC)                            | News  | Blue Bloods                  |                              |                              |                              |                              |
| <b>KGTU 10</b> | 10News at 5pm                            | World News                                | 10News at 6pm  | The List (N) (CC)                       | Rookie Blue "Heart & Sparks" (CC)       | To Tell the Truth "Tracee Ellis Ross"   | To Tell the Truth "Mike Tyson" (CC)  | 20/20 (CC)                                   | 10News at 11pm  | Sports XTRA                  |                              |                              |                              |                              |
| <b>KPBS 13</b> | NewsHour Wk                              | KPBS Spectrum                             | The Lawrence Welk Show (N) (CC)  | Keep-Appear                             | Keep-Appear                             | Father Brown "The Crimson Father" (N)   | American Masters "Maya Angelou" Author and activist Maya Angelou. (CC)   | Globe Trekker "Nigeria" (N) (CC)             |   |                              |                              |                              |                              |                              |
| <b>KNSD 35</b> | Heart of a Champion                      | Nightly News                              | NBC 7 News at 6  | Paid Program                            | Wheel of Fortune                        | Jeopardy! (CC)                          | ★★ Fast & Furious 6 (2013, Action) Vin Diesel, Paul Walker. Hobbs offers Dom and crew a full pardon for their help. (CC) | NBC 7 News                                   | Saturday Night Live                                       |                              |                              |                              |                              |                              |
| <b>DISN</b>    | L & M: Cali Style                        | L & M: Cali Style                         | L & M: Cali Style  | L & M: Cali Style                       | Walk the Prank (CC)                     | Walk the Prank (CC)                     | MECH-X4 (CC)   | Lab Rats: Elite                              | ★★ Diary of a Wimpy Kid: Dog Days (2012, Children's) (CC) | Andi Mack                    | Stuck/Middle                 | Bunk'd (CC)                  |                              |                              |
| <b>ESPN</b>    | College Softball                         |   | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC) |   |   |   | Boxing Premier Boxing Champions. (N) (Live)  |  | SportsCenter (N) (Live) (CC)                              |                              | SportsCenter (N) (Live) (CC) |                              | SportsCenter (N) (Live) (CC) |                              |
| <b>ESPN2</b>   | College Softball                         |   | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC) |   |   |   | SEC Storied  |  | DRL Drone Racing (CC)                                     |                              | DRL Drone Racing (CC)        |                              | DRL Drone Racing (CC)        |                              |
| <b>TLC</b>     | Say Yes, Dress                           | Say Yes, Dress                            | Say Yes, Dress   | Say Yes, Dress                          | Say Yes, Dress                          | Say Yes, Dress                          | Say Yes to the Dress UK (N) (CC)   | Nate & Jeremiah by Design (CC)               | Nate & Jeremiah by Design (CC)                            | Say Yes to the Dress UK (CC) | Say Yes to the Dress UK (CC) | Say Yes to the Dress UK (CC) | Say Yes to the Dress UK (CC) | Say Yes to the Dress UK (CC) |
| <b>USA</b>     | NCIS Insurgents in Sudan attack doctors. | NCIS A petty officer says he is innocent. | NCIS Abby's brother falls under suspicion.                                   | NCIS A storm causes power outages. (CC) | NCIS A storm causes power outages. (CC) | NCIS A storm causes power outages. (CC) | NCIS Navy secretary's daughter is abducted.  | NCIS Dr. Cyril Taft finds key evidence. (CC) |   |                              |                              |                              |                              |                              |

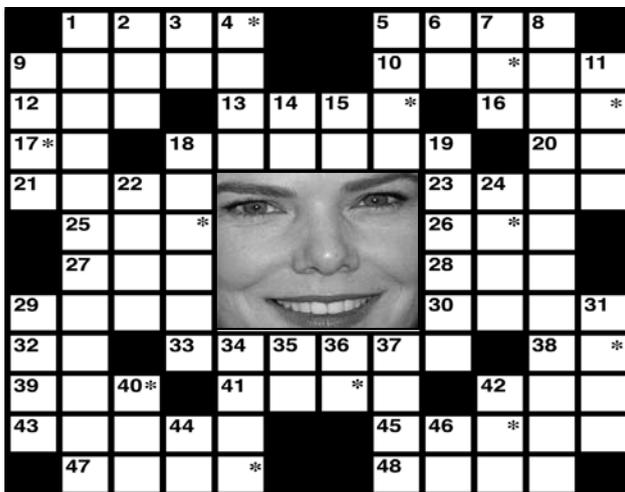
|   |   |   |   |   |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|
|   | 7 |   |   |   | 2 |   |  |  |  |  |  |  |  |  |  |  |  |  |  |
|   |   | 2 |   |   | 4 | 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |   |   | 8 |   | 7 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|   |   |   | 9 |   | 2 |   |  |  |  |  |  |  |  |  |  |  |  |  |  |
|   |   | 1 |   | 7 |   | 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|   |   |   | 3 |   | 4 |   |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 6 |   |   | 3 |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9 | 4 |   |   |   | 7 |   |  |  |  |  |  |  |  |  |  |  |  |  |  |
|   | 8 |   |   |   |   | 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |

# TV Listings

## SUNDAY MORNING/AFTERNOON MAY 28, 2017

| TVData®        | 7:30   | 8 am  | 8:30  | 9 am  | 9:30  | 10 am   | 10:30  | 11 am  | 11:30   | 12 pm  | 12:30  | 1 pm   | 1:30   | 2 pm   | 2:30   | 3 pm   | 3:30   | 4 pm   | 4:30   |
|----------------|--|---|---|---|---|---|--|--|---|--|--|--|--|--|--|--|--|--|--|
| <b>XETV 6</b>  | Paid Program   | Nip&Tuck                                      | Paid Program  | Paid Program                                  | Smile USA                                     | Paid Program  | Paid Program   | Paid Program   | Paid Program  | The Neighborhood SD  | Paid Program   | San Diego  | Paid Program   | The Incredible Dog Challenge Tour (N)  | The Incredible Dog Challenge Tour (N)                      | Home Pro Show  | Raw Travel (CC)  |  |  |
| <b>KFMB 8</b>  | CBS News Sunday Morning (N) (CC)                       | Face the Nation (N) (CC)                      | Paid Program  | Paid Program                                  | Paid Program                                  | Paid Program  | Paid Program   | Arm Wrestling (N) (Part 2 of 3) (CC)                       | PGA Tour Golf DEAN & DELUCA Invitational, Final Round. From Colonial Country Club in Fort Worth, Texas. (N) (Live) (CC) |  |  |  |  |  | Laura McKenzie   | Entertainment Tonight (N) (CC)                             |  |  |  |
| <b>KGTV 10</b> | Good Morning Indianapolis 500 Pre-Race (N) (Live) (CC) | Indianapolis 500 Pre-Race (N) (Live) (CC)     | 2017 Indianapolis 500 From Indianapolis Motor Speedway in Indianapolis. (N) (Live)        |   |   |   |  |  | World of X Games (N)  |  |  |  | Rock the Park (N)  | Outback Adventures   | Paid Program   | Castle A magazine employee is found dead. (N)              | This Week With George Stephanopoulos (N)                   |  |  |
| <b>KPBS 15</b> | Daniel Tiger   | Splash and Bubbles                            | Curious George  | Nature Cat (CC)                               | Ready Jet Go! (EI)                            | Washington Week (N)   | KPBS Roundtable  | Charlie Rose   | Inside CA Education   | School, Inc. Successful private schools. (N) (CC)          | Return to Normandy   | <b>The Last Ring Home</b>                                  | Hallowed Grounds (N) (CC)                                  | Sinking of an Aircraft Carrier (N) (CC)  | Ken Kramer's S.D.  | Historic Places  |  |  |  |
| <b>KNSD 35</b> | NBC 7 News To  | Meet the Press (N) (CC)                       | 2017 French Open Tennis First Round. From Roland Garros Stadium in Paris. (N) (Live) (CC) |   |   |   |  |  | 2017 Senior PGA Championship Final Round. From Trump National Golf Club in Washington, D.C. (N) (Live) (CC)             |  |  |  | COMFORT, BALANCE   | Graham Bensinger   | Access Hollywood (N) (CC)                                  |  |  |  |  |
| <b>DISN</b>    | The Lion Guard (N)                                     | Roadster Racers                               | Puppy Dog Pals (N)  | Elena of Avalor (N)                           | <b>Tangled Before</b>                         | ★★ <b>Diary of a Wimpy Kid: Dog Days</b> (2012) Zachary Gordon. (N) |  |  | Andi Mack (N) (CC)  | Andi Mack (N) (CC)   | Andi Mack (N) (CC)   | Andi Mack (N) (CC)   | Andi Mack (N) (CC)   | Stuck in the Middle  | Bunk'd (N) (CC)  | Bizaardvark (N) (CC)                                       | Bizaardvark (N) (CC)                                       | Bizaardvark (N) (CC)                                       | Bizaardvark (N) (CC)                                       |
| <b>ESPN</b>    | SportsCenter (N) (Live) (CC)                           |   |   |   |   |   |  |  | College Softball NCAA Tournament, Super Regional: Teams TBA. (N) (Live) (CC)  |  |  |  |  | MLS Soccer New York City FC at Atlanta United FC. From Bobby Dodd Stadium in Atlanta. (N) (Live) |  | SportsCenter (N) (Live) (CC)                               |  |  |  |
| <b>ESPN2</b>   | E:60 (N)   | 30 for 30 (CC)                                |   |   |   |   |  |  | College Baseball ACC Tournament, Final: Teams TBA. (N) (Live)   |  |  |  |  |  |  | SportsCenter (N) (Live) (CC)                               |  |  |  |
| <b>TLC</b>     | Four Weddings Guard (N)                                | Four Weddings Micaela mixes a unity cocktail. | Four Weddings "... And an Army Salute" (CC)   | Four Weddings "... And a Surprise Bride" (CC) | Four Weddings Michele; Amber; Kathryn; Heidi. | Four Weddings "... And a Rock Club" (N) (CC)                        | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC)  | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC)                                       | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) | Four Weddings "... And a Little People, Big World (N) (CC) |
| <b>USA</b>     | David Jeremiah (N)                                     | In Touch                                      | Joel Osteen (CC)  | Inside the FBI: New York "Global Fight"       | Law & Order: Special Victims Unit (N)         | Law & Order: Special Victims Unit (N)                               | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)   | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)  | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      | Law & Order: Special Victims Unit (N)                      |

## CROSSWORD PUZZLE



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

### ACROSS

- Colin Hanks' role on "Life in Pieces"
- Kermit, for one
- Meredith \_\_\_; "NCIS: New Orleans" role, once
- Actress Teri and her family "I \_\_\_ 3 Lives" (1953-56)
- "Poor Little \_\_\_ Girl"; Shirley Temple movie
- Snakelike fish
- "Rocky" production co.
- Role on "Mom"
- Greeting from Stallone
- Ending for Paul or Ann \_\_\_ "Man Standing"
- Suffix for sand or wind
- Ortiz of "Ugly Betty"
- Unpleasant spouse
- Hampton or Holiday
- Eric of Monty Python
- Actor McDonough
- "Lie \_\_\_ Me" (2009-11)
- "Little House on the Prairie" role
- Casual farewell
- Doug Savant's role on "Desperate Housewives"
- "Let's Make a \_\_\_"
- Pea casing
- "The Suze \_\_\_ Show" (2002-15)
- "\_\_\_ of the State"; 1998 Will Smith film
- Actress Ward
- Alexis Bledel's "Gilmore Girls" role

### DOWN

- "The \_\_\_ \_\_\_"; Joel McHale sitcom
- Stewart or Serling
- O'Neill of "Modern Family"
- Hearty sandwich

- E followers
- Acuff's initials
- Unprocessed mineral
- Medical drama series (2)
- "NYPD \_\_\_"
- Job opening
- "WKRP \_\_\_ Cincinnati"
- Initials for the star of "Walker, Texas Ranger"
- Star of "Murphy Brown"
- Role on "Seinfeld"
- Dark greenish-blue
- Ruth-\_\_\_ Miller; role on "Northern Exposure"
- "Leave \_\_\_ Beaver"
- Disney's "\_\_\_ and the Tramp"
- \_\_\_ Garrett; Charlotte Rae's role on "The Facts of Life"
- "\_\_\_ Mans"; 1971 Steve McQueen movie
- "\_\_\_ Femme Nikita"
- Robert of "The Sopranos"
- Butterfly or Bovary; abbr.
- Prefix for cent or chance
- Weird \_\_\_ Yankovic
- Word in the title of Howie Mandel's game show



## SUNDAY EVENING MAY 28, 2017

| TVData®        | 5 pm  | 5:30  | 6 pm                                  | 6:30                                     | 7 pm  | 7:30                                  | 8 pm  | 8:30                                  | 9 pm  | 9:30                                  | 10 pm                                 | 10:30                                 | 11 pm                                 | 11:30           |
|----------------|---|---|---------------------------------------|--|---|---------------------------------------|---|---------------------------------------|---|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|-----------------|
| <b>XETV 6</b>  | Horizon   | Just for Laughs   | Just for Laughs                       | Just for Laughs                          | Just for Laughs   | The Middle (CC)                       | Mike & Molly (N)  | Mike & Molly (N)                      | 2 Broke Girls (N)   | 2 Broke Girls (N)                     | Seinfeld (N) (CC)                     | Seinfeld (N) (CC)                     | The King of Queens                    | Tosh.0 (N) (CC) |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)  | Weekend News  | News                                  | 60 Minutes (N) (CC)                      | NCIS: Los Angeles (N) (CC) (DVS)                                | Madam Secretary "Sea Change" (CC)     | Elementary "Folie A Deux" (N) (CC)  | News                                  | Blue Bloods   |                                       |                                       |                                       |                                       |                 |
| <b>KGTV 10</b> | 10News at 5pm   | World News  | 10News at 6pm                         | RightThisMinute (N)                      | America's Funniest Home Videos (CC)                             | America's Funniest Home Videos (CC)   | The Bachelorette Rachel meets the bachelors. (N)                                | 10News at 11pm                        | Sports XTRA   |                                       |                                       |                                       |                                       |                 |
| <b>KPBS 15</b> | NewsHour Wk   | SciTech Now (N)   | Father Brown "The Crimson Father" (N) | A Place to Call Home "World's Apart" (N) | National Memorial Day Concert Concert honors the U.S. military. | Vietnam War                           | National Memorial Day Concert Concert honors the U.S. military.                 |                                       |   |                                       |                                       |                                       |                                       |                 |
| <b>KNSD 35</b> | Politically Speaking  | Nightly News  | NBC 7 News at 6                       | COMFORT                                  | Dateline NBC (N) (CC)   | American Ninja Warrior (N) (CC) (DVS) | American Ninja Warrior "All Stars" Teams selected by Matt and Akbar battle. (N) | NBC 7 News                            | Sportswrap  |                                       |                                       |                                       |                                       |                 |
| <b>DISN</b>    | Bizaardvark (N)   | Bizaardvark (N)   | Bizaardvark (N)                       | Tangled: The Se                          | Stuck/Middle  | Andi Mack                             | K.C. Undercover   | Bizaardvark (N)                       | <b>Bad Hair Day</b> (2015) Laura Marano, Leigh-Allyn Baker. (N) | K.C. Undercover                       | Bizaardvark (N)                       | Mickey Mouse (N)                      |                                       |                 |
| <b>ESPN</b>    | NBA Countdown (N) (Live)  | NBA Basketball San Antonio Spurs at Golden State Warriors. Western Conference Finals, Game 7. (If necessary). |                                       |  |   |                                       | SportsCenter With Scott Van Pelt (N) (Live) (CC)                                |                                       |   |                                       |                                       |                                       |                                       |                 |
| <b>ESPN2</b>   | MLB Baseball New York Mets at Pittsburgh Pirates. From PNC Park in Pittsburgh. (N) (Live) |   |                                       |  |   |                                       | SportsCenter (N)  | E:60                                  | ESPN FC (N) (CC)  | 30 for 30 Shorts                      | MLB Baseball: Mets at Pirates         |                                       |                                       |                 |
| <b>TLC</b>     | Little People, Big World (N) (CC)   | Return to Amish: Extra Chapter "From Here to Maternity" (N) (CC)  |                                       |  |   |                                       | Return to Amish "Chasing Rober" Sabrina has a custody hearing. (N) (CC)         |                                       |   |                                       |                                       |                                       |                                       |                 |
| <b>USA</b>     | Law & Order: Special Victims Unit (N)   | Law & Order: Special Victims Unit (N)   | Law & Order: Special Victims Unit (N) | Law & Order: Special Victims Unit (N)    | Law & Order: Special Victims Unit (N)                           | Law & Order: Special Victims Unit (N) | Law & Order: Special Victims Unit (N)   | Law & Order: Special Victims Unit (N) | Law & Order: Special Victims Unit (N)                           | Law & Order: Special Victims Unit (N) | Law & Order: Special Victims Unit (N) | Law & Order: Special Victims Unit (N) | Law & Order: Special Victims Unit (N) |                 |

## MONDAY EVENING MAY 29, 2017

| TVData®        | 5 pm  | 5:30              | 6 pm             | 6:30              | 7 pm   | 7:30   | 8 pm  | 8:30                                      | 9 pm                                  | 9:30                               | 10 pm                                    | 10:30                        | 11 pm                                  | 11:30 |
|----------------|---|-------------------|------------------|-------------------|--|--|---|---|---------------------------------------|------------------------------------|--|------------------------------|--|-------|
| <b>XETV 6</b>  | The Insider (N) (CC)  | The Middle (CC)   | Mike & Molly (N) | Mike & Molly (N)  | 2 Broke Girls (N)  | 2 Broke Girls (N)  | Supergirl "The Adventures of Supergirl" (N)     | Whose Line Is It? (N)                     | Whose Line Is It? (N)                 | Seinfeld (N) (CC)                  | Seinfeld (N) (CC)                        | The Insider (CC)             | The King of Queens                     |       |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)                                    | Evening News      | News             | Ent. Tonight      | Inside Edition (N)   | Kevin Can Wait (N)   | Man With a Plan (N)                             | Superior Donuts (N)                       | 2 Broke Girls (N)                     | Scorpion "More Civil War" (N) (CC) | News                                     | Late-Colbert                 |  |       |
| <b>KGTV 10</b> | 10News at 5pm (N) (CC)  | 10News at 6pm (N) | World News       | 10News at 7pm (N) | The List (N) (CC)  | The Bachelorette (N) (CC)  |   |   |                                       |                                    | Still Star-Crossed (Series Premiere) (N) | 10News at 11pm               | Jimmy Kimmel                           |       |
| <b>KPBS 15</b> | KPBS Evening  | Nightly Business  | World News       | KPBS Evening      | PBS NewsHour (N) (CC)  | Antiques Roadshow "Orlando" (N) (CC)                                       | Antiques Roadshow "Boston" (CC)                 | Secrets of Great British Castles (N) (CC) | Independent Lens "Farmer/Veteran" (N) |                                    |  |                              |  |       |
| <b>KNSD 35</b> | 2017 Stanley Cup Final Game 1: Teams TBA. (N) (Live) (CC)     |                   |                  |                   |  | NBC 7 News Special Edition   | Wheel of Fortune                                | Jeopardy! (N) (CC)                        | Dateline NBC (N) (CC)                 | NBC 7 News                         | Tonight Show                             |                              |  |       |
| <b>DISN</b>    | Stuck/Middle  | Stuck/Middle      | Stuck/Middle     | Stuck/Middle      | Stuck/Middle   | Stuck/Middle   | Andi Mack                                       | Andi Mack                                 | Andi Mack                             | Andi Mack                          | Andi Mack                                | Andi Mack                    | Andi Mack                              |       |
| <b>ESPN</b>    | MLB Baseball Detroit Tigers at Kansas City Royals. (N) (Live) |                   |                  |                   |  |  | SportsCenter (N) (Live) (CC)                    | SportsCenter With Scott Van Pelt (N)      | SportsCenter (N) (Live) (CC)          | SportsCenter (N) (Live) (CC)       | SportsCenter (N) (Live) (CC)             | SportsCenter (N) (Live) (CC) | SportsCenter (N) (Live) (CC)           |       |
| <b>ESPN2</b>   | E:60  | E:60              |                  |                   | 30 for 30 (CC)   |  |   | E:60                                      | Jalen & Jacoby                        | 30 for 30 Shorts                   | MLB Baseball: Tigers at Royals           |                              |  |       |
| <b>TLC</b>     | Say Yes, Dress  | Say Yes, Dress    | Say Yes, Dress   | Say Yes, Dress    | My 600-Lb. Life "Steven and Justin's Story, Part 1" Two brothers can't stand each other. | My 600-Lb. Life After a year, neither brother improves. (Part 2 of 2) (CC) |   |   |                                       |                                    |  |                              |  |       |
| <b>USA</b>     | Chrisley Knows  | Chrisley Knows    | Chrisley Knows   | Chrisley Knows    | Chrisley Knows   | Chrisley Knows   | WWE Monday Night RAW (N Same-day Tape) (N) (CC) |   |                                       |                                    |  |                              | Friday Night Tykes: Steel Country (CC) |       |

## TUESDAY EVENING MAY 30, 2017

| TVData®        | 5 pm  | 5:30              | 6 pm                | 6:30              | 7 pm   | 7:30  | 8 pm  | 8:30  | 9 pm                              | 9:30                         | 10 pm                             | 10:30                             | 11 pm                             | 11:30           |
|----------------|---|-------------------|---------------------|-------------------|--|---|---|---|-----------------------------------|------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------|
| <b>XETV 6</b>  | The Insider (N) (CC)  | The Middle (CC)   | Mike & Molly (N)    | Mike & Molly (N)  | 2 Broke Girls (N)                            | 2 Broke Girls (N)                               | The Flash "Flashpoint" (N) (CC)                             | iZombie A dungeon master is murdered.                             | Seinfeld (N) (CC)                 | Seinfeld (N) (CC)            | The Insider (CC)                  | The King of Queens                |                                   |                 |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)  | Evening News      | News                | Ent. Tonight      | Inside Edition (N)                           | NCIS A petty officer is murdered. (N)           | Bull Dr. Jason Bull's trial consulting firm.                | 48 Hours: NCIS (N) (CC)   | News                              | Late-Colbert                 |                                   |                                   |                                   |                 |
| <b>KGTV 10</b> | 10News at 5pm (N) (CC)  | 10News at 6pm (N) | World News          | 10News at 7pm (N) | The List (N) (CC)                            | Downward Dog (N)                                | The Middle  | American Housewife  | Imaginary Mary (N)                | American Housewife           | blackish (N)                      | 10News at 11pm                    | Jimmy Kimmel                      |                 |
| <b>KPBS 15</b> | KPBS Evening  | Nightly Business  | World News          | KPBS Evening      | PBS NewsHour (N) (CC)                        | Victorian Slum House "The 1900s" (CC)           | American Epic Diversity contributes to musical styles. (CC) | Frontline "Being Mortal" Caring for terminally ill patients. (CC) |                                   |                              |                                   |                                   |                                   |                 |
| <b>KNSD 35</b> | NBC 7 News at 5   | Nightly News      | NBC 7 News at 6 (N) | Wheel of Fortune  | Jeopardy! (N) (CC)                           | America's Got Talent (Season Premiere) (N) (CC) | World of Dance "The Qualifiers 1" (CC)                      | NBC 7 News  | Tonight Show                      |                              |                                   |                                   |                                   |                 |
| <b>DISN</b>    | Stuck/Middle  | Bunk'd (N) (CC)   | Jessie (N) (CC)     | K.C. Undercover   | K.C. Undercover                              | Bizaardvark (N)                                 | Stuck/Middle  | Andi Mack   | Liv and Maddie                    | Liv and Maddie               | K.C. Undercover                   | K.C. Undercover                   | Bunk'd (N) (CC)                   | Tangled: The Se |
| <b>ESPN</b>    | MLB Baseball Los Angeles Dodgers at St. Louis Cardinals. (N) (Live) |                   |                     |                   |  |   | SportsCenter (N) (Live) (CC)                                | SportsCenter (N) (Live) (CC)                                      | SportsCenter (N) (Live) (CC)      | SportsCenter (N) (Live) (CC) | SportsCenter (N) (Live) (CC)      | SportsCenter (N) (Live) (CC)      | SportsCenter (N) (Live) (CC)      |                 |
| <b>ESPN2</b>   | WNBA Basketball: Sparks at Liberty                                  | E:60              |                     |                   |  |   | SportsCenter (N) (Live) (CC)                                | SportsCenter (N) (Live) (CC)                                      | SportsCenter (N) (Live) (CC)      | Jalen & Jacoby               | NFL Live (CC)                     | Jalen & Jacoby                    |                                   |                 |
| <b>TLC</b>     | Say Yes, Dress  | Say Yes, Dress    | Say Yes, Dress      | Say Yes, Dress    | 7 Little Johnstons "I Just Tinkled" (N) (CC) | Little People, Big World: Back to the           | Little People, Big World (N) (CC)                           | 7 Little Johnstons (N) (CC)                                       | Little People, Big World (N) (CC) | 7 Little Johnstons (N) (CC)  | Little People, Big World (N) (CC) | Little People, Big World (N) (CC) | Little People, Big World (N) (CC) |                 |
| <b>USA</b>     | NCIS A Navy diver is murdered. (N)                                  | Modern Family (N) | Modern Family (N)   | Modern Family (N) | Modern Family (N)                            | Modern Family (N)                               | WWE SmackDown! (N Same-day Tape) (N) (CC)                   | Team Ninja Warrior "Qualifying Week 7"                            | Chrisley Knows                    | Chrisley Knows               |                                   |                                   |                                   |                 |

## WEDNESDAY EVENING MAY 31, 2017

| TVData®        | 5 pm   | 5:30                                       | 6 pm                                       | 6:30  | 7 pm                                   | 7:30                                       | 8 pm   | 8:30                                 | 9 pm                           | 9:30                         | 10 pm                        | 10:30                        | 11 pm                        | 11:30 |
|----------------|--|--|--|---|--|--|--|--------------------------------------|--------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|-------|
| <b>XETV 6</b>  | The Insider (N) (CC)   | The Middle (CC)                            | Mike & Molly (N)                           | Mike & Molly (N)  | 2 Broke Girls (N)                      | 2 Broke Girls (N)                          | Arrow Oliver struggles to protect Star City. | DC's Legends of Tomorrow (N) (CC)    | Seinfeld (N) (CC)              | Seinfeld (N) (CC)            | The Insider (CC)             | The King of Queens           |                              |       |
| <b>KFMB 8</b>  | CBS News 8 at 5pm (N) (CC)   | Evening News                               | News                                       | Ent. Tonight  | Inside Edition (N)                     | NCIS: Los Angeles (N) (CC) (DVS)           | Original Minds "Keeper"                      | Criminal Minds: Beyond Borders (CC)  | News                           | Late-Colbert                 |                              |                              |                              |       |
| <b>KGTV 10</b> | 10News at 5pm (N) (CC)   | 10News at 6pm (N)                          | World News                                 | 10News at 7pm (N)   | The List (N) (CC)                      | The Goldbergs                              | Speechless (N)                               | Modern Family (N)                    | blackish (N)                   | Still Star-Crossed (N) (CC)  | 10News at 11pm               | Jimmy Kimmel                 |                              |       |
| <b>KPBS 15</b> | KPBS Evening   | Nightly Business                           | World News                                 | KPBS Evening  | PBS NewsHour (N) (CC)                  | Nature The wild mule deer family. (N)      | NOVA "Poisoned Water" (N) (CC)               | Food -- Delicious Science (N) (CC)   | The Crowd & the Cloud (N) (CC) |                              |                              |                              |                              |       |
| <b>KNSD 35</b> | NBC 7 News at 5  | Nightly News                               | NBC 7 News at 6 (N)                        | Wheel of Fortune  | Jeopardy! (N) (CC)                     | Little Big Shots An 8-year-old newscaster. | Carmichael                                   | Carmichael                           | This Is Us "Pilot" (N) (CC)    | NBC 7 News                   | Tonight Show                 |                              |                              |       |
| <b>DISN</b>    | Stuck/Middle   | Tangled: The Se                            | Jessie (N) (CC)                            | K.C. Undercover   | K.C. Undercover                        | Stuck/Middle                               | Andi Mack                                    | Liv and Maddie                       | Liv and Maddie                 | K.C. Undercover              | K.C. Undercover              | Bunk'd (N) (CC)              | Jessie (N) (CC)              |       |
| <b>ESPN</b>    | MLB Baseball Los Angeles Dodgers at St. Louis Cardinals. From Busch Stadium in St. Louis. (N) (Live) |  |  |   |  |  | SportsCenter (N) (Live) (CC)                 | SportsCenter With Scott Van Pelt (N) | SportsCenter (N) (Live) (CC)   | SportsCenter (N) (Live) (CC) | SportsCenter (N) (Live) (CC) | SportsCenter (N) (Live) (CC) | SportsCenter (N) (Live) (CC) |       |
| <b>ESPN2</b>   | NFL Live (CC)  | NBA Finals Preview (N)                     | NBA: The Jump (CC)                         | NBA Finals Preview  | E:60                                   | Jalen & Jacoby                             | NBA Finals Preview                           | Jalen & Jacoby                       |                                |                              |                              |                              |                              |       |
| <b>TLC</b>     | My 600-Lb. Life "Gideon's Story" (CC)  | My 600-Lb. Life "Joe W. & Pauline, Part 1" | My 600-Lb. Life "Joe W. & Pauline, Part 2" | My 600-Lb. Life "Laura & Chay" (Season Finale) Surgery nearly kills Laura. (N) (CC) | Big & Little "Don't Want a Freak Show" | My 600-Lb. Life "Laura & Chay" (N) (CC)    |  |                                      |                                |                              |                              |                              |                              |       |
| <b>USA</b>     | NCIS Dinzzo's father helps investigate. (N)  | Chrisley Knows                             | Chrisley Knows                             | Chrisley Knows  | Chrisley Knows                         | Chrisley Knows                             | Chrisley Knows                               | Chrisley Knows                       | Chrisley Knows                 | Chrisley Knows               | Chrisley Knows               | Chrisley Knows               | Chrisley Knows               |       |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 7 | 9 | 1 | 4 | 6 | 5 | 2 | 3 |
| 6 | 1 | 2 | 7 | 5 | 3 | 9 | 4 | 8 |
| 5 | 3 | 4 | 2 | 8 | 9 | 6 | 7 | 1 |
| 3 | 5 | 8 | 9 | 6 | 2 | 4 | 1 | 7 |
| 4 | 9 | 1 | 8 | 7 | 5 | 3 | 6 | 2 |
| 7 | 2 | 6 | 3 | 1 | 4 | 8 | 5 | 9 |
| 1 | 6 | 7 | 4 | 3 | 8 | 2 | 9 | 5 |
| 9 | 4 | 3 | 5 | 2 | 1 | 7 | 8 | 6 |
| 2 | 8 | 5 | 6 | 9 | 7 | 1 | 3 | 4 |

# On Base & On Board

**Summer Swim Lessons** Affordable, private, semi-private and group lessons are available for all ages. • Balboa Athletic Complex Pool, NMCSD, Bldg. 12, 619-532-6080 • NBSD Admiral Prout Pool, Bldg. 3279, 619-520-3048 • NBPL, Main Base Pool, Bldg. 1, 619-553-0934 • VADM Martin Pool, NASNI, Bldg. 1507, 619-545-2877

**Summer Day Camp** CYP summer camp offers your child, 5-12 years of age, high learning activities, small group clubs, meals, FREE field trips and "on the spot" fun! Additional core programs include: sports, fitness, arts, character and leadership, education and career, and healthy lifestyles. For full day camp details visit or call the Youth Center near you. Admiral Hartman, 858-270-2060, Bayview Hills, 619-267-2018, Chesterton, 858-268-2252, Gateway Village, 619-225-5628, Murphy Canyon, 858-268-2828, Silver Strand, 619-435-5056, and Village at Serra Mesa, 858-571-3853 or register today at [www.militarychildcare.com](http://www.militarychildcare.com).

**Summer Kick Off Pool Party** Friday, May 26, 5:30 pm, FREE Balboa Athletic Complex Pool, NMCSD, Bldg. 12 Bring your pool floaties to start summer off with a splash! Register today! Call 619-532-6080.

**Family BINGO Night** Friday, May 26, 6-8 pm, \$5 (12 yrs.+ ) NAB Community Recreation Center, Bldg. 337 Back by popular demand! Fun for the whole family. Cost includes games and dauber. Pizza available for \$1/slice. Limited space, make your reservation today! Registration required: 619-437-3190

**Summer Kick-Off Party** Saturday, May 27, 1-4 pm, FREE Admiral Baker Pool, Mission Gorge What better way to start summer than with a party! Enjoy swimming, crafts, DJ, games and snacks! Register: 619-556-9597

**SeaWorld Day** Saturday June 3, \$25 (2 and under FREE), plus \$7 parking pass per car (must pre-purchased) SeaWorld, 500 SeaWorld Dr., San Diego, 92109 For a rock bottom price of \$25, enjoy the entire park all day long, plus a picnic buffet in the pavilion from 11 am-12:30 pm. Don't delay...you don't want to miss out on this deal! Purchase tickets through NBSD Tickets & Travel Offices. Info: NBSD 619-556-2174, NBC 619-437-3190, NBPL 619-9138

**Longest Zip Line** Saturday, June 3, time TBD, \$130 Depart from NBPL, Main Base, The Clubhouse, Bldg. 546 We're headed to the La Jolla Indian Reservation for a ride on California's longest zip line! Spectacular views await - mountain peaks, lush green canyons, and rustic steep slopes. Cost includes high adrenaline zip line and transportation. Restrictions apply. Registration required: 619-553-9138

**Daddy Daughter Dance** Sunday, June 4, 4-7 pm, \$20 per person NBSD Anchors Catering & Conference Center, Bldg.3210 Have the best date night with your daughter! Cost includes photo, photo frame craft area and, of course, dancing! Registration required: NBC 619-437-3190, NBSD 619-556-9597, NBPL 619-553-9138

**Liberty's Great American Campout** Saturday-Sunday, June 17-18 It's luxury, coastal yurt camping in the heart of Ventura, CA! Plus, spend the day having fun in the sun with a variety of outdoor activities like standup paddle

**Beachfest**  
Saturday, May 27  
10am-4pm  
FREE

Kick off the summer with great activities and fun opportunities to get on the water. Try everything from outrigger canoes to kayaks and much more!

NBPL,  
Main Base,  
Smuggler's Cove  
Info: 619-553-9138

boarding, surfing, kayaking and beach games. Sign up today at your base Liberty Center or call 619-437-3190. Trip open to single and unaccompanied service members and a guest, 18+.

## HAPPENINGS LISTED FROM PREVIOUS ISSUES....

### BOWLING

**Free Bowling for Active Duty** All active duty personnel bowl FREE every Tuesday from 11 am-1 pm at Sea 'N Air Lanes and Admiral Robinson Recreation Center. For more information call 619-545-7240 or 619-556-7486.

**Monday Madness Bowling** \$1.25 per game, shoe rental \$1.25, hot dog \$1.25, soda \$1.25 Get great these great deals at Admiral Robinson Recreation Center, NBSD, and Sea 'N Air Lanes, NASNI. For more information call 619-556-7486 or 619-545-7240.

**Tuesday Night BOGO** 5 pm-Close Join the fun! Buy one game and get one FREE at Admiral Robinson Recreation Center. For more information call 619-556-7486.

**Thursday Red Pin Prize Night Bowling** 6 pm-Close Enjoy playing various non-skill based games where you can WIN great prizes! Available at Admiral Robinson Recreation Center, NBSD, and Sea 'N Air Lanes, NASNI. For more information call 619-556-7486 or 619-545-7240.

### COMMUNITY RECREATION

**Kids Craft & Movie: Flower Pot Pens** Saturday, May 27, 10 am, FREE

(8 yrs.+ ) NAB Community Recreation Center, Bldg. 337 Movie: Alvin and the Chipmunks: The Road Chip (PG) Registration required: 619-437-3190

**"How To" Tuesday: Lei Making for Grads** Tuesday, May 30, 6 pm, \$5 (12 yrs.+ ) Pick up your craft kit May 26-30 at the NASNI or NAB Ticket Office and tune into our Facebook Live Craft Class at 6 pm from the comfort of your own home. Info: 619-437-3190

**Storytime & Craft** Thursday, June 1, 10-11 am, FREE (3-5 yrs.) Murphy Canyon Kids Connection, 3493 Santo Road Join us for toddler storytime and craft. This month's theme is "If You Give a Mouse a Cookie." All supplies included. Register: 619-556-9597

**San Diego County Fair Outing** Friday, June 2, 3 pm, FREE Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar, 92014 It's opening day of the San Diego County Fair. Stop by the Waterfront Tickets & Travel Office to get your FREE opening day ticket while supplies last. Info: 619-556-2174

**Kayak 101** Saturday, June 3, 9-11 am, \$10 advance registration/\$15 day of NBPL, Main Base, Smuggler's Cove Join our friendly and professional staff as we cover kayak technique and safety. Afterwards, it's onto the water for a free paddle to practice your newly acquired skills. Registration required: 619-553-9138

### LIBERTY

**Three Sisters Waterfall Hike** Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Q-Zone, NAB: 619-437-3190 Saturday, May 27 • 10 am • FREE Join Q-Zone for a beautiful, moderately difficult, 4-mile, waterfall-filled hike.

**Driving Range** Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. The RECYARD, NBSD: 619-556-5078 Saturday, May 27 • 8 am • \$15 Practice your swing at our wonderful Admiral Baker driving range! Cost includes transportation, admission and lunch.

**Movie Trip: Wonder Woman** Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. VADM Martin Liberty Center, NASNI: 619-545-3331 Thursday, June 1 5 pm \$13.50 Cost includes transportation, admission and small popcorn.

**San Diego County Fair** Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Q-Zone, NAB: 619-437-3190 Friday, June 2 • 3:30 pm • FREE active/\$TBA guest Grab your cowboy hat, pull on your boots, and ride on over to the best fair in town!

**Safari Park Adventure** Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Liberty Center, NMCSD: 619-532-8909 Saturday, June 3 • 9:30 am • \$5 active/\$47 guest Back by popular demand! Space is limited. Sign up now!

### SPORTS & FITNESS

**You are Worth It!** An MWR massage is the perfect addition to your healthy body, mind and spirit routine in 2015. Call for an appointment today! NMCSD, Bldg. 26 1B, 619-532-7629 NBSD, Bldg. 223, 619-556-7450 NBPL, Main Base, Bldg. 1, 619-553-7552 NAB, Bldg. 162, 619-437-2186 NASNI, Bldg. 1507, 619-545-0237

**BRAD PAISLEY**  
Live in Concert  
Summer 2017

SPECIAL GUESTS  
DUSTIN LYNCH  
CHASE BRYANT  
& LINDSAY ELL

Friday, June 23

MATTRESS FIRM AMPHITHEATRE

Sycuan citi MATTRESS FIRM LIVE NATION KSON-FM

PURCHASE TICKETS AT [LIVENATION.COM](http://LIVENATION.COM) OR CHARGE BY PHONE AT 800.745.3000

FOLLOW [Facebook](https://www.facebook.com/bradpaisley) [Instagram](https://www.instagram.com/bradpaisley) [YouTube](https://www.youtube.com/bradpaisley) [Tumblr](https://www.tumblr.com/bradpaisley) [Pinterest](https://www.pinterest.com/bradpaisley) BRADPAISLEY.COM

LOVE BOUTIQUE  
Spring is in the Air

Make All Your Romantic Dreams Come True  
At The Love Boutique  
Come Check Out Our New Bridal Wear!

**Military Discount 15% Off**  
With valid military ID. Some restrictions may apply. Not valid on any sale items.  
Not valid with other offers or prior purchases. Exp. 6/30/17

2130 Industrial Ct. Vista, CA 92081 | (866) 711-0425  
Shop online at [www.dejavuonline.com](http://www.dejavuonline.com)  
Mon.-Sat. 9am-Midnight, Sun. 11am-10pm

PHO 7 COW  
www.PHO7COW.COM  
1025 Highland Ave.  
National City, CA. 91950  
619-512-1549

Pho Cow Cali  
9170 Mira Mesa Blvd.  
San Diego, Ca. 92126  
858-271-8341

Same great food & service as Pho Cow Cali in Mira Mesa now in National City

Military Family Discount 15% Off the total bill.

www.PHO7COW.COM  
Filet Mignon \$8.95

# AutoMatters & More: Automobiles at the Port of San Diego & 'Pirates of the Caribbean'

AutoMatters™ & More



by Jan Wagner

Back in the heyday of the pirates, shipboard treasures included gold, silver, precious stones and pieces of eight. Today's shipboard treasures include something that those pirates never imagined in their wildest dreams: new automobiles, from Europe and Asia.

## Automobiles at the Port of San Diego

The Ports District consists of five cities: National City, Chula Vista, Coronado, Imperial Beach and San Diego. Recently the Port hosted free, guided bus and boat tours of San Diego's southern waterfront in celebration of Maritime Month.

The theme of the boat tour, aboard a chartered Hornblower cruise (see Hornblower.com) that departed from near the USS Midway Museum, was "Ships Bring Prosperity." Judging by the vast sea of cars that had been unloaded from the massive



Coronado Bay Bridge over San Diego Bay

ocean-going vessels, that statement certainly rings true.

The bus tour departed from beautiful Pepper Park – one of the 22 waterfront parks within the Ports District. Soon, as we drove slowly past thousands of new vehicles, we learned that "we started in 1990 here, transplanted from Long Beach/L.A. because the containers were taking up all the docks." "We have about 500 employees working here. When we started in 1990 we only had 30."

Where do the vehicles go from here? "Most of them are California cars, but we do send some of the vehicles – like we see some Porsches – the Porsches go to the ten western states. Mostly the

Audis and VWs are California cars." "We have a lot of Hyundais here – we do about 100,000 Hyundais a year, and they all go to Texas by rail." "The vessel we saw brought 1,500 vehicles from Europe: "Audis, Volkswagens, 756 Porsches" and more.

"Can you imagine if they had full tanks? So they have only enough fumes to make it to their destination... usually about two gallons max."

"Every job out here is union... You start as a casual. The thing about being longshoremen is you only get to work on the ships, loading and unloading the ships. All those cars, and the loading of the rail cars, and the cars that you see driven around and those

working in the shops – those are all teamsters."

I noticed that many of the vehicles had small solar panels on their dashboards so I asked what they are for. They "keep the voltage at 12.5... you're starting and stopping the vehicle a lot."

## "Pirates of the Caribbean: Dead Men Tell No Tales"

As hard as it may be to believe, despite being a huge Disney fan and having ridden on the "Pirates of the Caribbean" ride many times in Disneyland, and even once at Disneyland Paris, I must be one of the only frequent moviegoers to have never, ever seen a "Pirates of the Caribbean" movie. Have you?

The closest I ever came to seeing Capt. Jack Sparrow in action was during the exciting action sequence in the water and light show at Disney California Adventure's "World of Color" show, which I highly recommend. There is an awesome surprise in store for you there.

I may not have gone to see this newest on-screen adventure either were it not for a chance encounter with Capt. Jack himself. I had driven from San Diego to Hollywood for a business meeting, when I noticed that the street

in front of the Chinese and El Capitan Theaters was blocked off. A crowd was gathering for the Hollywood premiere of "Pirates of the Caribbean: Dead Men Tell No Tales." After my meeting I shot some photos of Johnny Depp from high above in the shopping plaza that overlooked the red carpet ceremony.

Back in San Diego I thoroughly enjoyed a 3-D screening of the film. It stands on its own and does not require a previous knowledge of the other films. As the title suggests, there are indeed dead men walking and fighting, as well as epic battles at sea, sharks, harrowing escapes (from the sharks!), wenches and drunken sailors (including

a comically endearing Captain Jack Sparrow) – all intricately woven into a story that is an exquisitely crafted blend of humor, adventure, skullduggery and romance. The special effects will amaze you. After the closing credits there is a bonus scene that you shouldn't miss.

After the screening a couple that are huge fans of the Pirates movies told me that this film is as good as the best of them, so now I must see the others.

Join in the conversation. Send your comments and suggestions to AutoMatters@gmail.com.

Copyright © 2017 by Jan Wagner – AutoMatters & More #490

Attractive  
Gems

San Diego - 273 Horton Plaza, San Diego, CA 92101  
Carlsbad - 2525 El Camino Real #167, Carlsbad, CA 92008  
Oceanside - 409 Mission Ave, Oceanside, CA 92054

100% MILITARY FINANCE APPROVAL!



**St. Paul's Manor**

**SPECIAL MILITARY DISCOUNT  
1 MONTH FREE!**

ACTIVE LIVING WITH RESTAURANT, NON-DENOMINATIONAL CHAPEL,  
BEAUTY PALOR AND BARBER, SCHEDULED TRANSPORTATION

Apartments start at  
**\$1,350/mo.**

includes a meal plan, housekeeping,  
utilities, maintenance and 24-hour security.

2635 Second Avenue,  
San Diego, CA 92103

**(619) 239-2097**  
StPaulsSeniors.org

For new residents only. Second month free with military ID.  
Discount valid through July 1st.

St. Paul's Manor  
Lic# 370800558  
@stpaulseniorservices

**MILITARY PATIENTS WELCOME**  
WE ACCEPT TRICARE, DELTA RETIREE  
AND VA DENTAL INSURANCE

**FREE BLEACHING**  
with Exam, X-rays, and cleaning appointment covered by insurance.  
Cannot be combined with any other offer. 6/30/17

**\$100 OFF**  
Any necessary dental treatment not covered by insurance  
(Cannot be combined with any other offer. 6/30/17)

**Landmark Dental Arts**  
Creating Beautiful Smiles  
James B. Berry, D.D.S.  
www.landmarkdentalarts.com  
4540 Kearny Villa Rd, #116  
San Diego, Ca. 92123  
858.571.3534

**Dr Zaihly Azar Santana, DDS**  
BEAUTIFUL SMILES  
**DENTAL**  
www.zaihlyazar.com  
3403 E. Plaza Blvd. #G&F  
National City, Ca. 91950  
619.267.6599

AFFORDABLE  
Most Insurance Accepted & Filed  
All Major Credit Cards & Care Credit

THURSDAY, MAY 25, 2017 www.armeforresdispatch.com 23

# CLASSIFIEDS

## ARMED FORCES DISPATCH CLASSIFIEDS

To place your ad,  
please call the  
Classified Advertising  
Department  
(619) 280-2985.

Deadline to place an ad is  
Tuesday at noon.  
See your ads in print,  
and on the web,  
on Thursday!

### ATTORNEYS

## LOW COST BANKRUPTCY

Recordon & Recordon, Attorneys  
**STOP  
Creditor Calls  
Home Foreclosure  
Repossessions**

### PAYMENT PLANS

**Free Consultation  
(619) 232-1717**

Mission Valley ... 283-7777  
El Cajon ..... 442-6999  
Chula Vista ..... 427-3404

## LOW COST DIVORCE

Recordon & Recordon, Attorneys

- SUPPORT •
- CUSTODY •
- VISITATION •
- MEDIATION •
- ADOPTION •

### PAYMENT PLANS

**Free Consultation  
(619) 232-1717**

Mission Valley ... 283-7777  
El Cajon ..... 442-6999  
Chula Vista ..... 427-3404

## MILITARY DIVORCE CUSTODY/SUPPORT SECURITY CLEARANCE APPEAL

Former Judge Pro Tem  
Payment Plans

**800-481-2526**

The Edmunds Law Firm  
Alan Edmunds.com  
40 Years Exp.  
Retired military on staff

### AUTO MECHANIC

## LEX•TEK

27 years specializing  
in quality Lexus service

**SAVE 25% & More**  
than any dealership cost

FREE CORONADO PICKUP & DELIVERY  
2704 Transportation Ave., Suite G  
National City

Lexteksandiego.com  
**619-708-7700**

### CAREERS

In Touch at Home Care is looking for compassionate, reliable personal care associates to assist our elderly clients. We are the senior care company that provides non-medical home care services in San Diego County. Part-time, nights, afternoons, weekend and NOC shifts available now. \$11 per hour. Please call (855) 468-8900.

### EYE EXAM

ParkOptometry.com

**858-272-2211**

Eye exams, contacts,  
1 hour glasses

**TRICARE ACCEPTED**

### FOR SALE

For Sale Boston Terrier puppy 1 female, 15 weeks, had first shots, AKC, mother and father on premises. Call for more info 619-631-7265 or cell 252-673-1405

42 INCH DLP T.V.-With remote \$100 new lamp, Antique Rio Trio Tape Deck Pioneer 10 inches \$65. Both work good best offer 619-448-1910

FORD 2005 THUNDERBIRD 50th ANNIVERSARY EDITION-Beautiful Gold Metallic Convertible. Original owner, excellent condition, both soft and hard tops, tan leather interior. \$13900 CALL 760-788-1287

2000 HUNTER 46' SAILBOAT. Owner has orders & must sell. See out ad www.yachtworld.com; www.livefree2sailfast.com. Boat is in great condition with LOTS of cruising gear & is professionally maintained.

**CASH 4 RV OR TRAILER**  
Also Boats & Free Towing

**1 800-613-5410**

### HELP WANTED

Looking for happy, enthusiastic person, to occasionally work promotional events, representing this newspaper to our nation's military & families. This is on an as needed basis. **Must have base access and your own vehicle.** If interested please call 619-280-2985 and ask for Brenda.

Good Morning...McDonald's! Earn Extra \$\$\$! Mornings with McDonald's Afternoons/Evenings with your family. McDonald's now hiring-flexible hours. Apply at McDonald's MCAS Miramar.

Check out our low classified  
advertising rates!

Call today 619-280-2985

### HELP WANTED



## SMILING FACES WANTED

TO WORK IN OUR  
RELAXED OFFICE

WE WILL TRAIN YOU

- Must have a friendly clear voice
- Must have enthusiasm
- Self motivated
- Can work Mon-Fri 8:30am-4:30pm

**619.280.2985**

### HORSE BOARDING

## HORSE BOARDING CARLSBAD

**\$400/month**

Western casual,  
family-oriented ranch.

We have roomy 12x48 or 24x24  
corrals and provide a veterinarian-  
recommended diet twice daily.

**760.840.0187**

### INVESTMENT

NATIONAL CITY INVESTMENT-8 UNITS, assigned parking, well maintained, very low maintenance. Contact Ramiro 619-247-3461

### MEMORIAL SERVICES

BURIALS AT SEA/MEMORIALS on board the last operational World War II Vessel in San Diego. 619-234-9153 ext 102.

### MOTORCYCLES

## WE BUY BIKES

Top Price Paid - All Models  
Honda, Yamaha, Kawasaki, Suzuki  
100 used bikes to choose from  
SOUTH BAY MOTORSPORTS  
619-224-2300

### HOME FOR SALE

**SNO MONEY DOWNS** 2-5BD homes, condos, units bad credit, BK, foreclosure, collections NO credit OK agent NASH 562-900-1891 cell brb # 01034450

### RENTAL SERVICES

COMMERCIAL ROOMS FOR RENT-In Imperial Beach near MILITARY BASES AND CORONADO, busy strip mall with plenty of parking. CALL FOR MORE INFO 619-889-6930. Electric, water and Wi-Fi paid, esthetician, body waxing, massage therapists, body wraps, chiropractic and more.

### RENTALS

BAY PARK-Seaside Inn nr Sea World \$65 & up daily. \$325 & up weekly. Free net, phone, cable tv. Free wifi. Refrig & microwave. Laundry. Pet ok. Free Gift. 619-431-5115 or 619-431-5121

### RENTALS APARTMENTS

AVAILABLE NOW

1, 2 or 3 BR's Apartments,

Townhouse & Houses

MOVE-IN SPECIAL!

LEADINGHAM

REALTY

1062 Palm Ave., Imp. Beach

**619-424-8600**



### Your Home Among The Hills.

Are you a morning jogger?

Like to lounge by the pool with a book?  
Or enjoy hosting get-togethers with family/friends?

If so, you'll find that Lantana Hills amenities offer you everything you could possibly need nestled among sloping hills, lush landscaping and winding trails.

- Wood plank flooring
- Stainless steel appliances
- Deep stainless kitchen sink
- Mirrored closet doors
- Quartz kitchen counter tops
- Brushed nickel hardware
- Custom bath vanity with quartz sink
- Modern lighting fixtures
- Plush carpet (in upstairs units bedrooms only)

**5802 University Ave.  
San Diego, Ca. 92115  
email: lantanahillst@trilar.com  
619.582.8588**

### "Military Friendly" PACIFIC LEGACY PROPERTIES

1, 2 & 3 Bedrooms available  
throughout San Diego County.  
Online Rental Hotsheet  
www.pacleg.com  
**619-423-7500**

### RENTALS HOUSES

DOWNTOWN/BALBOA PARK -4BD/2BA craftsman home large deck, backyard, beautifully upgraded kitchen with stainless appliances and updated bathrooms, large open family room and dining room, close to naval hospital, 32nd street base, 10 min over bridge to North Island in Coronado & close to schools \$3975 mo 619-807-3147

IMPERIAL BEACH-2BD/1BA modern tile thru-out, fans, w/d hk-ups, off-st prkg, use of 24 x 24 front yrd, no smkg/pets, none nicer! \$1800 / mo + \$1500 dep. Discounts available. 913 Florence St. avail 3/1. 619-575-1855 (eves after 5:30 or wknds by appt)

### RENTALS HOUSES

IMPERIAL BEACH-3BD/2.75BA Beautiful custom built house, upgraded BA's & kitchen w/ a granite breakfast bar. It has unobstructed views of downtown San Diego and Coronado Bay Bridge. MILITARY DISCOUNT OF \$100. The yard is small and does not require any work, it has surround sound and electronic window shade. \$2900 mo. Call (619) 470-0570 or my cell 619 302-1456.

MIRA MESA-3BD/2BA cmlp remodeled, new appl, new fridge, W/D hkups, new tile flrs, 2 car gar, patio low maint front-backyard fenced. \$2500 mo + dep. Credit ck, no pets, no smoking. Min from MCAS Miramar 858-566-5219

LA MESA-Bright & airy 3BD/2BA updated townhouse. \$1800 remodeled ceramic tile baths, kitchen, and dining areas, updated kitchen includes refrigerator, stove, microwave, and dishwasher. Also included are ceiling fans, led lighting, mirrored wardrobes, raised paneled doors, and private view patios. Laundry room on site and 2 covered parking spaces. Easy access to interstate 8 close to SDSU and near military base available now. Call or text Bill at 619-980-2455 to schedule a showing \*\*view pics Craigslist ad# 6101152724\*\*

LA JOLLA-Beautiful 3BD/2.5BA end unit with panoramic canyon & UTC views, located in a planned unit development with common pool and tennis courts. Newly renovated with new wood grain porcelain tile in living room, dining room, new kitchen, updated bathrooms, new carpet in bedrooms, custom led lighting throughout, updated microwave, refrigerator, dishwasher, and stove. Fireplace in living room, new central heating/air conditioning, 2 car garage with opener, locked storage room, two patios on the 1st floor and a large view roof deck on the second level. second floor has 3 bedrooms with built in custom cabinetry & dressers. Remodel complete available now. \$3300 Call or text owner, Bill at 619-980-2455 to schedule a showing. \*\*view pics at Craigslist ad# 6102274129\*\*

PARADISE VALLEY-\$470 includes utilities no pets/drugs/smkg/alcohol. Nice & Peaceful neighborhood 619-475-9831

ROOMMATE WANTED-San Diego, close to Paradise & Valley National City no pets. \$500 mo 619-709-7389

### ROOM FOR RENT

CARLSBAD-Large room, private entrance, shared bath, utilities and cable included, small fridge and microwave, no pets, smoking or drugs. \$600 per month CALL 760-525-3614

CHULA VISTA-Partially furnished room shared bath kitchen and laundry avail. Located in Eastlake III of Chula Vista \$700 + \$75 utilities quiet safe neighborhood. Call or text 619-410-1007 \*\*view pics Craigslist ad# 6125791643 \*\*

ESCONDIDO-Furnished master BD w/ cable TV, utilities included, close to bus & shops no drugs or pets. \$580 mo + deposit call 760-741-3039

IMPERIAL BEACH-Room w/ shared BA, live 5 blocks to the sand and surf cool ocean breezes and sunny days. Large clean & safe home in quiet residential neighborhood, fastest cable service w/ range extender service on the property. WASHER/DRYER, fireplace etc... Room is nicely furnished. Markets and takeout food places are close, safe place for your surfboard and other toys to enjoy the beach. Call 619 551 5793

LOMA PORTAL-Large master bedroom, small quiet complex, No smoking, no drugs, no pets, carpet, laundry onsite. Off street parking 619-952-5626.

PARADISE VALLEY-\$470 includes utilities no pets/drugs/smkg/alcohol. Nice & Peaceful neighborhood 619-475-9831

ROOMMATE WANTED-San Diego, close to Paradise & Valley National City no pets. \$500 mo 619-709-7389

Advertise your rentals in our classifieds.

Call today! 619-280-2985.

Ask for SOFIA

## Teaching kids to interact with pets

A dog's bark may be worse than his bite, but none of us want to test that theory.

Whether or not you have dogs in your home, there's a grave importance in teaching children how to appropriately meet and interact with dogs. When kids and animals know how to interact respectfully, it helps safeguard against accidents.

The San Diego Humane Society recently partnered with Rady Children's Hospital for a joint press conference on this topic, because it's always a good time to be reminded of our responsibility to keep our children and animals and each other safe.

According to the American Veterinary Medical Association, kids are the most common victims of dog bites, and most are bitten by a family dog or another dog they know. But this shouldn't discourage parents from getting a dog.

"The day we brought home my first ever dog as a kid, Cocoa, a 75 pound chow mix fuzz ball from a shelter (of course), will forever be my fondest childhood memory," said Gary Weitzman, president and CEO of San Diego

Humane Society. "She fueled my passion and love for animals and was the listening ear (and tail) that would stay with me for more than 17 years. My childhood would not have been the same without her."

So the answer is not to protect kids from the wonders of pets but rather to remind all of us that any dog can bite. Even when they're wagging those tails. And we can never let that happen to our kids. It's our responsibility as pet owners to be aware of the warning signs and intervene when we see those signs. It's for the safety of humans as well as our animals.

To help keep our community safe, San Diego Humane Society offers a Junior Trainers class to help kids ages 6-12 learn to safely and appropriately interact with dogs, as well as Dogs and Storks and Dogs and Toddlers workshops. It's never too early to teach children appropriate interaction with animals. With a little training, patience and adult oversight, children can have those same fond memories of their first dog that many of us have had and also learn the value and joy of saving a life that needs you.



**Sadie** is a nine years young spayed Flame-Point Siamese Cat who weighs 13lbs. Her previous owner could no longer care for her so she is waiting for a loving home to spend the rest of her golden years. Sadie will tell you all about her day when you come home from work and cuddle with you on cold days. Meet this beautiful gal by asking for ID#A1775180 Tag#C712. Sadie can be adopted for the Senior Fee of just \$35. This fee is waived for seniors looking to adopt senior pets!

*All adoptions will include vaccinations, spaying/neutering (upon adoption), a microchip and free Vet visit. Dog fees also include a 1 year license. Kanti and Sadie are at our Central County Shelter, 5480 Gaines Street, San Diego. The Shelter hours are 9:30am-5:30pm, Tuesday through Sunday or visit [www.sddac.com](http://www.sddac.com)*

# PET of the week



**Kanti** is a two year old spayed Pit Bull Mix who weighs 68lbs. She is a loving gal who recently stayed a volunteer's home for the weekend. The volunteer reported back she is housebroken, extremely cuddly, and loves to fetch. Kanti is great on walks but can be selective about her doggie playmates. She will make a wonderful companion for any adventurous family. Meet Kanti by asking for ID#A1766259 Tag#C349. She can be adopted for \$69.



THE NAVY'S 31<sup>st</sup>

# BAY BRIDGE

RUN · WALK

PRESENTED BY SDG&E · LEIDOS · UNIFIED PORT OF SAN DIEGO

## Thank you to our 2017 Sponsors!

Hubert's Lemonade · Chiropractic Connection · Ampirical · Chick-Fil-A · Klinedinst  
Papa John's Pizza · Vincennes University · Wawanesa Insurance

The Department of the Navy does not endorse any company, sponsor or their products or services.

## MOVIES at the Bases



**Lowry Theater** – NASNI,  
619-545-8479, Bldg. 650

Thursday, May 25  
6:00 PM The Boss Baby (PG)  
8:00 PM The Zookeeper's Wife (PG-13)

Friday, May 26  
6:00 PM The Circle (PG-13)  
8:10 PM Unforgettable (R)

Saturday, May 27  
1:00 PM The Fate of The Furious (PG-13)  
3:40 PM How To Be A Latin Lover (PG-13)  
6:00 PM The Circle (PG-13)  
8:20 PM Going In Style (PG-13)

Sunday, May 28  
1:00 PM Smurfs: The Lost Village (PG)  
3:00 PM The Circle (PG-13)  
5:40 PM The Fate of The Furious (PG-13)  
8:20 PM Unforgettable (R)

Monday, May 29  
6:00 PM The Circle (PG-13)  
8:10 PM Unforgettable (R)

Tuesday, May 30  
6:00 PM Smurfs: The Lost Village (PG)  
8:00 PM How To Be A Latin Lover (PG-13)

Wednesday, May 31  
5:50 PM The Fate of The Furious (PG-13)  
8:30 PM Unforgettable (R)

Thursday, June 1  
5:50 PM The Circle (PG-13)  
8:00 PM Going In Style (PG-13)

**Naval Base Theater** - NBSD,  
619-556-5568, Bldg. 71

Thursday, May 25  
5:50 PM Going In Style (PG-13)  
7:50 PM The Promise (PG-13)

Friday, May 26  
5:50 PM The Circle (PG-13)  
8:00 PM How To Be A Latin Lover (PG-13)

Saturday, May 27  
12:50 PM Smurfs: The Lost Village (PG)  
2:40 PM The Fate of The Furious (PG-13)  
5:50 PM How To Be A Latin Lover (PG-13)  
8:10 PM The Circle (PG-13)

Sunday, May 28  
1:30 PM The Circle (PG-13)  
**6:00 PM ADVANCED SCREENING - Wonder Woman (PG-13)**  
8:40 PM How To Be A Latin Lover (PG-13)

Monday, May 29  
5:50 PM How To Be A Latin Lover (PG-13)  
8:10 PM Unforgettable (R)

Tuesday, May 30  
5:50 PM The Circle (PG-13)  
8:00 PM The Promise (PG-13)

Wednesday, May 31  
5:50 PM Smurfs: The Lost Village (PG)  
7:40 PM The Fate of The Furious (PG-13)

Thursday, June 1  
5:50 PM Unforgettable (R)  
8:00 PM The Circle (PG-13)

**Q-Zone Theater** - NAB, 619-437-5487, Bldg. 337

Thursday, May 25  
11:00 AM Monsters University (G)  
5:00 PM Split (PG-13)

Friday, May 26  
5:00 PM The Great Wall (PG-13)

Saturday, May 27  
11:15 AM Alvin and The Chipmunks: The Road Chip (PG)  
2:00 PM Assassin's Creed (PG-13)  
5:00 PM Fist Fight (R)

Sunday, May 28  
5:00 PM A Dog's Purpose (PG)

Monday, May 29  
5:00 PM No Movie Scheduled

Tuesday, May 30  
11:00 AM The LEGO Batman Movie (PG)  
5:00 PM La La Land (PG-13)

Wednesday, May 31  
5:00 PM Black Sheep (PG-13)

Thursday, June 1  
11:00 AM Turbo (PG)  
5:00 PM The Birth of a Nation (R)

**The Clubhouse** – NBPL, Main Base,  
619-553-9138, Bldg. 546

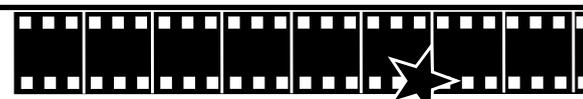
Thursday, May 25  
5:00 PM A Dog's Purpose (PG)

Friday, May 26  
5:00 PM Beauty and The Beast (PG)

Saturday, May 27  
5:00 PM KONG: Skull Island (PG-13)

Sunday, May 28  
5:00 PM The Shack (PG-13)

Thursday, June 1  
5:00 PM The Boss Baby (PG)



| Action, Adventure, Fantasy |

## Wonder Woman

(2017)

**PG-13**

**2h 21min**

*Before she was Wonder Woman she was Diana, princess of the Amazons, trained warrior. When a pilot crashes and tells of conflict in the outside world, she leaves home to fight a war to end all wars, discovering her full powers and true destiny.*

**Bob Hope Theatre** 858-577-4143 \*Indicates last showing

THU. 25 6:30 PM The Boss Baby ( PG ) (2D) \*

FRI. 26 6:30 PM The Circle ( PG-13 )  
9:00 PM How to Be a Latin Lover ( PG-13 )

SAT. 27 3:00 PM Going in Style ( PG-13 )  
6:30 PM The Fate of the Furious ( PG-13 )  
9:00 PM The Promise ( PG-13 )

SUN. 28 1:00 PM Smurfs: The Lost Village ( PG ) (2D)  
6:30 PM The Zookeeper's Wife ( PG-13 )

WED. 31 6:30 PM Going in Style ( PG-13 ) \*

THU. 1 6:30 PM Smurfs: The Lost Village ( PG ) (2D) \*

**InMotion Dance Concert 2017** Thur, May 25, 2:30 p.m.-5 p.m. Fri, May 26, 7 p.m.-9:30 p.m. Sat, May 27, 7 p.m.-9:30 p.m. Cost: \$8 - \$10 San Diego School of Creative and Performing Arts presents the works of five professional choreographers in its Spring Dance Concert, InMotion. The public magnet school's dance majors will perform works choreographed by Hope Boykin of Alvin Ailey American Dance Theater; Christopher Huggins, known foremost for his work with Alvin Ailey Dance; Kevin Jenkins, who has choreographed for San Francisco Ballet and Boston Ballet School; John Pennington, Master Teacher with Bella Lewitzky Dance Company and Artistic Director of Pennington Dance Group; and Pablo Francisco Ruvalcaba, Master Teacher and former principal dancer for the iconic Limón Dance Company. School of Creative and Performing Arts, 2425 Dusk Drive, San Diego, 92139

**Hansen's Memorial Day Sale** 1105 S Coast Hwy 101, Encinitas May 26-29 www.hansensurf.com

**Deva Premal & Miten & Manose** at California Center for the Arts, Escondido. May 26, 7:30pm. www.artcenter.org

**Valley Center Western Days** Friday, May 26, 7 a.m.-11 p.m., Saturday, May 27, 7 a.m.-11 p.m., Sunday, May 28, 7 a.m.-11 p.m. Free Each May, the Valley Center community celebrates its western heritage with a week-long series of events including the Valley Center Days Parade, Stampede Festival, Stampede Rodeo, an evening musical performance, the election of Valley Center's "Honorary Mayor," and more. Valley Center Community Hall, 28246 Lilac Road, Valley Center, 92082. www.westerndays.org

**ScholarShare's Toddler Time: Finger Painting** Friday, May 26, 10 a.m.-11 a.m. Cost: \$13 Finger painting is an immersive art experience that allows children to be completely creative with their work. Better yet, caregivers don't have to worry about cleaning up the mess! Join us for Finger Painting Friday in the Lower Level Party Place. 200 W. Island Avenue, San Diego, 92101

**St. Archer Glow Beer & 9 Holes** Friday, May 26, 6 p.m. to 10 p.m. Cost: \$30 \$30 gets you a pint at check-in, four tasters on course, and Glow Golf. Shotgun at 8 pm. Fish & the Seaweeds on the patio from 6 pm to 10 pm. The Loma Club, 2960 Truxton Road, San Diego, 92106

**Comics and Science Meet Saucer State, X-Files, and Alien Life** Friday, May 26, 6:30-8pm, at the San Diego Comic Art Gallery. Cost: \$15 Diehard fans know that comics have a long history of addressing complex issues, from science lab accidents to ethics, moral issues,

and social justice. Join IDW Publishing and the Fleet Science Center to enjoy a local brew and take look at the art, science, and technology featured in some of our favorite comics. Comic book artists, writers, and local scientists will give short talks, followed by open discussion addressing the creative and scientific sides of comics. Explore the universe and alien life, featuring Saucer State and X-Files comics. Scientific speakers: Dr. Shelly Wright, Assistant Professor of Physics, and Dr. Nichola Galitzki, postdoctoral scholar, both from CASS (Center for Astrophysics and Space Sciences) at UCSD. Price includes two beers and one comic book from IDW Publishing. NTC at Liberty Station, Barracks 3, 2765 Truxton Road, San Diego, 92106

**Aquatica is open** at SeaWorld San Diego. May 26-Aug. 27 www.seaworldsandiego.com

**Breakfast with Tigers** at San Diego Zoo Safari Park. May 27, 8am. www.sdzsafari.com

**Palm, Cycad, Bamboo & Tropical Plant Sale** at San Diego Botanic Garden. May 27, 9am - 3pm. www.sdbgarden.org

**American Heritage Car Show** at Grape Day Park. May 27, 9am - 3pm. www.escondidohistory.com

**Caribbean Party** at Oceanside Yacht Club. May 27, 5pm. www.oceansideyc.net

**The Imaginary Invalid** at the Old Globe Theatre. May 27-June 25 www.theoldglobe.org

**San Diego Soap Box Derby** Saturday May 27, 7:30am-7pm Months before the event, youths (age 8-17) build gravity cars by working together under supervised guidance that teaches basic skills of workmanship with a goal to complete a task from beginning to end. Today, they get to ride their gravity cars in a race down a sloped hill over and over again. Location: Sherman Heights: 22nd Street between Imperial Ave. & Market St. www.sandiegosoapboxderby.org

**Vista Strawberry Festival** in downtown Vista. May 28 www.vistastrawberryfest.com

**Ben Vereen Awards at Balboa Theatre.** www.benvereenawards.com

**HPR International Ethnic Food Fair** at International Cottages in Balboa Park, Sun May 28, noon -7pm Follow the sound of music and the tempting aroma of foods to the little cottages that represent different countries of the Pacific. Picnic lunch with entertainment by costumed performers. Afterwards, nap on the grass or take a stroll.

Anticipated Attendance: 3,000. Participants: 350. www.sdhp.org.  
**Race-** Oceanside Yacht Club Oceanside to San Diego Race. May 28, 12pm. www.oceansideyc.net

**Operation Explorations & Hausmann Quartet** at San Diego Maritime Museum. May 28, 4pm. www.sdmartime.org

**Memorial Day** May 29  
**EOD Warrior 5K** Monday, May 29, 7am-1pm The event offers a 5K run/walk and a 1K Kids Run at Liberty Station Park. A post-event expo accompanies the event with an awards ceremony, refreshments, a beer garden, raffles, and sports-related attire. Proceeds benefit the Explosive Ordnance Disposal Warrior Foundation. Location: Liberty Station Park, Preble Field, bayside pathways. www.eodwarrior5k.org

**The Music Man** at Welk Resort May 5-July 30 www.welkresorts.com

**San Diego Padres vs. Chicago Cubs** at Petco Park. May 29-31 www.sandiego.padres.mlb.com

**The Spitfire Grill** at North Coast Repertory Theatre. May 31-June 25 www.northcoastrep.org

**Rock 'n' Roll Marathon Expo** at San Diego Convention Center. June 2-3 www.rnmrmarathon.com

**Temecula Valley Balloon & Wine Festival** at Lake Skinner Recreation Area, Winchester. June 2-4 www.tvbwf.com

**San Diego Padres vs. Colorado Rockies** June 2-4 at Petco Park. www.sandiego.padres.mlb.com

**San Diego County Fair:** Where the West Is Fun at Del Mar Fairgrounds. June 2-July 4 www.sdfair.com

**Sam Hinton Folk Festival** at Old Poway Park. June 3, 11am - 5pm. www.poway.org

**Encinitas Rotary Wine & Food Festival** at Encinitas Ranch Golf Course. June 3, 5 - 8pm. www.encinitaswinefestival.com

**Body Rock Dance Competition** at San Diego Civic Theatre. June 3 6pm. www.sandiegotheatres.org

**4 Sunrise Surprise Stroll** at San Diego Zoo. June 3, www.sandiegozoo.org

**Balboa Park After Dark** Ongoing May 26- Sept. 1, Fridays, 5pm-8pm. Free. Select Park museums stay open late as part of Balboa Park After Dark program. Hungry museum-goers can enjoy live family-friendly entertainment and gourmet food from rotating selection of food trucks parked on the Plaza de Panama and Prado walkway. Balboa Park After Dark and Food Truck Friday programs are designed for those who are unable to visit the park and its museums during the week — or who just want a fresh, fun evening out. Balboa Park Visitors' Center, 1549 El Prado, San Diego, 92101.

**Men's Lacrosse Pick-Up Game** Ongoing til June 23, Fridays, 6pm-8pm Age limit: 18+ Cost: \$20 Epic Lacrosse is for alumni and senior players to get back on field in San Diego. At the Sportsplex we play in a soccer arena. Six players/side. Five + goalie if available. If no goalie we use goal blockers in the nets. Moderate contact. Professional referees. Sportsplex USA, 12349 McIvers Court, Poway, 92064

**Fridays with Frank & Friends** Ongoing until Saturday, Dec. 30, 2017 Fridays, 12pm-5pm The event features Frank Sinatra-era music and drink specials all day and into the evening. San Pasqual Wine Bar and Gallery, 8364 La Mesa Boulevard, La Mesa, 91941

**Friday Night Liberty** Fridays, May 5, July 7, Aug. 4, Sept. 1, Oct. 6, Nov. 3, Dec. 1, 5 p.m. - 9 p.m. Cost: Free San Diego's biggest monthly art event. Meet working artists, enjoy dance, theater, and music performances, visit museums and galleries and explore the growing district. Visitors can start their stroll at the Dick Laub NTC Command Center at 2640 Historic Decatur Road and pick up a monthly program and district map. NTC at Liberty Station, 2640 Historic Decatur Road, San Diego, 92106 Info: 619-573-9304 or awaltz@ntcfoundation.org

## Wylde Sydes Tattoo & Piercing

**10% OFF TATTOOS and/or \$5 OFF PIERCING**



1515 Palm Ave. #K1  
San Diego, CA 92154  
619.575.6792

**OPEN 7 DAYS A WEEK**



www.wyldesydestattoo.com



We accept  
**United Concordia & Delta Dental Military Retiree**

Call for a FREE personalized smile analysis  
**(858) 277-6080**

- Cosmetic /Restorative Dentistry
- Invisalign Orthodontics
- Teeth Whitening
- Dental Implants
- Dentures

**Tram K. Le, DDS**  
FAMILY AND COSMETIC DENTISTRY

Tierra Town Dental Center  
10645 Tierrssanta Blvd., Suite B  
San Diego, Ca. 92124  
(Next to AutoZone)



SUMMER  
STACK-OUT

**SALE!**

MAY 17 - 30 (WED - TUES)

**LUMBER LIQUIDATORS™**  
HARDWOOD FLOORS FOR LESS!

1-800-HARDWOOD  
lumberliquidators.com

While supplies last. Product prices & availability are subject to change. See store for details.

**55+ flooring varieties**  
North American and European  
Laminate

from **59¢** sq ft

**230+ flooring varieties**  
Prefinished Hardwood

from **\$149** sq ft

**55+ flooring varieties**  
Prefinished Bamboo

from **\$169** sq ft

**20+ flooring varieties**  
Wood-Look Tile

water PROOF from **69¢** sq ft

**40+ flooring varieties**  
Phthalate-free Luxury & Engineered  
Vinyl Plank

water PROOF from **79¢** sq ft

**SPECIAL MILITARY DISCOUNT**  
May 26 - 29th  
In store only

**24 MONTHS PROMOTIONAL FINANCING AVAILABLE\***

On purchases made with your Lumber Liquidators credit card from May 17-30, 2017 of \$2,000 or more OR 12 Months Promotional Financing on purchases \$1,000 - \$1,999.99 OR 6 Months Promotional Financing on purchases up to \$999.99. \*Subject to credit approval. Minimum monthly payments required. See store for details.

Active Duty U.S. Military Personnel and Families  
Admitted FREE to

# San Diego BOTANIC GARDEN

May 1, 2017 through Labor Day, Sept. 4, 2017

Come and enjoy our restful 37-acre botanic wonderland, featuring 29 uniquely themed gardens and 4,000 different plant species. Children of all ages will enjoy exploring our two children's gardens.

Includes Thursday Family Fun Night  
June 1 - August 31, 2017

230 Quail Gardens Drive, Encinitas, CA  
760/ 436-3036 **SDBGarden.org**

# Concerts

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

## May

**The Freedom Concert featuring Lifehouse.** Sat, May 27, 7:30pm. USS Midway Museum, 910 N Harbor Dr, San Diego, CA 92101. (619) 544-9600.

**Jake Shimabukuro.** Sat, May 27, 8pm. Ukulele/Pop/Rock. Segerstrom Center for the Arts, 600 Town Center Dr, Costa Mesa, 92626. Tickets (714) 556-2787.

**Modest Mouse.** Tues, May 30, 7:30pm. Electronic/Pop/Rock. Open Air Theatre SDSU, 5500 Campanile Dr, San Diego. (619) 594-6947.

## June

**New Kids on the Block, Boys II Men & Paula Abdul.** Thurs, June 1, 7:30pm. Pop/R&B. Viejas Arena at Aztec Bowl San Diego State University, 5500 Canyon Crest Dr, San Diego

**Kidz Bop: Best Time Ever.** Sat, June 3, 6pm. For Kids/Pop. Open Air Theatre SDSU, 5500 Campanile Dr, San Diego. (619) 594-6947.

**Gloria Trevi vs. Alejandra Guzmán.** Sat-Sun, June 3-4, 8pm. Staples Center, 1111 S. Figueroa St, Los Angeles. staplescenter.com

**Lady Antebellum.** Sun, June 4, 7:30pm. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Sheryl Crow.** Tues, June 6, 7:30pm. Folk/rock. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-224-3577.

**Brian Setzer's Rockabilly**

**Riot.** Wed, June 7, 8pm. Rockabilly. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-224-3577.

**Patty LaBelle.** Wed, June 7, 7pm. Pop. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Aaron Tippin.** Thurs, June 8, 7pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Gloria Trevi vs. Alejandra Guzmán.** Fri, June 9, 8pm. Latin. Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

**Toby Keith.** Sat, June 10, 7pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Enrique Iglesias & Pitbull.** Sat, June 10, 7:30pm. STAPLES Center, 1111 S. Figueroa St, Los Angeles. www.staplescenter.com

**Fishfest 2017 with Toby-Mac, for KING & COUNTRY, Crowder, Mac Powell, Jordan Feliz, Hollyn, Zach Williams.** Sat, June 10, 3pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400.

**39th Annual Playboy Jazz Festival.** Sat-Sun, June 10-11, 3pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

**91X-FEST 2017 Presented by 91X and Goldenvoice.** Sun, Jun 11, 2:30pm. Qualcomm Stadium, 9449 Friars Rd, San Diego, CA 92108.

**The Taj Mahal & Keb' Mo' Band.** Sun, June 11, 7pm. Blues/folk. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-

224-3577.

**Banda Sinaloense MS de Sergio Lizarraga.** Sun, June 11, 7pm. Latin. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Ziggy Marley.** Mon, June 12, 7:30pm. Reggae/Ska. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-224-3577.

**Elvin Bishop & Charlie Musselwhite.** Wed, June 14, 7pm. Blues. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Sister Hazel.** Thurs, June 15, 7pm. Folk/Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Phoenix with the Lemon Twigs.** Thurs, June 15, 8pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

**Don McLean.** Thurs, June 15, 7pm. Folk/Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Def Leppard, Poison, Tesla.** Fri, June 16, 7pm. Rock. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Darius Rucker.** Fri, June 16, 7pm. Country/Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Spirit West Coast. Christian music festival.** Sat, June 17, 5-9pm. Gospel. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Morris Day & the Time and Zapp.** Sat, June 17, 7pm. Funk/Hip-Hop/Rap/Pop. Valley View Casino Center (Sports Arena), 3500 Sports Arena Blvd. Point Loma.

619-224-4171.

**Moody Blues.** Sat, June 17, 8pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

**Boston and Joan Jett.** Sun, June 18, 7:30pm. Rock. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Intocable.** Sun, June 18, 7pm. Latin. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Reggae Night XVI. Ziggy Marley with Orchestra.** Sun, June 18, 7pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

**King Crimson.** Mon, June 19, 7:30pm. Jazz/Rock. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-224-3577.

**Korn.** Tues, June 20, 7:30pm. Metal/Hardcore/Rock. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Roger Waters.** Tues-Wed, June 20 & 21, added June 27, 8pm. STAPLES Center, 1111 S. Figueroa St, Los Angeles. www.staplescenter.com

**Switchfoot.** Wed, June 21, 7pm. Gospel/Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**John Michael Montgomery.** Wed, June 21, 7pm. Country/Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Gordon Lightfoot.** Wed, June 21, 8pm. Legend! The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. http://www.grove-of-anaheim.com

**Frankie Valli & The Four Seasons.** Thurs, June 22, 7pm. Latin. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Who's Bad: Michael Jackson Tribute.** Thurs, June 22, 7pm. Pop. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Gordon Lightfoot.** Fri, June 23, 8pm. Folk. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-224-3577.

**Brad Paisley.** Fri, June 23, Country. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Brad Paisley.** Sat, June 24, 7pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. www.hondacenter.com

**Tasha Cobbs.** Sat, June 24, 7pm. Gospel. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Blind Pilot.** Sun, June 25, 7:30pm. Rock. Humphreys by the Bay, 2241 Shelter Island Dr, San Diego. 619-224-3577.

**Williams and Reed.** Thurs, June 29, 7pm. Folk. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Dan+Shay.** Fri, June 30, 7pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

## July

**Rebellion: The Good Vibes Summer Tour & Collie Buddz.** Sat, July 1, 6:30pm. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Paquita La Del Barrio.** Sun, July 2, 7pm. Latin. Del Mar Fair-

grounds, 2260 Jimmy Durante Blvd, Del Mar.

**Ann Wilson of Heart.** Sun, July 2, 8pm. Rock/pop. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. http://www.grove-of-anaheim.com

**Ivan & The Parazol.** Tues, July 4, 7pm. Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

**Rise Against & Deftones.** Fri, July 7, 6:30pm. Rock/Metal. Mattress Firm Amphitheatre, 2050 Entertainment Cir, Chula Vista. (619) 671-3600.

**Steel Pulse/The Wallers/Fortunate Youth.** Sat-Sun, July 8-9, 5:30pm. Pacific Amphitheatre, Orange County Fair & Event Center, 88 Fair Dr, Costa Mesa, 92626. (714) 708-1500. ocfair.com

**Prince Royce.** Sun, July 9, 8pm. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

**J. Cole.** Sun, July 9, 8pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. www.hondacenter.com

**Blondie, Garbage, Sky Ferreira.** Sun, July 9, 7pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

**Shawn Mendes.** Wed, July 12, 7:30pm. STAPLES Center, 1111 S. Figueroa St, Los Angeles. www.staplescenter.com

**Kenny Loggins/Pacific Symphony.** Wed, July 12, 8pm. Pacific Amphitheatre, Orange County Fair & Event Center, 88 Fair Dr, Costa Mesa, 92626. (714) 708-1500. ocfair.com

# PERRY'S GOT IT ALL PERRY Ford

— OF NATIONAL CITY —

## MEMORIAL DAY WEEKEND SELLATHON



**NEW 2017 FORD FUSION SE**  
W/ TECH PACKAGE

**36 MONTH LEASE**

**\$149** /MO + TAX

**YOUR CHOICE!**

**\$0 DOWN DELIVERS**

**\$0 Down Payment!**  
**\$0 1st Months Payment!**  
**\$0 Security Deposit!**



**NEW 2017 FORD ESCAPE SE**  
W/ ECOBOOST

5 of each available.  
**FUSION:** MSRP \$25,610. \$0 due at signing. 10K miles per year. Includes \$5,135 RCL Customer Cash and 500 Military Appreciation Cash\*\*. **ESCAPE:** MSRP \$25,995. \$0 due at signing. 10K miles per year. Includes \$5,200 RCL Customer Cash and 500 Military Appreciation Cash\*\*. Residual value \$13,517. | No security deposit. Plus tax, license, acquisition and doc fees. With approved credit through Ford credit.



**40 YEARS**  
FORD F-SERIES  
AMERICA'S BEST SELLING TRUCK

**NEW 2017 FORD F-150 STX**  
SUPERCAB W/ ECOBOOST

**36 MONTH LEASE**

**\$22,888** NET COST

**OR**

**\$199** /MO + TAX

**SAVE OVER \$15,000 OFF MSRP!**

MSRP Before Discounts: \$38,105. 5 available. **BUY:** Perry sale price \$30,688. Includes \$5,050 Ford Customer Cash, \$1,250 Ford Credit Rebate, \$1,000 Ford Trade Assist<sup>1</sup> and \$500 Military Appreciation Cash\*\*. | **LEASE:** \$1,995 due at signing. 10K miles per year. Includes \$5,050 RCL Customer Cash and 500 Military Appreciation Cash\*\*. Residual value \$19,858. No security deposit. Plus tax, license, acquisition and doc fees. With approved credit through US Bank.

### PERRY FORD PRE-OWNED SPECIALS!



2006 TOYOTA HIGHLANDER HYBRID  
**\$6,447** #3020685



2009 FORD FUSION S  
**\$6,995** #760628A



2012 FORD FIESTA SEL  
**\$9,995** #970478A



2015 NISSAN VERSA 1.6 S  
**\$10,888** #870156C



2014 FORD FOCUS SE  
**\$10,995** #960926A



2012 HONDA CIVIC LX  
**\$10,995** #P22733T



2012 VOLKSWAGEN BEETLE TURBO  
**\$11,995** #C16171A

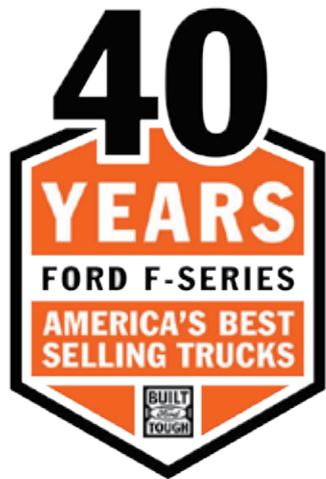
2050 National City Blvd., National City, CA 91950

**619-502-9065 PerryFordOnline.com**

Mon - Sat: 8:30AM - 9:00PM Sun: 9:00AM - 9:00PM

\*Not all buyers will qualify for Ford Credit Red Carpet Lease. †Requires trade-in of 1995 or newer vehicle. ‡Must currently own or lease a Ford/Lincoln/Mercury vehicle. \*\*Must be active U.S. military, veteran within 180 days separation or member of household. Military offer exclusively for members of US Military Branches: Active military personnel, reservists servicing on active duty, member of the Delayed Entry Enlistment Program (DEP), veterans/retirees, spouses and other household members who are residents of the United States. Price excludes government fees and taxes, and finance charges, any dealer document processing charge, any electronic filing charge and any emission testing charge. Take new retail delivery from dealer stock by 5/29/2017. See dealer for complete details.

THINK FULLER FORD



**WE HIRE VETERANS**

**2017 Ford Fiesta 4 Door Sedan S**

LEASE FOR  
**\$74**  
PLUS TAX PER MONTH

**GREAT DEAL**



\$3999 Due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$74, plus tax. \$0 security deposit. Residual Now \$6,877. 10,500 miles per year. 15c per mile in excess. Tier one credit. 2 at this price #128793, 122639

**2017 Ford Focus 4 Door Sedan S**

LEASE FOR  
**\$107**  
PLUS TAX PER MONTH

**GREAT SELECTION**



\$2675 Due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$107, plus tax. \$0 security deposit. Residual Now \$8,060. 10,500 miles per year. 15c per mile in excess. Tier one credit. 2 at this price #254888, 245570

**2017 Ford Fusion Sedan S**

LEASE FOR  
**\$148**  
PLUS TAX PER MONTH

**GREAT PAYMENT**



\$3999 Due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$148, plus tax. \$0 security deposit. Residual Now \$10,984. 10,500 miles per year. 15c per mile in excess. Tier one credit. 2 at this price #343328, 343325

\*Must finance thru Ford Motor Credit Company LLC. Prices plus any finance charges, any dealer documentation preparation charges and any emission testing charges. \*\*On approval of credit. Subject to prior sale. Prices do not include dealer installed alarms. Prices & Terms expire 5/29/17.

**800-507-1644**  
**560 AUTO PARK DR.**  
**CHULA VISTA**  
**www.fullerford.com**

**Fuller Honda**



**0.9% for 60 Mos.**  
**or 1.9% for 72 Mos.**

**2017 Accords including Hybrids,**  
**2016 Odysseys, 2016 CR-V's**  
**2016 HR-V's**

**2017 Honda CIVIC LX 4 Dr.**  
AUTOMATIC

LEASE FOR  
**\$159**  
PLUS TAX PER MONTH



\$1995 Due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$159. \$0 security deposit. Residual Now \$12,657.30. 12,000 miles per year. 15c per mile in excess. Tier one credit. 5 at this price.

**2017 Honda FIT LX**  
AUTOMATIC

LEASE FOR  
**\$159**  
PLUS TAX PER MONTH



\$1995 Due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$159. \$0 security deposit. Residual Now \$11,191.95. 12,000 miles per year. 15c per mile in excess. Tier one credit. 5 at this price.

**2017 Honda ACCORD Sport 4 Dr.**  
AUTOMATIC

LEASE FOR  
**\$219**  
PLUS TAX PER MONTH



\$1995 Due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$219. \$0 security deposit. Residual Now \$14,866.40. 12,000 miles per year. 15c per mile in excess. Tier one credit. 5 at this price.

**619-656-2600**

**SOUTH BAY'S SAVING ZONE**

**580 AUTO PARK DR.**  
**CHULA VISTA**

**BUYING SERVICE**

**www.fullerhonda.com**

\*Excludes taxes, titles and fees. Not all buyers may qualify. Subject to limited availability. See dealer for complete details. All prices plus government fees and taxes, any finance charges, any dealer documentation preparation charge and any emission testing charges. Residency restrictions apply. Prices do not include dealer installed alarms. Dealer installed options are extra. Alarms can be purchased at additional cost or removed at customers option. Vehicles to retail customers only. No wholesale transactions allowed. See dealer for complete details. Prices & Terms expires 5/29/17.

**Fuller Kia**



**SPRING SAVINGS TIME**

**2016 KIA OPTIMA SX-TURBO**

LEASE FOR  
**\$189**  
MONTH PLUS TAX



\$1,995 due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$189. \$0 security deposit. Residual Now \$16,390.25. 10,000 miles per year and 20c per mile in excess. Tier one credit. 2 at this price. #881860, #881520

**2017 KIA FORTE LX**

LEASE FOR  
**\$99**  
MONTH PLUS TAX



\$1,995 due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$99. \$0 security deposit. Residual Now \$9,865.95. 10,000 miles per year and 20c per mile in excess. Tier one credit. 2 at this price. #894440, #894450

**2016 KIA SOUL BASE**

LEASE FOR  
**\$115**  
MONTH PLUS TAX



\$1,995 due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$115. \$0 security deposit. Residual Now \$9,581. 10,000 miles per year and 20c per mile in excess. Tier one credit. 2 at this price. #879900, #877010

**2017 KIA SORRENTO LX**

LEASE FOR  
**\$199**  
MONTH PLUS TAX



\$2,495 due from customer at lease signing. Excludes tax, title, license & dealer fees. 36 remaining payments at \$199. \$0 security deposit. Residual Now \$16,857. 10,000 miles per year and 20c per mile in excess. Tier one credit. 2 at this price. #885170, #892560

**10 YEAR**  
**100,000 MILE**  
**WARRANTY**

\*Warranty is a limited power train warranty. For details see retailer or go to [kia.com](http://kia.com)



**800-507-1644**  
**540 AUTO PARK DR.**  
**CHULA VISTA**  
**www.fullerkia.com**

\*Prices plus government fees and taxes, any finance charges, any dealer documentation preparation charges, and any emission testing charges. \*\*On approval of credit. Subject to prior sale. Prices do not include dealer installed alarms. Pictures are for illustration only, models may vary. Prices & Terms expire 5/29/17.